

# Riverside County Advisory Council on Aging

## Advisory Council Meeting

### Minutes

March 9, 2022

10:00 a.m. – 12:00 p.m.

### Virtual Meeting Access:

#### Zoom

[Meeting Link](#)

#### Join by Phone:

(253) 215-8782 US Toll

#### Meeting ID Number:

898 3331 2539

#### Meeting Passcode:

212125



# Brown Act

## Virtual Meeting Notification

**Pursuant to Government Code Section 54953, Subdivision (b), and Executive Order N-15-21** released on September 16, 2021, this RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING meeting includes teleconference participation by some or all of the Advisory Council members.

**PLEASE NOTE THAT NO IN-PERSON LOCATION**  
**IS AVAILABLE FOR THIS MEETING.**

Any member of the public requesting to call in to speak on an item or to speak during Public Comment must first register at the Riverside County Office on Aging 24 hours in advance of the meeting. Once registered, further information will be provided. Please contact Office on Aging staff to register: [AC@rivco.org](mailto:AC@rivco.org) or (951) 867-3895.

# Virtual Meeting Access Instructions

1. Ctrl + Click “Meeting link”



Meeting Link

2. Select

Open Zoom Meetings

or

Launch Meeting

# Agenda Overview

1. **First Order of Business**  
1.9. Public Comment

2. Action Items

Presentation

3. **PUBLIC HEARING ON THE DRAFT OF THE 2022-23 UPDATE TO THE RIVERSIDE COUNTY AREA PLAN ON AGING AND OPEN FORUM FOR PUBLIC COMMENT 10:00 A.M. – 12:00 P.M.**

**Dr. Jamiko Bell, Opened the Public Hearing at 10:00 a.m.**

4. Department/ADRC Reports

5. Discussion Items

6. Committee Reports

7. Liaison Reports

8. Ambassador Reports

9. Closing Comments

10. Adjourn

# 1. First Order of Business

## 1.1. Call to Order

**Time: 10:02 a.m.**

Any requests for public comment during the meeting should be made through private message chat to Stacie Catlin.

## 1.2. Establish a Quorum – Barbara Mitchell, Parliamentarian

- |                                     |                         |
|-------------------------------------|-------------------------|
| <input type="checkbox"/>            | Anita Johnson - Absent  |
| <input checked="" type="checkbox"/> | Barbara Mitchell        |
| <input checked="" type="checkbox"/> | Cynthia Lemus           |
| <input checked="" type="checkbox"/> | Debbie Franklin         |
| <input checked="" type="checkbox"/> | Donald Brock            |
| <input type="checkbox"/>            | Javier Lopez            |
| <input type="checkbox"/>            | Lynda House - Absent    |
| <input checked="" type="checkbox"/> | Mark Cox                |
| <input type="checkbox"/>            | Marquita Black - Absent |
| <input checked="" type="checkbox"/> | Steve Mehlman           |
| <input checked="" type="checkbox"/> | Teresa Chappell         |

## 1.3. Resolutions

### 1.3.1. APPROVE RESOLUTION AUTHORIZING REMOTE TELECONFERENCE MEETINGS FROM MARCH 10, 2022, THROUGH APRIL 9, 2022.

<b>Quorum:</b>	6
<b>Must Abstain:</b>	None.
<b>Motion:</b>	D. Franklin
<b>Second:</b>	B. Mitchell
<b>Notes:</b>	A. Johnson; J. Lopez; L. House; and M. Black were absent.
<b>Roll Call Vote:</b>	Motion unanimously approved.

## 1.4. Review ADA Guidelines

Any ADA-related requests or issues during the meeting should be directed to *Stacie Catlin* through private message.

## 1.5. Invocation – Donald Brock, Member

## 1.6. Pledge of Allegiance – Steve Mehlman, Chair

## 1.7. Self-Introductions

### 1.7.1. Members

<input type="checkbox"/>	Anita Johnson - Absent
<input checked="" type="checkbox"/>	Barbara Mitchell
<input checked="" type="checkbox"/>	Cynthia Lemus
<input checked="" type="checkbox"/>	Debbie Franklin
<input checked="" type="checkbox"/>	Donald Brock
<input type="checkbox"/>	Javier Lopez - Absent
<input type="checkbox"/>	Lynda House - Absent
<input checked="" type="checkbox"/>	Mark Cox
<input type="checkbox"/>	Marquita Black - Absent
<input checked="" type="checkbox"/>	Steve Mehlman
<input checked="" type="checkbox"/>	Teresa Chappell

### **1.7.2. Riverside County Office on Aging Staff**

- |                                     |   |
|-------------------------------------|---|
| <input checked="" type="checkbox"/> | Jewel Lee, Director   |
| <input checked="" type="checkbox"/> | Maile Haynes, Deputy Director of Programs and Operations        |
| <input checked="" type="checkbox"/> | Dr. Jamiko Bell, Administrative Services Manager/Senior Planner |
| <input checked="" type="checkbox"/> | Stacie Catlin, Program Specialist II                            |
| <input checked="" type="checkbox"/> | Cecilia Nava, Planner   |

### **1.7.3. Riverside County Representatives**

- |                                     |   |
|-------------------------------------|---|
| <input checked="" type="checkbox"/> | Tony Ortego, Administrator, Riverside University Health System Older Adult Services |
|-------------------------------------|---|



## **1.8. Chair Reports and Reminders**

### **1.8.1. Next Advisory Council General Meeting**

**Wednesday, April 13, 2022**

**10:00 a.m. to 12:00 p.m.**

**Virtual**

**[Meeting Link](#)**

### **1.8.2. Member Birthdays**

Barbara Mitchell

### **1.8.3. California Senior Legislature (CSL) Election Reminder**

The application filing deadline is 3/31/2022. A flyer and application packet are included in the meeting packet.

### **1.8.4. Upcoming Events**

Mark Cox and Teresa Chappell will represent the Advisory Council at the Senior Inspiration Awards on March 31, 2022.

## 1.9. Public Comments

Each speaker may be limited to speak two (2) minutes or less depending on the number of speakers. At the direction of the Chair or by majority vote of the Council, the two (2) minute time limitation may be waived, increased or reduced. The maximum time for public comment for any individual item or topic may be limited to fifteen (15) minutes. The Council may terminate public comments if such comments become repetitious or disruptive. Any written documents to be distributed or presented to the Council shall be submitted to [AC@rivco.org](mailto:AC@rivco.org). This policy applies to Public Comments and general comments on agenda items. Under the Brown Act, the Council will not take action on or discuss matters raised which are not posted 72 hours in advance. Council members may refer such matters to staff for factual information or to be placed on the subsequent agenda for consideration.

## 2. Action Items

### 2.1. APPROVE THE MINUTES OF THE FEBRUARY 9, 2022, MEETING.

<b>Quorum:</b>	6
<b>Must Abstain:</b>	M. Black
<b>Motion:</b>	B. Mitchell
<b>Second:</b>	D. Franklin
<b>Notes:</b>	A. Johnson; J. Lopez; L. House; and M. Black were absent.
<b>Roll Call Vote:</b>	Motion unanimously approved.

## 2.2. ACKNOWLEDGE RESIGNATION OF MEMBERS A. JOHNSON; L. HOUSE; AND M. BLACK.

<b>Quorum:</b>	6
<b>Must Abstain:</b>	None.
<b>Motion:</b>	D. Brock
<b>Second:</b>	M. Cox
<b>Notes:</b>	A. Johnson; J. Lopez; L. House; and M. Black were absent.
<b>Roll Call Vote:</b>	Motion unanimously approved.

## **3. Presentations**

### **3.1. Presentation:**

### **PUBLIC HEARING**

**ON THE DRAFT OF THE 2022-23 UPDATE TO THE  
RIVERSIDE COUNTY AREA PLAN ON AGING,  
“THE PATH AHEAD,”**

**AND**

**OPEN FORUM FOR PUBLIC COMMENT**

**10:00 A.M. – 12:00 P.M.**

## 4. Department/ADRC Reports

### 4.1. Executive Report: Maile Haynes, Deputy Director of Programs and Operations

#### 4.1.1. Relevant updates and information.

- Provided an overview Social Worker Appreciation Month in March
  - The Board of Supervisors dedicated a portion of the last meeting to recognize County of Riverside social workers
  - Two Office on Aging social workers were specially recognized
- Advised April will be Administrative Support Appreciation month
- Elder Abuse Symposium
  - Save-the-date: June 1, 2022
  - Stacie Catlin will send out a survey to poll members' interest in filling two available seats.

## 4.2. Planning Report: Dr. Jamiko Bell, Administrative Services Manager

### 4.2.2. Advisory Council Membership Recruitment Analysis and Discussion – Dr. Jamiko Bell

- Presented the proposed Advisory Council Recruitment Strategy for 2022, which was based on the 2020 Census Data and the State of California’s guidance for Council membership
- Explained the Council’s recent recruitment history
- Cautioned the Council against disregarding the State of California’s recruitment guidance to fill vacancies with members who represent the demographic make-up of Riverside County
- Director Jewel Lee advised the State of California recognized there is a need to boost the level of volunteers statewide
- Cynthia Lemus recommended the Council place a discussion item on the next Council meeting to consider forming an Ad Hoc Recruitment committee.

# 5. Discussion Items

5.1. None.



## 6. Committee Reports

- |      |  |
|------|--|
| 6.1. | Bylaws Committee: Barbara Mitchell, Chair  |
| 6.2. | Planning Committee: Debbie Franklin, Chair |

# 7. Liaison Reports

7.1. No report.

## 8. Ambassador Reports

- |      |   |
|------|---|
| 8.1. | Janet Goeske Senior Center Barbara Mitchell, Ambassador       |
| 8.2. | Rose M. Eldridge Senior Center Barbara Mitchell, Ambassador   |
| 8.3. | Norton Youglove Community Center Barbara Mitchell, Ambassador |

## 9. Closing Comments

- Teresa Chappell suggested Council Ambassador members reach out to senior center directors to ask for recommendations for potential council member candidates.

# 10. Adjourn

## 10.1. APPROVE MOTION TO ADJOURN MEETING

<b>Quorum:</b>	5
<b>Must Abstain:</b>	C. Lemus
<b>Motion:</b>	D. Franklin
<b>Second:</b>	M. Cox
<b>Notes:</b>	C. Lemus left the meeting at 11:51 a.m.
<b>Roll Call Vote:</b>	Motion unanimously approved.
<b>Time:</b>	11:52 a.m.

