

RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING PLANNING COMMITTEE MEETING

April 12, 2021
1:00 p.m. – 2:00 p.m.

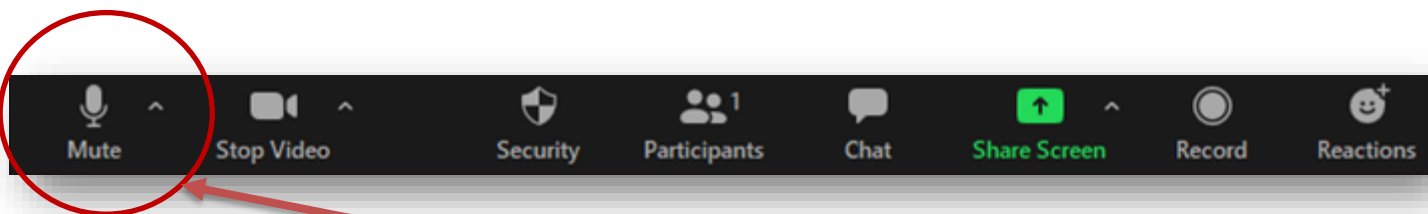
Meeting Location: Zoom

<https://zoom.us/j/96862428781?pwd=SDFBMTVWcS91RGU5WGF6VXIZbTV1UT09>

Meeting ID: 968 6242 8781

Meeting passcode: 080213

Join by phone: +1 669-900-9128 US Toll



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MISSION STATEMENT

The mission of the Riverside County Advisory Council on Aging is to advocate for all older persons and adults with disabilities, to improve their lives. ¹

AGENDA

1. FIRST ORDER OF BUSINESS – Debbie Franklin, Chair

1.1. Called meeting to order at 1:00 p.m.

1.2 Roll Call – Debbie Franklin, Chair

Planning Committee Members:

- Debbie Franklin, Chair
- Barbara Mitchell
- Bev Greer
- Javier Lopez
- Steve Mehlman

Riverside County Office on Aging Staff:

- Jamiko Bell, Administrative Services Officer
- Stacie Catlin, Program Specialist II

2. ACTION ITEMS – Debbie Franklin, Chair



2.1. APPROVE THE MINUTES OF THE FEBRUARY 16, 2021 MEETING

Must abstain: B. Greer; J. Lopez; and S. Mehlman

Motion by:

Seconded by: Open Discussion:

Roll Call Vote: No quorum was present. Item tabled until the next meeting.

AGENDA

3. DISCUSSION ITEMS – Debbie Franklin, Chair

3.1. Reviewed the 2021 Area Plan on Aging goal planning update and decided to revisit this topic at the next Planning Committee meeting to give committee members an opportunity to review and make any comments.

3.2. Determined the next meeting date would be held as follows:

May 3, 2021

11:00 a.m. – 12:00 p.m.

Zoom

4. MOTION TO ADJOURN – Debbie Franklin, Chair

Motion by: S. Mehlman

Seconded by: D. Franklin

Roll Call Vote: Motion passed.

**Office of Aging
Planning Committee**

Plan Goal 1 – Access is Key – Enhancing local community services

Goal IV – Working beyond Partnership; Developing True System Integration

Committee Focus

Developing plan updates

Review legislation for and advise AC regarding potential impacts on older adults

Areas for Input –

1. Identify and provide opportunities for individuals to volunteer in the community as a way of increasing social engagement and interaction.
2. Expand existing Coachella Valley (East County) RSVP program into West County and south County areas with additional funding.
3. Develop a volunteer (peer-support) friendly caller program to reduce isolation.
4. Conduct community assessments from community events and activities
5. Conduct nutrition assessments surveys from congregate and home delivered meal clients
6. Conduct surveys with specific constituencies and target communities (non-English speaking, LGBTQ, etc. and/or on specific topics (housing, transportation, caregiving, etc.)
7. Expand the current Fit After 50 program to all focal points
8. Expand the Walk with Ease program to all focal points
9. Conduct outreach in all areas via the Info Van
10. Conduct community education presentations via online and virtual formats
11. Educate individuals and organizations about RCOBA and available ADRC services and support
- 12. Advisory Liaisons – Participate in discussions, coalitions, and collaborations that seek to develop a modern, age- friendly infrastructure that supports older adults and allows them to remain in their homes and communities**
13. Facilitate the ongoing involvement of the LGBTQ community in the valuation, development, and expansion of aging services.
14. Educate individuals in the community about the importance of emergency and disaster preparedness
15. Conduct targeted outreach regarding available services to vulnerable /isolated older adults, persons with disabilities and their caregivers
16. Participate in community collaborations' that increase awareness of and address abuse issues including prevention, fraud and neglect.
17. Educate individuals about the many forms of elder abuse
18. Provide individuals with the information and tools to protect against economic fraud
19. Conduct targeted outreach regarding available services to vulnerable /isolated older adults, persons with disabilities and their caregivers



Goal Setting

2021-2022

2020-2024 GOALS

1

Participate in discussions, coalitions, collaborations, and initiatives that focus on developing [age-friendly disability friendly communities](#), which support older adults and persons with disabilities, allowing them to remain in the homes and communities of their choice.

