

# Riverside County Office on Aging

## March Nutrition Classes

Date/Time	Location	Address	Class Title
4/01/24 9:30am to 10:30am	Eddie D. Smith Center 	5888 Mission Blvd. Jurupa Valley	Making Healthy Eating Part of Your Lifestyle Workshop  <b>Spanish</b>
4/08/24 9:30am to 10:30am	Eddie D. Smith Center 	5888 Mission Blvd. Jurupa Valley	Making Healthy Eating Part of Your Lifestyle Workshop  <b>English</b>
4/10/24 10:30am to 11:30am	Lake Elsinore Senior Center 	420 E Lakeshore Dr Lake Elsinore	Making Healthy Eating Part of Your Lifestyle Workshop  <b>Spanish</b>
4/16/24 9:30am to 10:30am	Banning Senior Center 	769 N. San Geronio Ave. Banning	Making Healthy Eating Part of Your Lifestyle Workshop  <b>English</b>
4/16/24 10:30am to 11:30am	Banning Senior Center 	769 N. San Geronio Ave. Banning	Making Healthy Eating Part of Your Lifestyle Workshop  <b>Spanish</b>
4/17/24 10:30am to 11:30am	Lake Elsinore Senior Center 	420 E Lakeshore Dr Lake Elsinore	Making Healthy Eating Part of Your Lifestyle Workshop  <b>English</b>
4/24/24 10:30am to 11:30am	Blythe Senior Center 	455 N. Broadway Blythe	Making Healthy Eating Part of Your Lifestyle Workshop  <b>Spanish</b>



This material was funded by USDA's Supplemental Nutrition Assistance Program -SNAP. This institution is an equal opportunity provider.

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4/24/24 11:30am to 12:30pm	Blythe Senior Center 	455 N. Broadway Blythe	Making Healthy Eating Part of Your Lifestyle Workshop  <b>English</b>
4/25/24 10:00am to 11:00am	Janet Goeske Center 	5257 Sierra St Riverside	Making Healthy Eating Part of Your Lifestyle Workshop  <b>Spanish</b>
4/25/24 11:00am to 12:00pm	Janet Goeske Center 	5257 Sierra St Riverside	Making Healthy Eating Part of Your Lifestyle Workshop  <b>English</b>

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