

Minutes



Riverside County Advisory Council on Aging

Regular Meeting

April 12, 2023

10:00 a.m. – 12:00 p.m.

Meeting Location:

3610 Central Avenue, Suite 102

Riverside, CA 92506

Agenda Overview

1. First Order of Business
1.8. Public Comment
2. Action Items
3. Department/ADRC Reports
4. Presentation
5. Discussion Items
6. Committee Reports
7. Liaison Reports
8. Ambassador Reports
9. Closing Comments
10. Adjourn

1. First Order of Business Cynthia Lemus, Chair

1.1. Called to Order at 10:07 am – Cynthia Lemus, Chair

To request a public comment during the meeting, please complete a comment card and provide it to *Melissa Jacks*.

1.2. Established a Quorum – Javier Lopez, Parliamentarian

Members			
<input checked="" type="checkbox"/>	Barbara Mitchell	<input type="checkbox"/>	Javier Lopez
<input checked="" type="checkbox"/>	Cynthia Lemus	<input checked="" type="checkbox"/>	Mark Cox
<input checked="" type="checkbox"/>	Debbie Franklin	<input type="checkbox"/>	Steve Mehlman
<input checked="" type="checkbox"/>	Donald Brock	<input checked="" type="checkbox"/>	Teresa Chappell

1. First Order of Business Cynthia Lemus, Chair

1.3. Review ADA Guidelines – Cynthia Lemus, Chair

1.4. Invocation – Donald Brock, Member

1.5. Pledge of Allegiance – Cynthia Lemus, Chair

1.6. Self-Introductions – Cynthia Lemus, Chair

Members			
<input checked="" type="checkbox"/>	Barbara Mitchell	<input type="checkbox"/>	Javier Lopez
<input checked="" type="checkbox"/>	Cynthia Lemus	<input checked="" type="checkbox"/>	Mark Cox
<input checked="" type="checkbox"/>	Debbie Franklin	<input type="checkbox"/>	Steve Mehlman
<input checked="" type="checkbox"/>	Donald Brock	<input checked="" type="checkbox"/>	Teresa Chappell

1. First Order of Business Cynthia Lemus, Chair

1.6. Self-Introductions *Continued*:

Riverside County Office on Aging Staff

- Gary Robbins, Deputy Director for Administration
- Melissa Jacks, Executive Assistant III
- Libby Garcia, Executive Assistant II
- Jewel Lee, Director

1. First Order of Business
Cynthia Lemus, Chair

1.7. Chair Reports and Reminders

1.7.1. Next General Meeting

IN-PERSON MEETING

Wednesday, May-TBD, 2023

10:00 a.m. – 12:00 p.m.

Riverside County Office on Aging

3610 Central Avenue

1st Floor, Suite 102

Riverside, CA 92506

(877) 932-4100

1. First Order of Business Cynthia Lemus, Chair

1.8. Public Comments – None.

Each speaker may be limited to speak two (2) minutes or less depending on the number of speakers. At the direction of the Chair or by majority vote of the Council, the two (2) minute time limitation may be waived, increased, or reduced. The maximum time for public comment for any individual item or topic may be limited to fifteen (15) minutes. The Council may terminate public comments if such comments become repetitious or disruptive. Any written documents to be distributed or presented to the Council shall be submitted AC@rivco.org. This policy applies to Public Comments and general comments on agenda items. Under the Brown Act, the Council will not take action on or discuss matters raised which are not posted 72 hours in advance. Council members may refer such matters to staff for factual information or to be placed on the subsequent agenda for consideration.

2. Action Items

Cynthia Lemus, Chair

2.1. APPROVE THE MINUTES OF THE MARCH 8, 2023, MEETING.

Quorum: 5

Must abstain: Javier Lopez

Motion: M. Cox

Second: D. Brock

Notes: J. Lopez & S. Mehlman Absent.

Roll Call Vote: Motion Passed.

