



meals

delivered at home or served at different resource centers throughout the county

healthy support access **caregiving**
seniors **Aging in Place**
dignity respect quality of life
fun family community
independence



support

for seniors and their family caretakers who need service consultation, home-maker assistance, peer support & help with transportation, rent, and respite care



wellness

options include group physical activities and classes for improved safety and healthy lifestyle choices, including supports to transition from hospitals or clinic care



transportation & resource linkage

to public benefits and community programs through our community- and county-partner network



utility assistance

for emergency, one-time payment support to avoid service disconnection



rcAging.org

877-932-4100



Aging in Motion

RIVERSIDE COUNTY
OFFICE ON AGING

Aging & Ability Resource Center

CALL FOR **FREE** SERVICES