# Board of Supervisors

Kevin Jeffries, Supervisor, District I

Karen Spiegel, Supervisor, District II

Chuck Washington, Supervisor, District III

V. Manuel Perez, Supervisor, District IV

Jeff Hewitt, Supervisor, District V

# Office on Aging

Jewel Lee, Director

Dr. Gary Robbins, Deputy Director for Administration

Maile Haynes, Deputy Director of Programs and Operations

Dr. Jamiko Bell, Administrative Services Manager

Stacie Catlin, Program Specialist II

# Advisory Council

<b>Name</b>	<b>Title</b>	<b>District</b>
Anita Johnson	Member	District II
Barbara Mitchell	Parliamentarian	District II
Cynthia Lemus	Member	District V
Debbie Franklin	Appointee	District V
Donald Brock	Member	District II
Javier Lopez	Vice Chair /Appointee	District IV
Lynda House	Appointee	District I
Mark Cox	Member	District V
Marquita Black	Appointee	District III
Steve Mehlman	Chair	District V
Teresa Chappell	Member	District III
Vacant	Appointee	District II
Vacant	Member	TBD
Vacant	Member	TBD
Vacant	Member	TBD
Vacant	Member	TBD
Vacant	Member	TBD

# Committees

Committee	Chair	Members
Executive	Steve Mehlman	Javier Lopez, Vice Chair Barbara Mitchell, Parliamentarian
Advocacy	Teresa Chappell	Anita Johnson Mark Cox Steve Mehlman
Annual Report	Steve Mehlman	N/A
Bylaws	Barbara Mitchell	Anita Johnson Debbie Franklin
Community Connections	Cynthia Lemus	Javier Lopez Lynda House Marquita Black
Healthy Living	TBD	Barbara Mitchell Debbie Franklin
Membership	Anita Johnson	Donald Brock Javier Lopez
Planning	Debbie Franklin	Lynda House



# Liaison

<b>Program/Organization</b>	<b>Member</b>	<b>Title</b>
California Senior Legislature	Donald Brock Steve Mehlman Mark Cox Vacant Vacant Vacant	Senior Senator Senior Senator Senior Assembly Member Senior Assembly Member Senior Assembly Member Senior Assembly Member
Continuum of Care	Javier Lopez	Liaison
Foundation on Aging	Steve Mehlman	Liaison
Grandparents Raising Grandchildren (GRG)	Mark Cox	Liaison
Health Insurance Counseling and Advocacy Program (HICAP)	Debbie Franklin	Liaison
Housing	Javier Lopez	Liaison
In-Home Supportive Services (IHSS) Advisory Council	Barbara Mitchell Don Brock	Liaison Liaison
Long-Term Care Ombudsman Program (LTCOP)	Teresa Chappell	Liaison
Older Adults System of Care	Barbara Mitchell	Liaison
Public Health	Vacant	Liaison
Transportation Services	Steve Mehlman	Liaison
Triple-A Council of California (TACC)	Steve Mehlman	Liaison
Veterans Services	Cynthia Lemus Don Brock	Liaison Liaison

# Advisory Council Guidelines

**Materials Distributed:** In compliance with the Brown Act and Government Code Section 54957.5, agenda materials distributed 72 hours prior to the meeting, which are public records relating to open session agenda items, will be available for inspection by members of the public prior to the meeting at the following email address: [AC@rivco.org](mailto:AC@rivco.org). To view a hard copy of the materials, please contact Stacie Catlin at phone number: (877) 932-4100.

**ADA:** In compliance with the Americans with Disabilities Act and Government Code Section 54954.2, if special assistance is needed to attend an Advisory Council on Aging meeting, please contact Stacie Catlin at: (877) 932-4100 or TTD 711. Notification of at least 48 hours prior to meeting time will assist staff in assuring that reasonable arrangements can be made to provide accessibility at the meeting.

**Public Comments:** Each speaker may be limited to speak two (2) minutes or less depending on the number of speakers. At the direction of the Chair or by majority vote of the Council, the two (2) minute time limitation may be waived, increased or reduced. The maximum time for public comment for any individual item or topic may be limited to fifteen (15) minutes. The Council may terminate public comments if such comments become repetitious or disruptive. Any written documents to be distributed or presented to the Council shall be submitted to the Council's assigned staff. This policy applies to Public Comments and general comments on agenda items. Under the Brown Act, the Council will not take action on or discuss matters raised which are not posted 72 hours in advance. Council members may refer such matters to staff for factual information or to be placed on the subsequent agenda for consideration.

## Advisory Council on Aging Meeting Schedule 2021/2022

Date	Day	Time	Location
January 12, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	Virtual Zoom <a href="#">Meeting Link</a>  Join by Phone: (253) 215-8782 US Toll  Meeting ID: 898 3331 2539  Meeting Passcode: 212125
February 9, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	
March 9, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	
April 13, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	
May 11, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	
June 8, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	
January 12, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	
February 9, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	
March 9, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	

2  
3 **RESOLUTION NO. 2022-003**

4 **A RESOLUTION OF THE RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING**  
5 **RE-AUTHORIZING REMOTE TELECONFERENCE MEETINGS**  
6 **OF THE LEGISLATIVE BODIES OF THE**  
7 **RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING**  
8 **FOR THE PERIOD MARCH 10, 2022, THROUGH APRIL 9, 2022,**  
9 **PURSUANT TO THE RALPH M. BROWN ACT.**  
10

11 **WHEREAS**, all meetings of RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING and its  
12 legislative bodies are open and public, as required by the Ralph M. Brown Act (Cal. Gov. Code 54950 –  
13 54963), so that any member of the public may attend, participate, and view the legislative bodies conduct  
14 their business; and

15 **WHEREAS**, the Brown Act, Government Code section 54953(e), makes provisions for remote  
16 teleconferencing participation in meetings by members of a legislative body, without compliance with the  
17 requirements of Government Code section 54953(b)(3), subject to the existence of certain conditions and  
18 requirements; and

19 **WHEREAS**, a required condition of Government Code section 54953(e) is that a state of emergency  
20 is declared by the Governor pursuant to Government Code section 8625, proclaiming the existence of  
21 conditions of disaster or of extreme peril to the safety of persons and property within the state caused by  
22 conditions as described in Government Code section 8558(b); and

23 **WHEREAS**, a further required condition of Government Code section 54953(e) is that state or local  
24 officials have imposed or recommended measures to promote social distancing, or, the legislative body  
25 holds a meeting to determine or has determined by a majority vote that meeting in person would present  
26 imminent risks to the health and safety of attendees; and

27 **WHEREAS**, on March 4, 2020, Governor Newsom issued a Proclamation of a State of Emergency  
28 declaring a state of emergency exists in California due to the threat of COVID-19, pursuant to the California

1 Emergency Services Act (Government Code section 8625); and,

2       **WHEREAS**, on June 11, 2021, Governor Newsom issued Executive Order N-07-21, which  
3 formally rescinded the Stay-at-Home Order (Executive Order N-33-20), as well as the framework for a  
4 gradual, risk-based reopening of the economy (Executive Order N-60-20, issued on May 4, 2020) but did  
5 not rescind the proclaimed state of emergency; and,

6       **WHEREAS**, on June 11, 2021, Governor Newsom also issued Executive Order N-08-21, which set  
7 expiration dates for certain paragraphs of the State of Emergency Proclamation dated March 4, 2020, and  
8 other Executive Orders but did not rescind the proclaimed state of emergency; and,

9       **WHEREAS**, as of the date of this Resolution, neither the Governor nor the state Legislature have  
10 exercised their respective powers pursuant to Government Code section 8629 to lift the state of emergency  
11 either by proclamation or by concurrent resolution the state Legislature; and,

12       **WHEREAS**, the California Department of Industrial Relations has issued regulations related to  
13 COVID-19 Prevention for employees and places of employment. Title 8 of the California Code of  
14 Regulations, Section 3205(5)(D) specifically recommends physical (social) distancing as one of the  
15 measures to decrease the spread of COVID-19 based on the fact that particles containing the virus can travel  
16 more than six feet, especially indoors; and,

17       **WHEREAS**, on February 9, 2022, the RIVERSIDE COUNTY ADVISORY COUNCIL ON  
18 AGING previously adopted Resolution No. 2022-002, finding that the requisite conditions existed for the  
19 RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING and its legislative bodies to conduct remote  
20 teleconference meetings without compliance with Government Code section 54953 (b)(3), as authorized by  
21 Section 54953(e); and,

22       **WHEREAS**, as a condition of extending the use of the teleconferencing provisions for another 30  
23 days beyond the Resolution No. 2022-002 adopted on February 9, 2022, pursuant to Government Code  
24 Section 54953(e), the RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING must reconsider the  
25 circumstances of the state of emergency that exists and find that either the state of emergency continues to  
26 directly impact the ability of the members to meet safely in person or state or local officials continue to  
27 impose or recommend measures to promote social distancing; and,

28       **WHEREAS**, the RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING has reconsidered

1 the circumstances of the state of emergency and finds that state or local officials continue to impose or  
2 recommend measures to promote social distancing, based on the California Department of Industrial  
3 Relations regulations related to COVID-19 Prevention, specifically, Title 8 of the California Code of  
4 Regulations, Section 3205(5)(D), continuing to remain in effect; and,

5 **WHEREAS**, as a consequence, the RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING  
6 does hereby find that it and its legislative bodies may continue to conduct their meetings by teleconferencing  
7 without compliance with Government Code section 54953 (b)(3), pursuant to Section 54953(e), and that  
8 such legislative bodies shall comply with the requirements to provide the public with access to the meetings  
9 as prescribed by Government Code section 54953(e)(2).

10 **NOW, THEREFORE, BE IT RESOLVED, FOUND AND ORDERED** by RIVERSIDE  
11 COUNTY ADVISORY COUNCIL ON AGING, State of California, in regular session assembled on March  
12 9, 2022, does hereby resolve as follows:

13 Section 1. Recitals. All of the above recitals are true and correct and are incorporated into this  
14 Resolution by this reference.

15 Section 2. Reconsideration of the State of Emergency. The RIVERSIDE COUNTY  
16 ADVISORY COUNCIL ON AGING has reconsidered the circumstances of the state of emergency that  
17 continues to exist and was proclaimed by the Governor through a State of Emergency Proclamation on  
18 March 4, 2020.

19 Section 3. State or Local Officials Continue to Impose or Recommend Measures to Promote  
20 Social Distancing. The RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING hereby proclaims  
21 that state officials continue to impose or recommend measures to promote social (physical) distancing based  
22 on the continuance of California Department of Industrial Relations regulations related to COVID-19  
23 Prevention through Title 8 of the California Code of Regulations, Section 3205(5)(D).

24 Section 4. Remote Teleconference Meetings. The RIVERSIDE COUNTY ADVISORY  
25 COUNCIL ON AGING and any of its legislative bodies are hereby authorized and directed to take all  
26 actions necessary to carry out the intent and purpose of this Resolution including, conducting open and  
27 public meetings in accordance with Government Code section 54953(e) and other applicable provisions of  
28 the Brown Act.