Members

<input checked="" type="checkbox"/> Barbara Mitchell	<input type="checkbox"/> Javier Lopez
<input checked="" type="checkbox"/> Cynthia Lemus	<input checked="" type="checkbox"/> Mark Cox
<input checked="" type="checkbox"/> Debbie Franklin	<input type="checkbox"/> Steve Mehlman
<input checked="" type="checkbox"/> Donald Brock	<input checked="" type="checkbox"/> Teresa Chappell

2. Action Items

Cynthia Lemus, Chair

2.2. APPROVE RESCEDULING OF MAY ADVISORY COUNCIL MEETING TO MAY 17, 2023.

Quorum: 5

Must abstain: None

Motion: M. Cox

Second: D. Brock

Notes: Due to C4A Conference, request to move May Advisory Council meeting to May 17, 2023. J. Lopez & S. Mehlman absent.

Roll Call Vote: Motion passed.

Members

- | | |
|--|---|
| <input checked="" type="checkbox"/> Barbara Mitchell | <input type="checkbox"/> Javier Lopez |
| <input checked="" type="checkbox"/> Cynthia Lemus | <input checked="" type="checkbox"/> Mark Cox |
| <input checked="" type="checkbox"/> Debbie Franklin | <input type="checkbox"/> Steve Mehlman |
| <input checked="" type="checkbox"/> Donald Brock | <input checked="" type="checkbox"/> Teresa Chappell |



3.1. Department Update

- **Attended the Annual Outlook Palo Verde Outlook Conference in Blythe: Heard about challenges and the outlook of the community and learned that Palo Verde Community College in Blythe was the only college in the country who's enrollment did not decrease during COVID.**
- **Palo Verde College is working to establish a nursing program and bachelors degree program. Additionally, the child development center is at maximum capacity so they are working to build a new center that is double the capacity.**
- **Governor indicated he wishes to close Chuckwalla prison that provides 800+ jobs to Blythe community. There is a petition to save the prison at savechuck.com. Additionally, they have partnered with Norco prison, since Norco prison would like to close as it is closer to residential areas.**
- **OOA met with city manager at Blythe community center to discuss what services they can bring back to Blythe.**
- **OOA has added a social worker and supervisor to Blythe.**
- **Planned upgrades to the Blythe Community Center and plan for a Grand Re-opening.**

3. Department/ADRC Reports

Gary Robbins,
Deputy Director for Administration
Riverside County Office on Aging

4. Presentation- *Foundation on Aging*

Foundation Goals and Funding Priorities

The Foundation is guided by the goals and priorities of the Riverside County Office on Aging's Four-Year Strategic Plan, which is approved by the Office on Aging Advisory Council, Riverside County Board of Supervisors, and the California Department of Aging.

These goals and priorities influence the Foundation's direct funding of Office on Aging programs and requests received from other public agencies and community organizations.

The Office on Aging provides 27 different programs and services. All are free to those who meet the minimum qualifications for each program.

For information, visit the Riverside County Office on Aging website at www.RCAging.org, or call Toll Free (877) 932-4100.

During 2021, the Office on Aging reached out to more than 220,000 seniors and people with disabilities, helped provide 2.3 million meals, nearly 21,000 transportation rides and made more than 20,000 COVID vaccine appointments.



Consider Making a Donation

The Foundation provides the ideal vehicle for private citizens, businesses, and philanthropic organizations to make a significant difference in the lives of Riverside County seniors.

Donations allow the Foundation to fill gaps in public funding and to quickly respond to the diverse needs of older adults, many of whom are vulnerable and at-risk. Please consider helping us to help seniors throughout the county.

**Donations to the Foundation are tax-exempt.
Foundation On Aging Tax ID 20-1813339**

To donate with a credit card or PayPal,
go to the Foundation website:
www.foaging.com

To donate by check,
make check payable to and mail to:
Riverside County Foundation on Aging
3410 LA Sierra Ave. Ste F701
Riverside, CA 92503

For more information about the
Riverside County Foundation on Aging,
please visit us at www.foaging.com



**Working to Ensure
Every Older Adult in
Riverside County Has the
Opportunity to Age with
Dignity, Respect,
and Independence**

**Riverside County
Foundation on Aging**

**www.foaging.com
Email: contact@foaging.com**

Foundation Mailing Address
3410 La Sierra Ave. Ste F701
Riverside CA 92503

Office on Aging
3610 Central Ave. Ste 102
Riverside, CA 92506

4. Presentation- *Foundation on Aging*



Meeting Current and Future Needs of Seniors

The Riverside County Foundation on Aging was incorporated in 2004 and was envisioned by its founders to be a catalyst for public-private sector partnerships to leverage existing resources, develop new and innovative solutions to meet the needs of older adults—especially those underserved and vulnerable, and to ensure that programs and services provided to older adults by the county keep pace with an ever-growing senior population.