1           Section 5.     Effective Date. This Resolution shall take effect immediately upon its adoption and  
2 shall be effective until the earlier of (i) APRIL 9, 2022 or (ii) such time the RIVERSIDE COUNTY  
3 ADVISORY COUNCIL ON AGING adopts a subsequent resolution in accordance with Government Code  
4 section 54953(e)(3) to extend the time during which its legislative bodies may continue to teleconference  
5 without compliance with Section 54953(b)(3).

6           ADOPTED this 9th day of March, 2022, by the RIVERSIDE COUNTY ADVISORY COUNCIL  
7 ON AGING by the following vote:

8  
9 YES:                    B. Mitchell; C. Lemus; D. Franklin; D. Brock; J. Lopez; M. Cox; S. Mehlman; and  
10 T. Chappell.

11 NO:                    None.

12 ABSENT:               None

13 ABSTAIN:             None

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*Riverside County Office on Aging*

# Area Plan on Aging: The Path Ahead

*2022-2023 Update*

*Cecilia Nava, Area Planner*

Public Hearing Presentation

Wednesday, February 9, 2022





# Public Hearing Agenda

Wednesday, March 9, 2022.



## **I. Welcome**

## **II. Review of:**

A. The Older Americans Act

B. The Area Agency on Aging (Riverside County Office on Aging)

## **III. 2020-2024 Area Plan on Aging “The Path Ahead”**

A. Community Assessment Results

B. 2022-2023 Goal Setting Update

C. Priority Services (2022-2023)

## **IV. General Public Comment**

## **V. Close**

# The Older Americans Act (OAA)



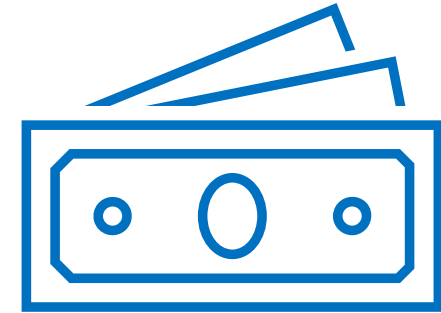
- **The Older Americans Act (OAA)** is the **major federal vehicle** for delivery of social and nutritional services for older adults.
- The OAA also supports grants to **older American Indians**, as well as research, training and demonstration activities.
- Most OAA programs are administered by the **Administration for Community Living (ACL)** est. in 2018 by **U.S. Department of Health and Human Services**.

## Services include:

- **Supportive services**
- **Congregate nutrition** services (meals served at group sites such as senior centers, schools, churches, or senior housing complexes)
- **Home-delivered nutrition** services
- Family **caregiver** support
- Community service **employment**.
- Long-term care **ombudsman** program
- **Other services** to prevent the abuse, neglect, and exploitation of older persons.

# Funded Programs & Services

- **Title IIIB:** Supportive Services
- **Title IIIC-1:** Congregate Nutrition
- **Title IIIC-2:** Home Delivered Meals
- **Title IIID:** Disease Prevention & Health Promotion
- **Title IIIE:** Family Caregiver Support Program
- **Title V:** Senior Employment
- **Title VII:** LTC Ombudsman & Prevention of Elder Abuse



# Accomplishments of the OAA

## *The OOA provides for:*

- **Community Planning** – like this process.
- **Research** on trends affecting older adults.
- **Services** – direct and contracted.
- **Coordination** with other agencies doing similar work.
- **Training** of service providers and consumers.
- **Advocacy** on behalf of older adults.



# Area Agencies on Aging (AAA)



***Coordinating  
Existing Services***



***Planning and  
Administration***



***Developing New  
Resources***



***Acting as a  
funding agency***

**AAA Tasks**

# Riverside County Office on Aging



County department since 1974.



AAA for the state of California for Planning and Service Area (PSA) 21.



Federally recognized as an Aging and Disability Resource Connection (ADRC).



Provides over 27 programs and services to approx. 30,000 people per year.

# Funded Services Provided 2021-22



**877 | 932 | 4100**  
**Office on Aging (OoA)**  
 AGING & DISABILITY RESOURCE CONNECTION  
 A life of dignity, well-being, and independence  
 for all older adults and persons with disabilities

healthy seniors dignity fun  
 support access seniors Aging in Place respect quality of life family independence  
 caregiving



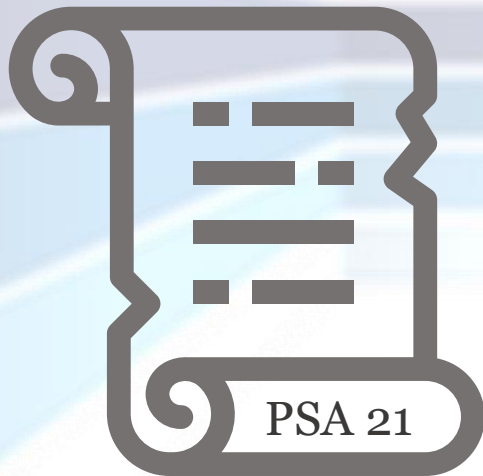
OoA, Department of Public Social Services and RUHS-Public Health combined staff and technology resources to:

- answer **160,790** calls;
- reach out to **55,419** residents; and
- secure **20,282** on-line appointments.

\*\* CalAIM Enhanced Care Management (ECM) partners include Inland Empire Health Plan, Molina Inc., Health Net, AETNA/CVS.

# What is the Area Plan?

PSA core document for  
4-year period



Identifies gaps in  
service and  
possible  
collaborations.

Provides general  
direction and  
major  
themes/areas of  
work.

Unifies and  
aligns the  
agency's work.

Articulates PSA  
narrative and  
numerical goals.



# Why Does the Area Plan Exist?

## Federal Legislation Older Americans Act

- Federal legislation sets parameters for the use of federal money and the provision of services.

## Development of state-wide plans

- The state sets statewide priorities for providing service to CA's older adults.

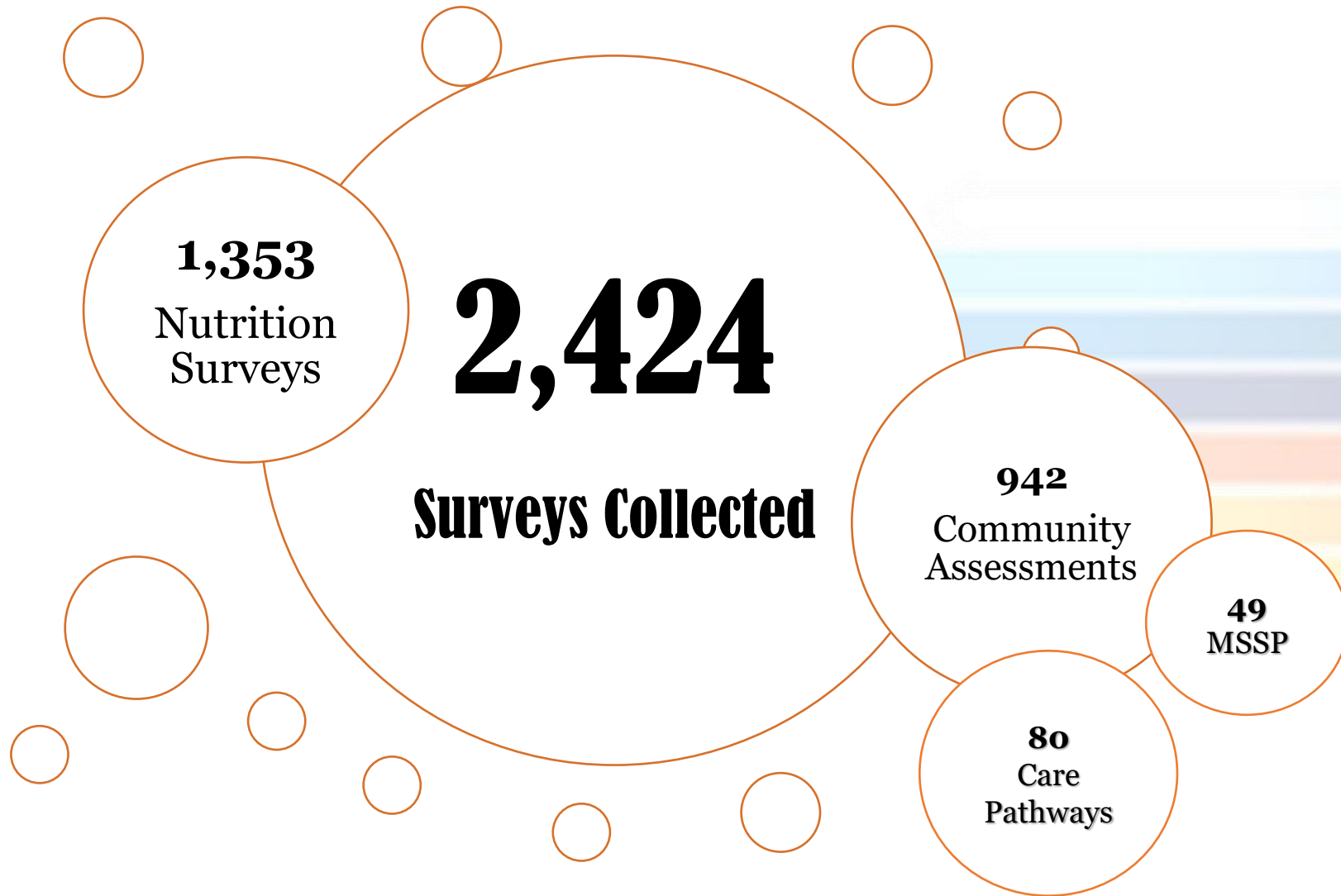
## Development of 4-year county- wide Area Plan

- AAA's develop the scope of work for local implementation that align with federal and state parameters.

Needs/  
Community  
Assessments



# All Community Assessments



# General Community Assessments

Collected County-wide

Advisory  
Council

**942**  
**Participants**

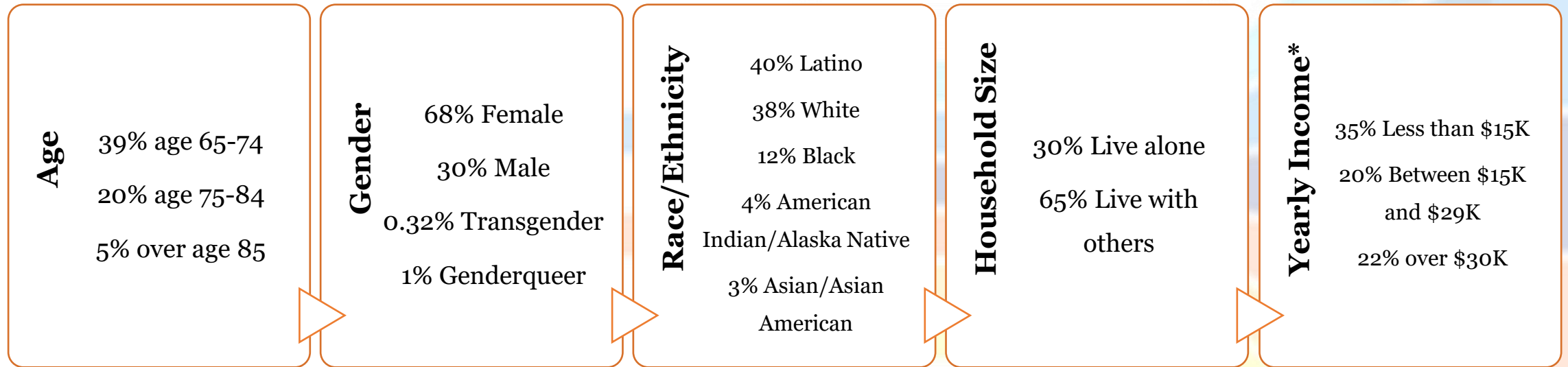
Caregivers

Community/Grab-  
and-go

Info Van  
Volunteer Services



# Community Assessment Demographic Data



# General Community Assessments

-Responses-

***In the last 6 months:***

QUESTION	AGREE	DISAGREE
I had <u>little interest</u> or pleasure in doing things.	23%	29%
Someone in my life <u>encouraged</u> me to be healthy.	42%	10%
My friends and family gave me <u>positive energy</u> every day.	41%	9%
I had a <u>life event</u> that continues to <u>worry</u> me.	28%	26%
I felt <u>safe and secure</u> in my <u>home</u> .	39%	4%
I felt <u>safe and secure</u> in my <u>community</u> .	42%	8%
I had a utility shut off due to my <u>inability to pay the bill</u> .	9%	29%
I <u>did not have enough money</u> to pay my rent or mortgage	12%	29%
I had to <u>choose between my basic needs</u> (housing, food, medication) because I did not have enough money to pay for it all.	15%	27%
Any social or <u>sharing activity</u> would be important or helpful to me.	41%	10%
I did not have <u>transportation</u> to get to medical appointments or treatments	11%	30%

# General Community Assessments

-Responses-

***On a scale of 1-10, how would you rate your overall quality of life today:***



## Reasons Given:

COVID-19 impact

Alzheimer's Disease

Housing concerns/homelessness

Family issues

Medical conditions/illness

Stress, overwhelmed, fear, anxiety

No time for my own life /self-care

Isolation, loneliness

Loss of freedom, independence, and privacy

Food/financial insecurity

# General Community Assessments

-Responses-

***On a scale of 1-10, how would you rate your overall quality of life in 5 years:***



## Comments

"Health issue - starting to get forgetful."

"Inflation."

"Aging is taking its toll."

"Lack of money/transportation."

"I think the older I get, the more difficult it will be to provide for my family."

"Will be on death's doorstep."

"I had surgery, and I didn't turn out well."

"I have rheumatoid arthritis and lupus, as well as osteoarthritis."

"I was blessed to survive COVID-19, but my domestic partner did not. His passing saddened me."



# General Community Assessments

-Responses-

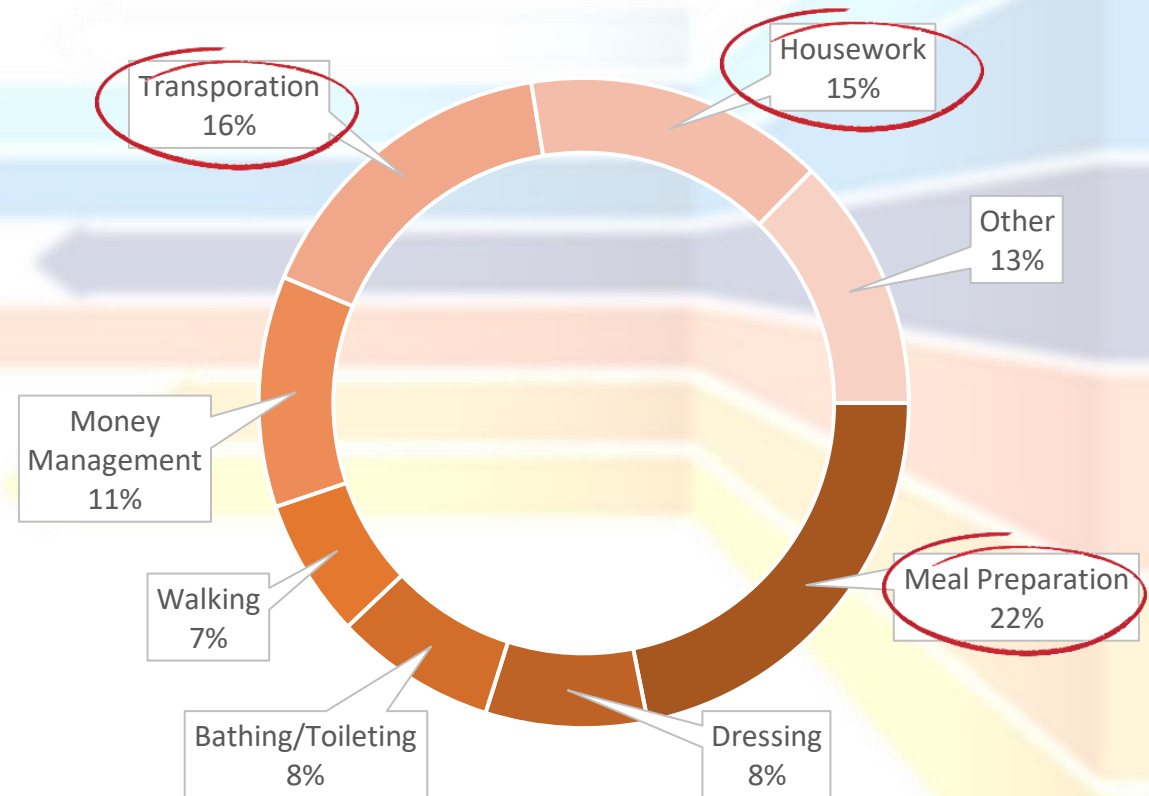
***Do you provide assistance to someone?***

10% Husband/Wife  
5% Adult Child/Dependent  
5% Other Relative  
69% Do not provide care

***Top 3 types of assistance:***

22% Meal Preparation  
16% Transportation  
15% Housework

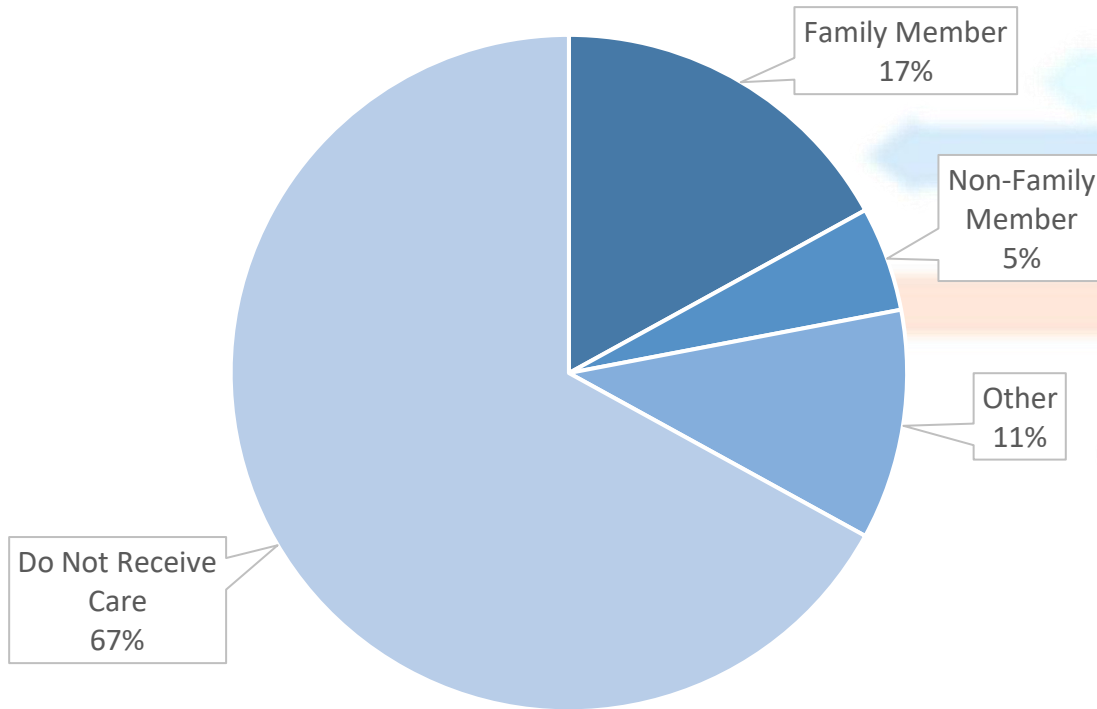
***If so, what kind of assistance do you provide?***



# General Community Assessments

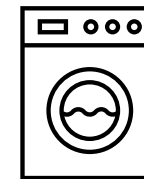
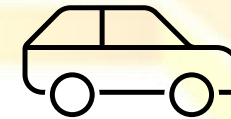
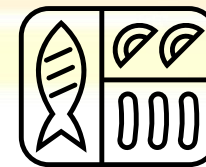
-Responses-

***Do you receive assistance from someone?***



***Top 3 types of assistance:***

13% Meal Preparation  
10% Transportation  
10% Housework



# Nutrition Assessments

**1,352  
Participants**

Collected County-wide

Congregate  
Meal Recipients

Senior and  
Community Centers

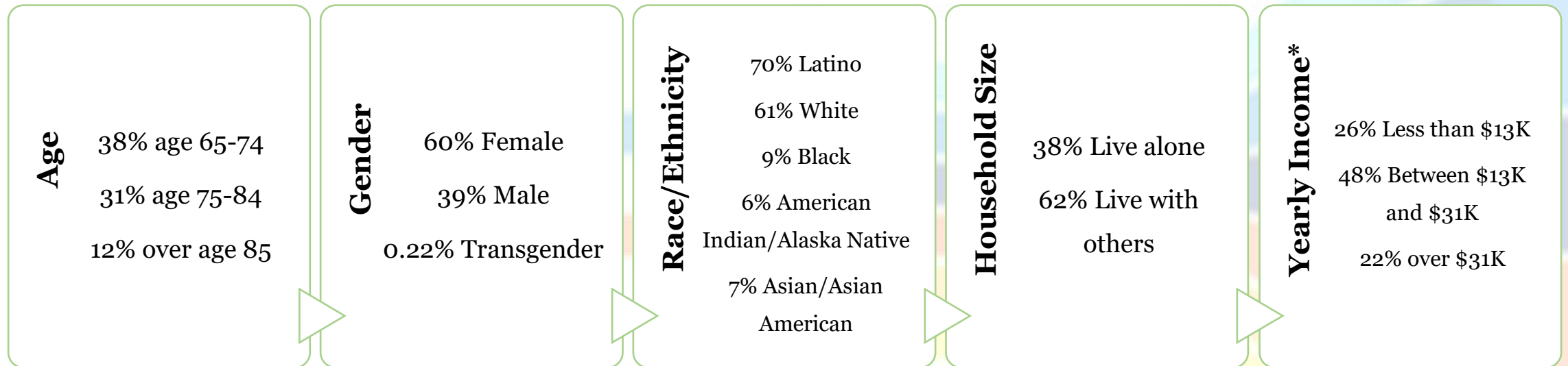
Nutrition Education  
Team/Farmers'  
Market Coupon Day