The Foundation supports, funds, and furthers the programs and services of the Riverside County Office on Aging and other new and innovative programs that sustain and enhance the quality of life of the county's older adults.

Everyone is the
age of their heart.

Guatemalan Proverb

Growth in the Senior Population

As of 2019, there were approximately 54.1 million adults ages 65 and older in the United States, with one-fourth of those seniors living in one of three states: California, Florida, and Texas.

By 2060, that number is estimated to increase to approximately 95 million. This means that 134 in every 1,000 Americans will be 65 and older.

Also as of 2019, Riverside County is amongst the top three of the ten counties in Southern California with the highest older adult population. According to the 2020 Census, the county's population of adults 65 and older was approximately 366,000, or 14.8% of the total population. This number is projected to almost double by 2030, and almost triple by 2060 when the senior population is projected to reach 908,500.

According to the California Department of Aging, Riverside County is expected to experience a nearly 250% increase in its 60+ population between 2010 and 2060. During this same period, the 85+ population is expected to increase by 700%.

The California Department of Finance also projects that by the mid-2030s, for the first time in United States history, the number of seniors 65+ will outnumber children under 18 years of age.

This data is from the Riverside County Office on Aging, California Department of Aging, California Department of Finance, 2020 Census, and the Population Reference Bureau (PRB).

How is the Foundation Funded?

The Foundation is supported through donations, grants, and an annual charity golf tournament. With the help of individuals and businesses, older adults who are vulnerable, and may also be homebound, receive the support necessary to age with dignity, respect, and independence.

The Foundation currently supports:

- Prevention of disruption of utility service to seniors
- An annual Holiday Grocery Gift Card/ Nutrition Support program
- Caregiver training, education, recognition, and related pilot programs
- Senior volunteer recognition programs
- Direct emergency assistance to groups and individuals presented to the Foundation by County departments, other public agencies and community organizations
- County Office on Aging programs
 - ◆ Grandparents Raising Grandchildren
 - ◆ Gap funding for home-delivered meals pending processing for participation in meal delivery programs
 - ◆ Transportation subsidies
 - ◆ Senior Holiday Gift Drive
 - ◆ Non-medical material support
 - ◆ And other senior supportive services that supplement Office on Aging efforts in isolated areas of the county

*Donations to the Foundation
are tax-exempt.*

5. Discussion Items

5.1. Discussion Items

5.1.1. Ambassador List Assignment Review

- Shared current assignments of the Ambassador List and asked members to confirm.

5.1.2. Ambassador Packet Document Review

- Reviewed existing (latest version) Ambassador Packet and discussed what should be included/updated. To be included: AC Brochure (printed on legal size paper), TRIP brochure, CalFresh Brochure, OOA Program flyers, general business cards for OOA, overview of OOA services document, OOA description of programs.
- Mark suggested connecting to community centers and asking for suggestions on specific information to include in packets and ask what presentations are needed.

5. Discussion Items *Cont.*

5.1. Discussion Items *Continued*

5.1.3. Mileage and Hour Sheet Discussion

- Each AC member must register as County Vendor for purpose of reimbursement.
- Mileage sheet must include: date, brief description of activity, hours, starting address, destination address, total miles.
- Backup documentation is required (printed map of route)
- Members must track hours of virtual and telephone outreach as well.
- Members shared that Stacie used to complete everything for them.

5.1.4. Membership Update

- Names were sent to districts and waiting to hear back.

5. Discussion Items *Cont.*

5.1. Discussion Items *Continued*

5.1.5. Advisory Council Officer Elections Update

- Officer elections to take place in June and start new assignments in July.
- Current by-laws state 2-year terms (updated in 2019), there was an updated version of by-laws noting 1-year terms that was never sent to the Board for approval.
- Last year, election was sent via Survey Monkey.