General Public

\*Shortened  
Version\*

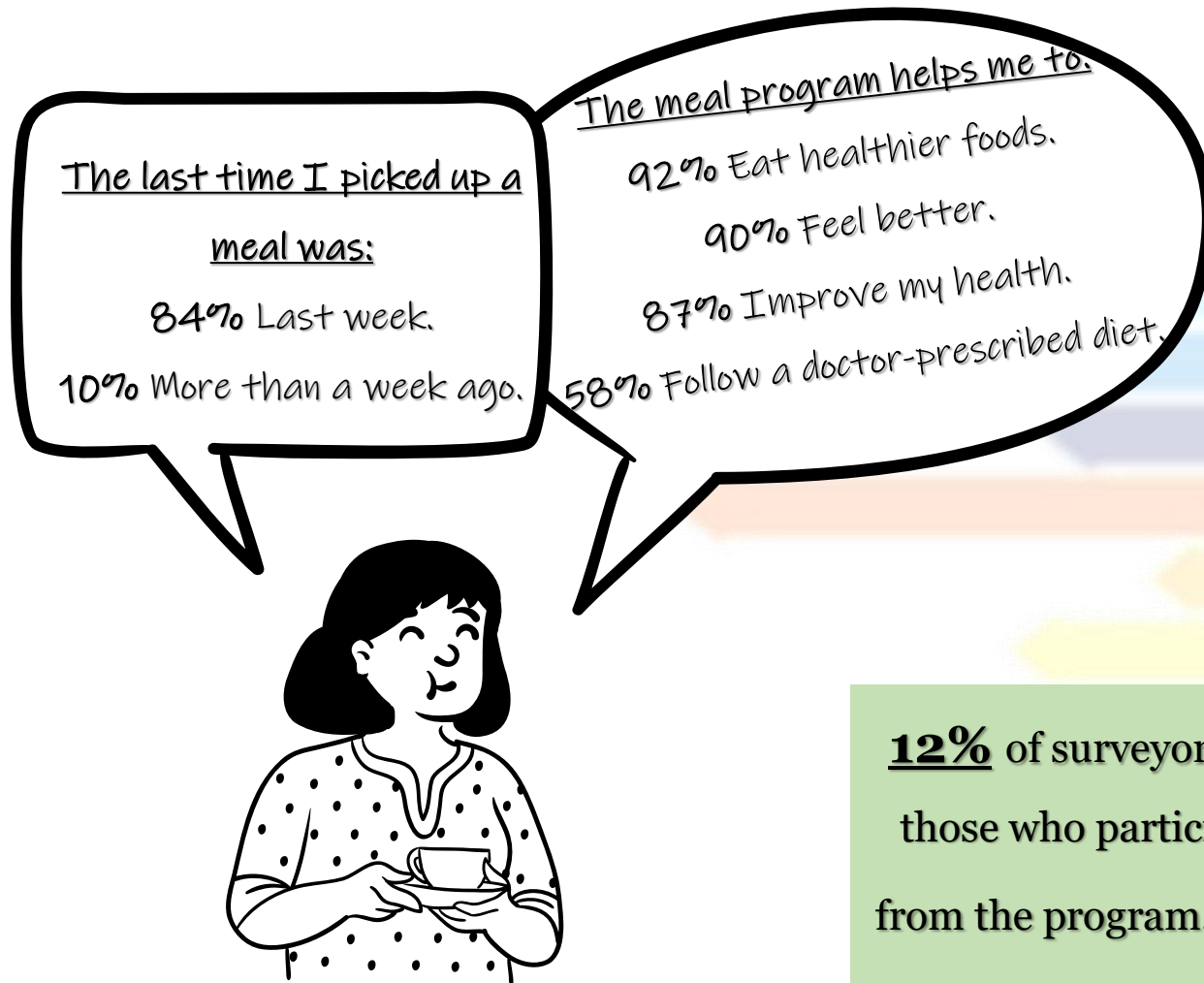


# Nutrition Assessment Demographic Data



# Nutrition Assessments

-Responses-



**27%** of participants began participating in the meal program within the last 6 months. **23%** have been participating the last 1-2 years. **19%** the last 2-5 years.

**12%** of surveyors only eat once a day, that's **166 people** of those who participated who only eat the meal they received from the program. **51%** eat twice a day, one meal in addition to the one they received.

# Nutrition Assessments

-Responses-

Before COVID-19, I:

53% Participated in activities at the congregate site.

6% Volunteer at the congregate site.

During COVID-19, I stay

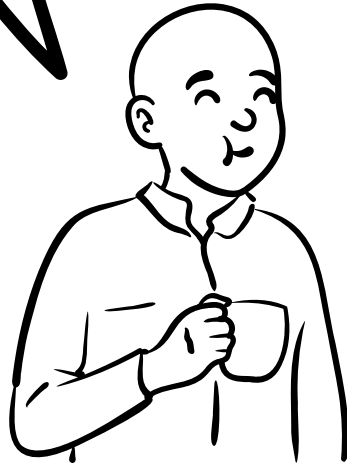
connected via:

92.8% Telephone

27.9% In person

19.5% Computer

3.4% Am not able to



**25%** of participants prepare meals at

home 2-3 times per week. **22%**

prepare meals 1-2 times a week. **11%**

never prepare meals at home.

**20%** of survey participants do not have enough resources and access to food. This equals 274 of the older adults who took the survey.

# MSSP Client Satisfaction Questionnaire

Represents the most vulnerable clients

**42**  
**participants**

Represents ~90% of clients



# MSSP Client Satisfaction Questionnaire

-Responses-

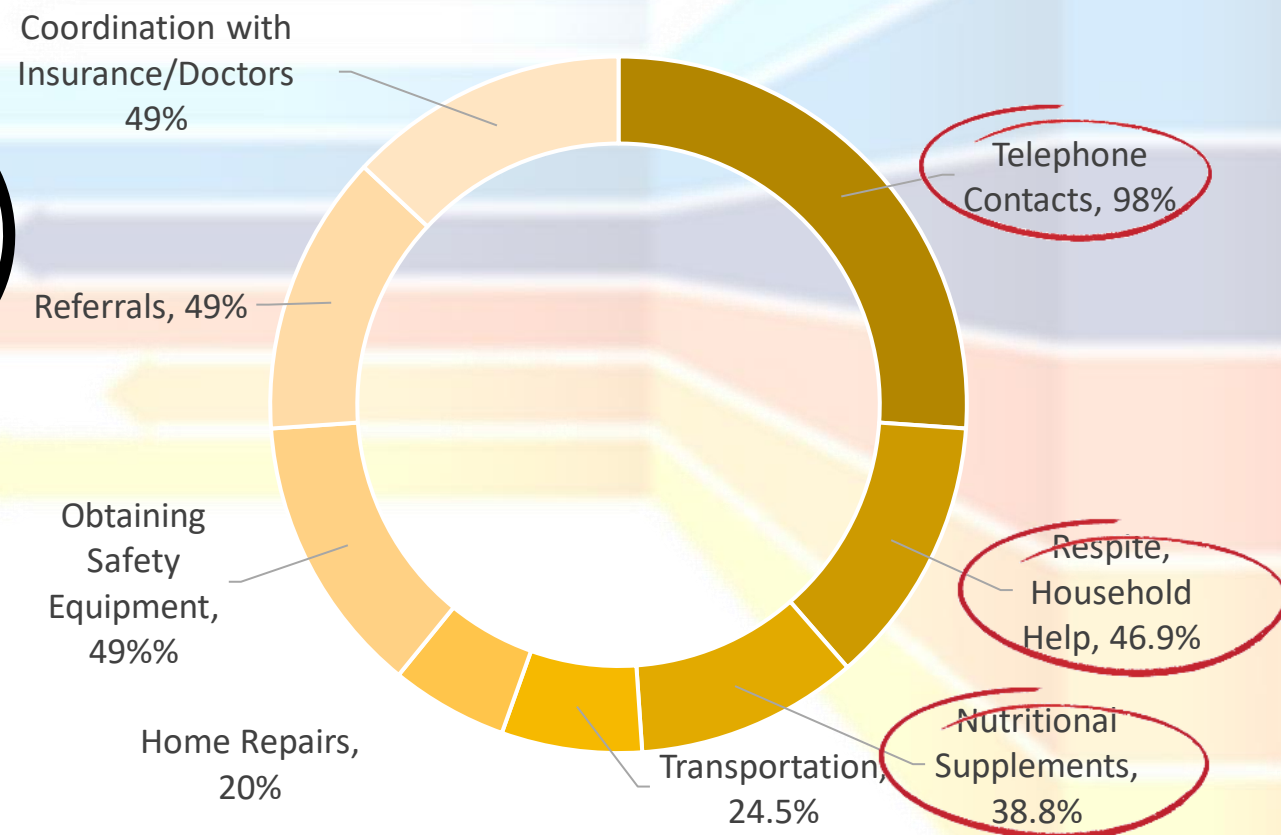
100% of the clients who participated said they found MSSP helpful to them.

**Please mark which MSSP services you found most helpful.**

"During these difficult COVID times, [my case worker] has truly been with us every step of the way- not only helping with resources-but provided a listening ear when I struggled as a caregiver and providing hope."

"...it makes our life much easier."

"MSSP has been such a remarkable help to me. I want to thank you so much for these services..."





# Care Pathways Satisfaction Survey

**80**  
**participants**



# Care Pathways Satisfaction Survey

-Responses-

**88%** of participants

felt that their support group **helped** them **reduce some of the stress** associated with being a caregiver.

**90%** of participants

felt that their support group **helped** them **cope more effectively** as a caregiver.

**91%** of participants

felt that their support group **gave** them **problem-solving methods** in their role as a caregiver.

"Thanks to this support group, I learned to take care and love myself more. I also learned that it is ok to seek help when I need it and say "no" to unnecessary obligations. Moreover, the communication between my father and I has been better. I no longer feel like I have to slave myself to him. Thank you so much."