5. Committee Reports
None.



6. Liaison Reports

6.1. Mark Cox – Grandparents Raising Grandchildren (GRG)

Riverside County Advisory Council on Aging

3610 Central Ave., Third Floor, Riverside, CA 92506
Local: (951) 867-3800 • Toll Free: (800) 510-2020 • TRS/TTY: 711

The mission of the Riverside County Advisory Council on Aging is to advocate for all older persons and adults with disabilities to improve their lives.

Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

Report Deadline Submission: *Nine days prior to the upcoming general meeting.*

Assignment: Grandparents Raising Grandchildren (GRG)
Name: Mark Cox
Title: Liaison
Report Date: March 28, 2023

Last Meeting/Event: [REDACTED]

Date: March 22, 2023

Main Points:

- Update on GRG program
 - Discussion of development of GRG program guidelines for use with proposed SB431
 - [REDACTED]
-

Next Meeting/Event:

Date: March 28, 2023

Time: [REDACTED]

Location: [REDACTED]

Other information: [REDACTED]

Other Meeting/Event:

Date: [Click here to enter a date.](#)

Time: [REDACTED]

Location: [REDACTED]

Other information: [REDACTED]

7. Ambassador Reports

7.1. Mark Cox – Calimesa Senior Center

Riverside County Advisory Council on Aging

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Local: (951) 867-3800 • Toll Free: (800) 510-2020 • TRS/TTY: 711

The mission of the Riverside County Advisory Council on Aging is to advocate for all older persons and adults with disabilities to improve their lives.

Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

Report Deadline Submission: *Nine days prior to the upcoming general meeting.*

Assignment: Senior Center/Focal Point
Name: Mark Cox
Title: Senior Center Ambassador
Report Date: March 28, 2023

Last Meeting/Event: [redacted]
Date: March 22, 2023


Main Points:

- Establish contact with Summer Wells Program Coordinator
summer.wells@FSACA.org [redacted]

Next event  [Health & Resource fair.png](#)

- [redacted]
 - [redacted]
-

Next Meeting/Event:

Date: April 4, 2023
Time: 10am-1pm [redacted]
Location:  Calimesa Senior Center [redacted]
Other information: [redacted]

Other Meeting/Event:

Date: [Click here to enter a date.](#)
Time: [redacted]

8. Closing Comments

Cynthia Lemus, Chair

- *CSL Senior Rally Day is taking place on May 2nd, register online on the CSL website: 4csl.org*
- *Teresa suggested that the board look into a field trip to one of the centers and requested it be added to the next agenda.*
- *Don requested tickets to attend the Elder Abuse Symposium for two Social Workers from Kaiser.*
 - *Melissa will connect with Gary to inquire on tickets for members to attend and send survey out to group to gather interest.*

9. Adjourn

Cynthia Lemus, Chair

10.1. APPROVE MOTION TO AJOURN MEETING

Quorum: 5

Must abstain: None.

Motion: D. Franklin

Second: D. Brock

Notes: J. Lopez & S. Mehlman were absent.

Roll Call Vote: Motion passed. Meeting adjourned at 12:08 pm.

Members

<input checked="" type="checkbox"/> Barbara Mitchell	<input type="checkbox"/> Javier Lopez
<input checked="" type="checkbox"/> Cynthia Lemus	<input checked="" type="checkbox"/> Mark Cox
<input checked="" type="checkbox"/> Debbie Franklin	<input type="checkbox"/> Steve Mehlman
<input checked="" type="checkbox"/> Donald Brock	<input checked="" type="checkbox"/> Teresa Chappell

**Riverside County
Board of Supervisors**

Kevin Jeffries	Supervisor, District I
Karen Spiegel	Supervisor, District II
Chuck Washington	Supervisor, District III
V. Manuel Perez	Supervisor, District IV
Yxstian Gutierrez	Supervisor, District V

**Riverside County
Office on Aging Staff**

Jewel Lee	Director
Dr. Gary Robbins	Deputy Director for Administration
Maile Haynes	Deputy Director of Programs and Operations
Jennifer de la Ossa-Ramirez	Administrative Services Manager II
Melissa Jacks	Executive Assistant III