"I think that the support is necessary, it reminds us that this is not forever."

# Focus Group

20 community-based organizations

Reviewed 2018-19 focus group data

## COVID-19 Check-in

Over 20 senior/community centers provided feedback.



# Focus Group: COVID-19 Check-in

Between 2018 and 2019, RCOoA conducted 5 focus groups county-wide to get a better picture of our county's needs.

**Service providers and senior centers identified the following key issues:**

Isolation

Community-Based Supports/Aging in Place

Transportation

Meals & Nutrition

Funding

Caregiver Support



Additional issues raised by Service

Providers:

Person-Centered Care

Forward Thinking/Future Planning

Cultural/Language Barriers

Additional issues raised by

Senior Centers:

Physical Education

Technology Education

Intergenerational Activities

# Focus Group: COVID-19 Check-in

In September 2021, RCOoA held a **focus group to check in with providers and senior centers about the effects of COVID-19** on their scope of work.

Participants shared that although key issues did not change from prior years, **COVID-19 has brought certain issues to the forefront**, many of which they found concerning.

**Providers and Senior Centers identified the following issues highlighted by the onset of COVID-19:**

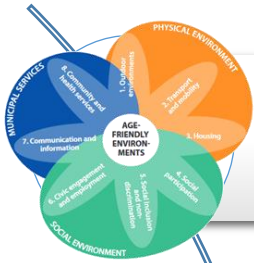
- Extreme isolation of older adults and an increase in abuse and neglect.
- Fear of going out due to contracting COVID-19.
- Increase in food insecurity amongst clients.
- Caregivers under high stress and in need of more support.
- Growing digital divide amongst older adults, and the need for OOA social media platforms.



# Goal Development Process

2020-2024

# How the current goals were developed



**World Health Organization:** Physical Environment, Social Environment, and Municipal Services



**California Master Plan on Aging:** Housing for all ages and stages, Health Reimagined, Inclusion & Equity, Not Isolation, Caregiving that works, Affordable Aging



**Riverside County 7 Bold Steps:** Healthy, sustainable and safe communities, Easy access and coordination and services of appropriate health care including preventative services, Housing choices [that eliminate] homelessness



**Community Focus Groups:** Data collection, Accessible services & integrated care, outreach and networking, and innovation.



**OoA Call Center Data:** Meals & food, Vaccine registration, Transportation assistance, In-home care, housing options, case management, financial assistance, residential home repair/modifications, utility assistance, legal or insurance counseling services, APS, Medical assistance, GRG, Care giver support



# Goal Setting

2020-2024



# 2020-2024 GOALS

1

Participate in discussions, coalitions, and collaborations, and initiatives that focus on developing [age-friendly, disability friendly communities](#) that support older adults and persons with disabilities allowing them to remain in the homes and communities of their choice.



**No changes to the current objectives**

## Focus of the Objectives:

- Housing assistance
- Transportation assistance
- Age-friendly community initiatives
- Older adult homelessness
- Home repairs & modification
- Emergency assistance
- Mobility management
- Falls prevention

# 2020-2024 GOALS

2


Support and assist in the expansion of engaging programs and environments for older adults through:

*Enhanced education regarding promising practices*

*Increased sharing of information and resources to promote/expand age-friendly environments*

*User-friendly mechanisms for feedback and recommendations*

*Providing opportunities for employment and volunteering*

- 
- Goal 2. A. 1. **COMPLETED.**
  - Goal 2. E. 2. **MODIFIED:** to eliminate reference to SNAP-Ed program.

## Focus of the Objectives:

- Volunteerism
- Employment
- Community assessment
- Outreach
- Census 2020
- Community education
- Health & Wellness
  - Nutrition
  - Exercise
  - Social interaction
- New community-based programming
- Peer support/advocacy

# 2020-2024 GOALS

3

Increase access to local resources through integrated partnerships and the promotion of [“No Wrong Door”](#) service provision.



- Goal 3. a. 1. **REVISED** to include reference to the County-wide IBM Design Thinking process, enhanced care management initiatives (ECM), and Joint Operations Collaborative efforts.
- Goal 3. A. 7. **ADDED**: Expand outreach to include social media (e.g., Facebook) and email newsletters/updates for announcements and reminders *(from OoA Leadership Team Strategic Plan)*
- Goal 3. C. 6. **ADDED**: Participate in the Master Plan for Aging Inland Empire Advisory Committee to develop regional solutions to MPA implementation *(from OoA Leadership Team Strategic Plan)*.

## Focus of the Objectives:

- Integrated programming
- Partnerships/coordination
- Information & assistance
- Health/medical interventions
- Caregiver support
- Alternative funding sources
- Behavioral health

# 2020-2024 GOALS

4

Increase collaborations and training initiatives with local protection and emergency response entities to educate, report, and reduce the abuse and neglect of vulnerable adults.



**No changes to the current objectives**

## Focus of the Objectives:

- Elder justice initiatives
- Emergency/Disaster preparedness
- Legal services
- Caregiver education
- Low-income communities

# New Focal Points

Designated Community Focal Point	Address	Contact Information
<b>Anza Community Hall</b>	56630 CA-371, Anza CA 92539	(951) 282-4267
<b>Idyllwild HELP Center</b>	Mail: P.O. Box 660 26330 Hwy 243	951-659-2110
<b>Indio Hills Sr. Program (Desert Recreation District)</b>	Site: 80-400 Dillon Rd. Indio, CA 92201	(951) 943-9126
<b>Mecca Senior Center/Mecca Community Center (Desert Recreation District)</b>	91275 66th Ave. Mecca, CA 92262	(760)-347-3484
<b>Morongo Community Center</b>	13000 Malki Road Banning, CA 92220	(951)-849-4761 Ex. 1899
<b>North Shore Senior Program (Desert Recreation District)</b>	North Shore Beach & Yacht Club 99-155 Sea View Dr. Mecca, CA 92254	(760)-347-3484
<b>Silver Feather Hall (Pachanga Band of Luiseño Indians)</b>	P.O. Box 1477 Temecula, CA 92593	(800) 732-8805, Ext. 1799
<b>Torrez Martinez Senior Center (Torrez Martinez Desert Cahuilla Indians)</b>	66-725 Martinez Road Thermal, CA 92274	(760) 397-0300



**NEW!**

# 2022-2023 Adequate Proportions

**Category of Service and the Percentage of Title III B Funds expended in/or to be expended in FY 2020-21 through FY 2023-2024.**

## **Access:**

Transportation, Assisted Transportation, Case Management, Information and Assistance, Outreach, Comprehensive Assessment, Health, Mental Health, and Public Information: [25.9%](#)

## **In-Home Services:**

Personal Care, Homemaker, Chore, Adult Day / Health Care, Alzheimer's, Residential: [6%](#)

## **Legal Assistance Required Activities:**

Legal Advice, Representation, Assistance to the Ombudsman Program and Involvement in the Private Bar: [3.5%](#)





*Public comment may be submitted  
in writing until 5:30 PM today*

## ***Cecilia Nava***

*Administrative Services Analyst II/Area Planner*

*Planning and Community Services*

*Riverside County Office on Aging*

*3610 Central Ave. Suite 102 Riverside, CA 92506*

*[cnavarivco.org](mailto:cnavarivco@rivco.org)*

*Ph: 951-867-3800 or 1-877-932-4100*



**~END~**





## *California Senior Legislator Elections*

### **Are you:**

- ✓ Age 55 or over
- ✓ Aware of and involved in senior-related issues in **Riverside County**
- ✓ Driven to make a difference in the lives of aging Californians
- ✓ Willing to volunteer
- ✓ Interested in representing Riverside County at the state level

If so, please visit the California Senior Legislature (CSL) website for more information:

[www.4csl.org](http://www.4csl.org)

**Election packets are due no later than March 31, 2022**

For questions and to obtain or submit an election packet, contact:

**Email:** [AC@rivco.org](mailto:AC@rivco.org)

**Phone:** (877) 932-4100

**TRS/TYY:** 711



## APPLICATION FOR CSL CANDIDACY

PSA \_\_\_\_\_

Incumbent \_\_\_\_ New Candidate \_\_\_\_

Name of Candidate \_\_\_\_\_

Address \_\_\_\_\_

City & Zip \_\_\_\_\_

Telephone(s) (Home) \_\_\_\_\_ (CP) \_\_\_\_\_

Email \_\_\_\_\_

My State Senator is: \_\_\_\_\_ District # \_\_\_\_\_

My State Assembly member is: \_\_\_\_\_ District # \_\_\_\_\_

My Congressional Representative is: \_\_\_\_\_ District # \_\_\_\_\_

For the Office of \_\_\_\_\_ I certify that  
(Senior Senator/Senior Assemblymember)

- I am 55 years of age on election day,
- I am a registered voter
- I reside in the Planning and Service Area (PSA) for which the election is held,
- I own a functioning computer and a printer. (Note: Ideally, the printer would be an all in one printer, fax, copier and scanner.)
- I have a personal email account and basic access to and knowledge of how to use email, transmit documents, and open MSOffice and PDF documents,
- I possess the ability to take top senior concerns/issues at local level and draft them into a legislative proposal following a template.
- I have the ability to navigate the Capitol Building in Sacramento as well as my local community.
- I can commute to and from the Capitol Building in the same day.

I agree that all decisions regarding my candidacy, election and/or recall are the responsibility of the CSL JRC and are final and binding.

Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

Attach the following documents to this application:

- Resume outlining broad base of experience at the city and county levels on issues dealing with seniors
- Signed Code of Ethics
- Signed Volunteer Agreement and Waiver
- Signed Statement of Commitment

## CODE OF ETHICS

Recognizing that the needs of the over 60 age groups are in the interests of all people, the California Legislature in 1980 created the California Senior Legislature to propose legislation to meet the needs and concerns of Older Californians.

Members of the Senior Legislature elected by their peers are cognizant of their obligation to discharge the responsibility given to them by the State Legislature, and vow to follow the path of high moral conduct and service implicit in the following code:

1. I realize that I am subject to a code of ethics
2. I accept the plural ethnicity of California Senior Legislature members, their cultural and educational variations. I will value the commitment of each as much as I do my own, and show respect to each.
3. I will show respect to the members of the State Legislature and their staff people.
4. I will work faithfully to accomplish the objectives of the California Senior Legislature.
5. I will work with the Area Agency on Aging and/or Legislative Council and other seniors in my community to develop proposals for legislation addressing their concerns.
6. I will strive to maintain the dignity of the Senior Legislature in all my speaking engagements and written articles.
7. I will be responsible for informing the public as widely as possible concerning the CSL in a positive manner.
8. I recognize and accept the administrative policies, responsibilities, and procedural concepts of the California Senior Legislature as they are enunciated in the CSL Procedures Manual and Bylaws, including the use and design of CSL business cards and stationery.
9. I promise to bring to my work with the California Senior Legislature an attitude of open-mindedness; to be willing to be trained for it; to bring to it interest and attention; and to work in support of CSL programs and priorities.
10. I will attend the annual session of the California Senior Legislature unless excused because of illness or death of a family member or other legitimate reasons.