*Advisory Council on Aging
Membership*

Cynthia Lemus	Chair
Mark Cox	Vice Chair
Javier Lopez	Parliamentarian
Vacant	Appointee, District I
Vacant	Appointee, District II
Vacant	Appointee, District III
Vacant	Appointee, District IV
Debbie Franklin	Appointee, District V
Barbara Mitchell	Member
Donald Brock	Member
Javier Lopez	Member
Steve Mehlman	Member
Teresa Chappell	Member
Vacant	Member
Vacant	Member
Vacant	Member
Vacant	Member



Advisory Council on Aging Committees

Committee	Chair	Members
Executive	Cynthia Lemus	Mark Cox, Vice Chair Javier Lopez, Parliamentarian
Advocacy	Teresa Chappell	Mark Cox Steve Mehlman
Annual Report	Cynthia Lemus	Vacant
Bylaws	Javier Lopez	Debbie Franklin
Community Connections	Cynthia Lemus	Vacant
Healthy Living	Vacant	Barbara Mitchell Debbie Franklin
Membership	Cynthia Lemus, Interim	Donald Brock
Planning	Debbie Franklin	Vacant

Advisory Council on Aging Liaisons

California Senior Legislature (CSL)	Mark Cox, Senior Assembly Member
California Senior Legislature (CSL)	Milissa Meyer, Senior Assembly Member
California Senior Legislature (CSL)	Teresa Chappell, Senior Assembly Member
California Senior Legislature (CSL)	Vacant , Senior Assembly Member
California Senior Legislature (CSL)	Donald Brock, Senior Senator
California Senior Legislature (CSL)	Steve Mehlman, Senior Senator
Continuum of Care	Javier Lopez
Foundation on Aging	Cynthia Lemus
Grandparents Raising Grandchildren (GRG)	Mark Cox
Health Insurance Counseling and Advocacy Program (HICAP)	Debbie Franklin
Housing	Javier Lopez
In-Home Supportive Services (IHSS) Advisory Council	Barbara Mitchell Donald Brock
Long-Term Care Ombudsman Program (LTCOP)	Teresa Chappell
Older Adults System of Care	Barbara Mitchell
Public Health	Vacant
Transportation Services	Steve Mehlman
Triple A Council of California (TACC)	Cynthia Lemus
Veterans Services	Cynthia Lemus Donald Brock

Advisory Council on Aging Guidelines

Materials Distributed: In compliance with the Brown Act and Government Code Section 54957.5, agenda materials distributed 72 hours prior to the meeting, which are public records relating to open session agenda items, will be available for inspection by members of the public prior to the meeting at the following email address: AC@rivco.org. To view a hard copy of the materials, please contact Stacie Catlin at phone number: (877) 932-4100.

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Public Comments: Each speaker may be limited to speak two (2) minutes or less depending on the number of speakers. At the direction of the Chair or by majority vote of the Council, the two (2) minute time limitation may be waived, increased or reduced. The maximum time for public comment for any individual item or topic may be limited to fifteen (15) minutes. The Council may terminate public comments if such comments become repetitious or disruptive. Any written documents to be distributed or presented to the Council shall be submitted to the Council's assigned staff. This policy applies to Public Comments and general comments on agenda items. Under the Brown Act, the Council will not take action on or discuss matters raised which are not posted 72 hours in advance. Council members may refer such matters to staff for factual information or to be placed on the subsequent agenda for consideration.

Advisory Council on Aging Meeting Schedule

2022/2023			
Date	Day	Time	Location
September 14, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	Zoom Meeting Link
October 12, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	Zoom Meeting Link
November 9, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	Zoom Meeting Link
December 14, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	Zoom Meeting Link
January 11, 2023	Wednesday	10:00 a.m. – 12:00 p.m.	Zoom Meeting Link
February 8, 2023	Wednesday	10:00 a.m. – 12:00 p.m.	Zoom Meeting Link
March 8, 2023	Wednesday	10:00 a.m. – 12:00 p.m.	In-Person Meeting
April 12, 2023	Wednesday	10:00 a.m. – 12:00 p.m.	In-Person Meeting
May 10, 2023	Wednesday	10:00 a.m. – 12:00 p.m.	In-Person Meeting
June 14, 2023	Wednesday	10:00 a.m. – 12:00 p.m.	In-Person Meeting

In-Person Meeting Location

Riverside County Office on Aging
3610 Central Ave., Ste. 102
Riverside, CA 92506
(877) 932-4100