11. I promise to conduct my campaign for office as either a Senior Senator or Senior Assemblyperson in an ethical, above-board and honest manner, in both my oral

and printed campaign statements. And in no way will I mislead or deceive potential voters while campaigning. I will abide by the final election results and decision of the CSL JRC.

12. I promise not to use my office as a CSL member in any manner that reflects negatively on the high moral standards of the CSL, or negatively on any CSL member.

13. I accept and promise to comply with the STATEMENT OF COMMITMENT.

I have read and accept the code of ethics and intend to follow the code to the best of my ability.

Print Your Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

# STATEMENT OF COMMITMENT

## Responsibilities of Members of the California Senior Legislature

(Note: This is to be signed by the candidate and attached to her or his application.)

As a member of the CSL I:

1. Shall be non-partisan.
2. Shall represent the best interests of state-wide California elderly.
3. Shall express the major concerns of the elderly.
4. Shall speak for the CSL on CSL-approved issues only. Otherwise, shall identify myself as a CSL member expressing own personal views.
5. Shall use only CSL - authorized cards and stationery.
6. Shall identify myself as "Senior Senator" or "Senior Assemblymember" or "Senior Assemblywoman" or "Senior Assemblyman." If given "Emeritus" status one should identify themselves as either "Senior Senator – Emeritus" or "Senior Assemblymember/woman/man – Emeritus".
7. Shall accept the responsibility for submitting at least one proposal every two years.
8. Shall accept the responsibility for attending and participating in all meetings of the Annual Session, except when an extreme emergency arises.
9. Shall develop working relationships in my PSA (Planning and Service Area) with the Area Agency on Aging, the Advisory Council or Commission on Aging and other senior groups and caucuses; and shall routinely attend their meetings and report on CSL activities.
10. Shall develop working relationships with my State and National Legislators and their staffs, particularly with my Legislators' District's staffs.
11. Shall develop and maintain a local legislative advocacy program, keeping up a two-way communication with my constituents.
12. Shall activate letter and phone campaigns to support CSL priority proposals.
13. Shall respond to calls (Alerts) from the Joint Rules Committee (JRC) to write letters, make phone calls, and visit my State Legislators and their District offices on behalf of CSL priority issues.
14. Shall develop and carry out local public relations and publicity for goals established by the CSL.
15. Shall study the Annual Schedule of Suggested Activities and follow this schedule whenever its items are applicable to my local situation.

16. Shall maintain a professional working relationship with all members of CSL as well as with the Area Agency on Aging and the Advisory Council or Commission on Aging.
17. Shall endeavor to raise funds throughout the year in order to meet the funding needs of CSL for travel and reimbursement of expenses of the Annual General Session and for meetings..
18. Shall promote CSL fund-raising activities on a local and statewide level.

As a member of CSL I acknowledge that:

19. Failure to submit at least one original proposal in any one of two consecutive years constitutes failure to live up to this commitment.
20. **Failure to live up** to the STATEMENT OF COMMITMENT and the CODE OF ETHICS is grounds for review, reprimand and possible removal from office by JRC Executive Committee action.
21. All decisions regarding my candidacy, election and/or recall are the responsibility of the CSL JRC and are final and binding.
22. There is no salary connected with this position and that lodging, meals and transportation costs will be furnished for the Annual Session, provided funds are available.
23. Lodging, meals and transportation costs may be furnished for Legislator visits ("Walk the Halls") during the course of the year provided funds are available.
24. Expenses for postage, copying, printing and telephone usage during the year are my responsibility. Transportation costs not referenced above are my responsibility as well.

To Be Signed by the Candidate:

I have read and accept responsibilities noted above and intend to follow these responsibilities to the best of my ability.

Print or Type Your Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

# CALIFORNIA SENIOR LEGISLATURE

## VOLUNTEER AGREEMENT AND WAIVER OF LIABILITY

In consideration of my desire to serve as a volunteer for the California Senior Legislature (CSL), I hereby agree to the following terms:

- I fully understand the nature of the volunteer activities that I will be performing on behalf of CSL and hereby confirm that I am qualified, in good health, and in proper physical condition to participate in such activities.
- I currently have no known mental or physical condition that would impair my capability for full participation as intended or expected of me.
- I hereby assume all responsibility for any and all risk of property damage or bodily injury that I may sustain while participating in any voluntary capacity including the use of equipment and facilities in connection with CSL volunteer duties.
- I acknowledge and agree that CSL, its directors and officers, its volunteers or any of its representatives, are not liable to me for any injuries, damages, liabilities, losses, judgments, costs or expenses which I might suffer or sustain in connection to the performance of my volunteer activities for CSL.
- Further, I, for myself and my heir, executors, administrators and assigns, hereby release, waive and discharge CSL and its officers, directors, employees, agents and volunteers of and from any and all claims which I or my heirs, administrators and assigns ever may have against any of the above for, on account of, by reason of or arising in connection with such volunteer activity or my participation therein, and hereby waive all such claims, demands and causes of action. I will indemnify, defend and hold CSL harmless from and against any claims, lawsuits, injuries, damages, losses, costs or expenses sustained by any person in connection with my participation in CSL activities and elections.
- If I suspend volunteer activities, or upon request, I will promptly return all CSL supplies, equipment, records, moneys and other items in good, clean, serviceable condition. This Agreement is binding upon CSL, CSL representatives, me and my respective heirs, successors, assigns, executors and personal representatives.
- I hereby grant and convey to CSL all right, title and interest in any and all photographic images in which I appear including video or audio recordings, made by CSL or others on CSL's behalf during my volunteer work for CSL, including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings. I expressly agree that this Waiver is intended to be as broad and inclusive as permitted by the laws of the State of California, and that this Waiver shall be governed by and interpreted in accordance with the laws of the State of California. I agree that in the event that any clause or provision of this Waiver shall be held to be invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this Release which shall continue to be enforceable.

Further, I have carefully read the foregoing Agreement and Waiver and understand the contents thereof and sign this release as my own, free act. I agree to abide by every term specified above and will not dispute or challenge them in any way form or fashion.

Signed on this \_\_\_\_ day of \_\_\_\_\_, 2022

\_\_\_\_\_  
Printed Name of CSL Volunteer

\_\_\_\_\_  
Signature of CSL Volunteer





### CSL Funding

- The California Senior Legislature advocacy program is supported entirely by donations.
- Californians have the opportunity to donate to the **California Senior Citizen Advocacy Fund (Code 438)** through the Voluntary Contribution Section of the California State Income Tax Return. This donation is tax deductible.

### Friends of CSL

- Supporters of the CSL can join the **Friends of CSL**.
- Friends of CSL members will be kept informed of ongoing CSL activities and actively support senior initiatives.
- Membership forms can be found on the CSL website at [www.4csl.org](http://www.4csl.org).

### Direct Donations to CSL

- Individuals, organizations and businesses can also make tax-deductible donations.
- Donations can be made payable to **CFoA/CSL** and be sent to:

The California Senior Legislature  
1020 N. Street, Room 513  
Sacramento, CA 95814



## Your support of the CSL is crucial for Aging Californians

- \$50 helps support important senior legislation.
- \$100 helps sponsor important senior bills.
- \$200 enables us to reach seniors about important developments that will improve the lives of aging Californians.
- \$500 will send two volunteer elected Senior Legislators to Sacramento to testify at a crucial senior hearing.

Your generous tax-deductible support will ensure that seniors' voices will be heard and priority senior concerns will continue to be on the legislative agenda in Sacramento.

The California Senior Legislature  
1020 N Street, Room 513  
Sacramento, CA 95814  
Ph (916) 552-8056  
Fx (916) 552-8013



[www.4csl.org](http://www.4csl.org)



# THE CALIFORNIA SENIOR LEGISLATURE

*Ensuring a better  
quality of life for  
California's Seniors*





## CSL's Purpose

- Identify priority senior concerns.
- Develop legislative proposals in response to those concerns.
- Advocate for the inclusion of those concerns in legislative proposals of the State Legislature.
- Influence others to be more effective in public policy on behalf of seniors.

## California Senior Legislature (CSL)

- Established as a State Agency, CSL is made up of 40 Senior Senators and 80 Senior Assembly Members, elected as non-partisan representatives of California's 6.9 million seniors. (2014 CDA Population Demographics)
- The 120 Senior Legislators meet annually in legislative session. At this annual session, priority senior concerns are identified to improve the lives of all aging Californians.
- The CSL advocacy efforts are funded by direct donations and voluntary contributions to the **California Senior Citizen Advocacy Fund (Code 438)** on your California Tax Return.

## CSL Member Responsibilities

- Meet with senior constituents in their area to develop and draft proposals for the CSL session.
- Solicit support for CSL from contributors to the **California Senior Citizen Advocacy Fund (Code 438)**.
- Develop and maintain a program of local advocacy.
- Testify at hearings and activate letter and email campaigns in support of priority proposals.

## Joint Rules Committee (JRC)

- The Joint Rules Committee continues to move the CSL to more effective advocacy while maintaining a fiscally sound organization.

## Legislative Committee

- This is the advocacy body of the CSL.
- There are ten elected members.
- They encourage members of the Legislature to convert CSL priority proposals into legislation and ensure that the voices of seniors throughout the Golden State are heard in Sacramento.

## How To Get Involved

- Identify priority senior concerns for your area.
- Be part of an Advocacy Network by staying in contact with your Senior Legislator. He or she will need your support and help with the passage of CSL's annual legislative package.
- Californians have the opportunity to donate to the **California Senior Citizen Advocacy Fund (Code 438)** through the Voluntary Contribution Section of the California State Income Tax Return. This donation is tax deductible.
- Join the "Friends of the CSL." Additional information can be found on the CSL website, [www.4csl.org](http://www.4csl.org).

## CSL Accomplishments

- The CSL has enjoyed a significant success rate. To date, over 200 proposals have been signed into law, improving the lives of all aging Californians.
- These efforts have significantly enhanced the quality of life for older Californians. They impact such matters as nursing home reform, adult day health care, Alzheimer's programs, transportation for the frail and elderly, elder abuse, Medicare assistance programs, veterans' issues, and crimes against the elderly.



[www.4csl.org](http://www.4csl.org)



**SECTION 17 - ADVISORY COUNCIL**

**ADVISORY COUNCIL MEMBERSHIP  
2020-2024 Four-Year Planning Cycle**

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*Older Americans Act Reauthorization Act of 2016 Section 306(a)(6)(D)  
45 CFR, Section 1321.57 CCR Article 3, Section 7302(a)(12)*

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Total Council Membership (include vacancies): **17**

Number of Council Members over age 60: **7**

	<u>% of PSA's 60+ Population</u>	<u>% on Advisory Council</u>
<b>Race/Ethnic Composition</b>		
White	<b><u>38%</u></b>	<b><u>18%</u></b>
Hispanic	<b><u>47%</u></b>	<b><u>12%</u></b>
Black	<b><u>6%</u></b>	<b><u>18%</u></b>
Asian/Pacific Islander	<b><u>6%</u></b>	<b><u>0%</u></b>
Native American/Alaskan Native	<b><u>1%</u></b>	<b><u>0%</u></b>
Other (Multiracial)	<b><u>2%</u></b>	<b><u>0%</u></b>

**Name and Title of Officers:** **Office Term Expires:**

<b>Chair:</b> <i>Steve Mehlman, Beaumont</i>	6/30/2023
<b>Vice-Chair</b> <i>Javier Lopez, District 4 Appointee, La Quinta</i>	6/30/2022
<b>Parliamentarian:</b> <i>Barbara Mitchell, Riverside</i>	6/30/2024

**Name and Title of other members:** **Office Term Expires:**

<b>VACANT</b> , <i>Riverside, District 1 Appointee</i>	6/30/2024
<b>VACANT</b> , <i>District 2 Appointee,</i>	6/30/2023
<b>VACANT</b> , <i>District 3 Appointee</i>	6/30/2023
<i>Debbie Franklin, District 5 Appointee, Banning</i>	6/30/2023
<i>Cynthia Lemus, Perris</i>	6/30/2023
<i>Donald Brock, Hemet</i>	6/30/2024
<i>Mark Cox, Yucaipa</i>	6/30/2024
<i>Teresa Chappell, San Jacinto</i>	6/30/2024
<b>VACANT</b>	6/30/2022
<b>VACANT</b>	6/30/2024
<b>VACANT</b>	6/30/2022
<b>VACANT</b>	6/30/2024
<b>VACANT</b>	6/30/2023
<b>VACANT</b>	6/30/2023

## ADVISORY COUNCIL RECRUITMENT STRATEGY 2022

Updated 3.7.22

Indicate which member(s) represent each of the “Other Representation” categories listed below.

Yes No

- Low Income
- Representative Disabled
- Supportive Services
- Provider Representative
- Health Care Provider
- Family Caregiver
- Representative Local
- Elected Officials
- Individuals with Leadership Experience in Private and Voluntary Sectors
- HIV/AIDS

Explain any "No" answer(s):

- **Provider Representative:** Recent member resignation was the provider representative. Will be replaced with another provider representative through recruitment process.
- **Health Care Provider:** Recent member resignation was the Health Care Provider representative. Will be replaced with another provider representative through recruitment process.
- **HIV Representative:** Per CDA Program Memo 21-29, HIV status has been added to the Welfare and Institutions Code section 901 with regard to targeting services to older adults who face the “*greatest social need*”. This addition is consistent with “Objective D: Equitable Access for All” contained in the 2021-2025 Older Americans Act State Plan, which emphasizes the importance of advancing equity by working to ensure that those individuals living with HIV have the services and supports they need. As such, PSA 21 will attempt to add representation for those living with HIV to the Advisory Council, if possible.

**Explain any expiring terms – have they been replaced, renewed, or other?**

- *Expiring terms scheduled for 6/30/2022, will either be renewed prior to July 1, 2022, or become vacant and filled as soon as possible.*

Briefly describe the local governing board’s process to appoint Advisory Council members:

- *Twelve members of the Advisory Council are selected by the Council members. Vacancies are advertised in the local papers, on the agency’s website, and through an email blast to the collaborative partner networks and local senior organizations.*

*Applications are accepted and screened by the Membership Committee of the Advisory Council. The accepted applicants are then interviewed by the Membership Committee. Once selected, the proposed member is presented to the Advisory Council and the application is voted on as an*

## **ADVISORY COUNCIL RECRUITMENT STRATEGY 2022**

### **Updated 3.7.22**

*action item on the agenda. After approval by the Advisory Council, a request for approval is submitted to the Riverside County Board of Supervisors. Once approved by the Board, the applicant becomes a member of the Advisory Council.*

*The five remaining members of the Advisory Council are selected by each member of the Board of Supervisors to represent their district. Each Board Supervisor completes his/her applicant's application, interview, and selection process. Once a member has been selected, the Board Supervisor informs RCOoA of the selection.*

## ADVISORY COUNCIL RECRUITMENT STRATEGY 2022

Updated 3.7.22

### Current AC Ethnic Make-Up Vs. County Representation

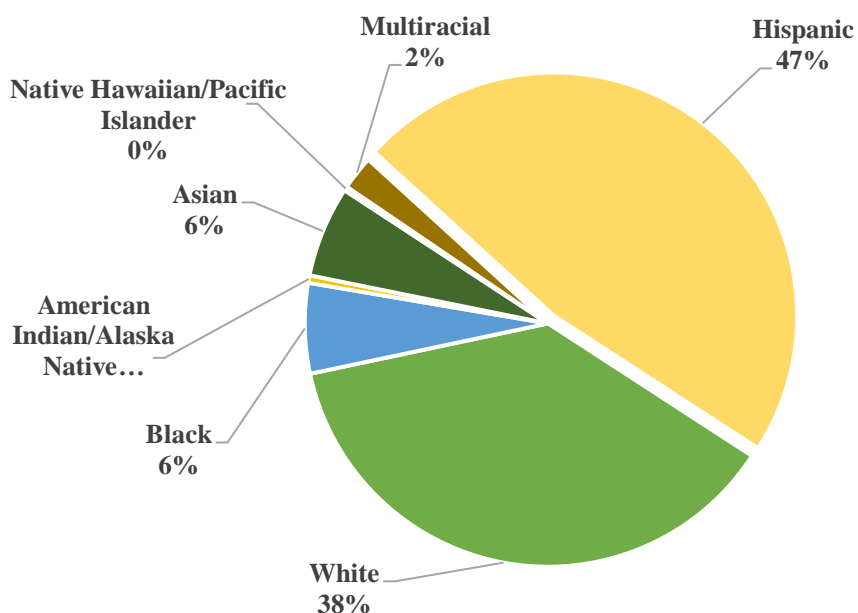
ETHNICITY	CURRENT MEMBERS	% of AC Membership	County Representation	Members Needed	TOTAL AC
White	3	18%	38%	4	7
Hispanic	2	12%	47%	6	8
African American	3	18%	6%	0	0
API*	0	0%	6%	1	1
Native American	0	0%	1%	1	1
Other/Multiracial	0	0%	2%	1	1

*\*Must have API representation Have not had any in several years.*

### Current District Representation Vs. Representation Needed (Appx 18% PER District)

DISTRICT	CURRENT MEMBERSHIP	% OF AC MEMBERSHIP	NUMBER NEEDED FROM EACH DISTRICT
ONE	0	0%	3
TWO	2	12%	1
THREE	1	6%	2
FOUR	1	6%	2
FIVE	4	24%	0

Also need representation for HIV/AIDS advocacy and the LGBTQ community



# Riverside County Advisory Council on Aging

3610 Central Ave., Third Floor, Riverside, CA 92506  
Local: (951) 867-3800 • Toll Free: (800) 510-2020 • TRS/TTY: 711

The mission of the Riverside County Advisory Council on Aging is to advocate for all older persons and adults with disabilities to improve their lives.

## Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

**Report Deadline Submission:** ***The first Monday of the month.***

---

**Assignment:** Bylaws Committee  
**Name:** Barbara Mitchell  
**Title:** Chair  
**Report Date:** March 9, 2022

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**Last Meeting/Event:** **Bylaws Committee Meeting**  
**Date:** February 16, 2022

**Main Points:**

- Bylaws Committee reviewed and edited the Bylaws returned from County Counsel
- Committee approved the Bylaws and referred them to the Advisory Council on Aging for review and approval at the March meeting
- Bylaws sent to all members for their review prior to the March Advisory Council on Aging meeting

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## Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

**Report Deadline Submission:** *The first Monday of the month.*

---

**Assignment:** Rose M. Eldridge Senior Center  
**Name:** Barbara Mitchell  
**Title:** Senior Center Ambassador  
**Report Date:** March 9, 2022

---

**Last Meeting/Event: Scheduled Meeting**

**Date:** February 28, 2022

**Main Points:**

- Center reopened February 28, 2022.
  - Current hours:
    - Monday, Wednesday, Thursday 8am – 3 pm
    - Tuesday 8 am – 4 pm
    - Friday – 8 am – 12:30 pm
  - Congregate meals 11:30 am – 12:30 pm
  - All classes are open.
-



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## Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

**Report Deadline Submission:** *The first Monday of the month.*

---

**Assignment:** Janet Goeske Senior Center  
**Name:** Barbara Mitchell  
**Title:** Senior Center Ambassador  
**Report Date:** March 9, 2022

---

### **Last Meeting/Event: Scheduled Meeting**

**Date:** February 28, 2022

### **Main Points:**

- Center is currently open:
    - Monday 8 am – 6 pm
    - Tuesday & Wednesday 8 am – 9 pm
    - Thursday & Friday 8 am – 6 pm
    - Saturday 9 am – 5 pm
  - All classes are open; congruent meals 11:30 am – 12:30 pm
-

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## Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

**Report Deadline Submission:** *The first Monday of the month.*

---

**Assignment:** Norton Younglove Community Center  
**Name:** Barbara Mitchell  
**Title:** Senior Center Ambassador  
**Report Date:** March 9, 2022

---

**Last Meeting/Event: Scheduled Meeting**

**Date:** February 28, 2022

**Main Points:**

- Center is currently open:
    - Monday - Thursday 8 am – 4 pm
    - Friday 8 am – 2 pm
  - Congregate meals are not available.
  - Drive-through meals:
    - Wednesday 11 am – 1 pm
  - Limited classes:
    - Line dancing
    - Polynesian dancing
    - Exercise
-

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## Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

**Report Deadline Submission:** ***The first Monday of the month.***

---

**Assignment:** Planning Committee  
**Name:** Debbie Franklin  
**Title:** Chair  
**Report Date:** March 9, 2022

---

**Last Meeting/Event:** Planning Committee Meeting  
**Date:** February 16, 2022

### **Main Points:**

- The committee will provide staff a list of general speaking topics to potentially include in an Advisory Council speaker kit.
- Staff will return information to support the committee's development of a speaker kit.
- The committee will develop a door-knocker outreach campaign.
  - Staff will draft a door-knocker outreach piece before the next committee meeting in May.
- Discussed the possibility of having Advisory Committee members attend OoA outreach events.
- The Planning Committee will try to recruit one additional committee member.
- Next committee meeting will be held in May, the date to be determined.