Objective A: Assist with providing safe and affordable housing solutions to keep older adults and persons with disabilities in the homes and communities of their choice.

1. Provide emergency assistance in the form of housing, rental, utility, transportation, home repairs and modifications, falls prevention, and mobility management assistance.
2. Through a partnership with the Riverside University Health System – Behavioral Health, Department of Public Social Services - Adult Services Division, and the Riverside County Housing Authority, provide stabilization and wrap around supportive services for 20 older adults who are homeless or have unstable housing. This is a non-OAA funded program.

Objective B: Participate in existing age-friendly and disability-friendly initiatives occurring within the planning and service area.

1. Identify ongoing initiative



Where AC can help



2020-2024 GOALS

2

Support and assist in the expansion of [engaging programs and environments](#) for older adults through:

- *Enhanced education regarding promising practices*
- *Increased sharing of information and resources to promote/expand age-friendly environments*
- *User-friendly mechanisms for feedback and recommendations*
- *Providing opportunities for employment and volunteering*



Objective A: Provide opportunities for individuals to engage in social and civic engagement, employment, and volunteerism.

1. Advocate for mature worker programs via the Riverside County Workforce Innovation and Opportunity Act board and other local networks.
2. Identify and provide opportunities for individuals to volunteer in the community as a way of increasing social interaction and engagement.
3. Expand existing Coachella Valley (East County) RSVP program into West County and South County areas with additional funding.
4. Develop a volunteer (peer-support) friendly caller program with 60 volunteers reaching out to 200 seniors in order to reduce isolation.

Objective B: Assist the community, senior centers, non-profit organizations and those who serve older adults over age 60 with modified services due to COVID-19.

1. Seek out and assist with the development of specific programs/ projects designed to increase technology access and usage, including the on among older adults.
loneliness and isolation

2020-2024 GOALS



Objective C: Conduct community assessments to obtain critical information from the community and key constituencies.

- 1. Conduct community assessments from community events and activities.**
- 2. Conduct nutrition assessment surveys from congregate and home delivered meal clients.**
- 3. Conduct surveys with specific constituencies and target communities (non-English speaking, LGBTQ, etc. and/or on specific topics (housing, transportation, caregiving, etc.).**
- 4. Develop and/or implement alternative, user-friendly mechanisms for information gathering including online platforms.**

Objective D: Provide information, education, and programming that encourage individuals to remain active, social, and engage in activities that promote healthy aging.

- 1. Expand the current Arthritis Foundation Exercise Program (known locally as the Fit After 50 program) to all focal points.**
- 2. Expand the Walk with Ease program to all focal points.**
- 3. Develop new IID exercise program for community settings.**
- 4. Develop alternative exercise and fitness programs for online and virtual platforms.**

2020-2024 GOALS



Objective E. Conduct outreach and provide educational presentations on available programs and services.

1. Conduct outreach in all areas of the PSA via the Info Van.
2. Provide nutrition education to low-income older adults in local community and senior centers via the SNAP Ed program.
3. **Conduct community education presentations via online and virtual formats.**
4. Partner with community-based organizations to explore and implement alternative outreach methodologies that do not require face-to-face contact.



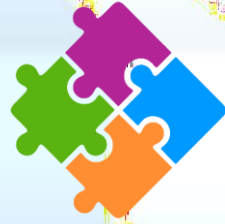
2020-2024 GOALS

3

Increase access to local resources through integrated partnerships and the promotion of “No Wrong Door” service provision.

Objective A: Improve access to community-based services and supports.

1. Coordinate with county departments and local health care providers to implement a system of person-centered care that eliminates duplication, improves services, and resolves client problems related to service delivery, in order to address the specific needs of frail elderly clients. Specific initiatives include the Holistic Assessment, Resources, and Transitions for Seniors (HARTS) and Health Homes programs. This is a non OAA funded program.
2. Participate in discussions, coalitions, and collaborations that seek to develop a modern, age-friendly infrastructure that supports older adults and allows them to remain in their homes and communities.
3. Through the efforts of the ADRC, coordinate with community partners to provide information to individuals related to the kinds of services and supports available within the local community with special emphasis on rural and isolated areas.
4. **Educate individuals and organizations about RCOoA and available ADRC services and supports.**
5. Through a contracted provider, RCOoA offers Ombudsman services to assist older adults with their effort to seek resolution to problems and to advocate for the rights of residents in long term care facilities. Services are provided throughout the PSA.
6. Provide FCSP caregiver services including, but not limited to, support group, training, case management, overnight and in-home respite, material aid, outreach, information and assistance, as well as provide public information and community education on caregiving.



2020-2024 GOALS

3

Objective B: Explore funding opportunities to enhance and expand existing services and to facilitate new services.

1. Research and apply for additional funding for aging services programs to increase coordinated care services and supports.

Objective C: Develop new policies, procedures, programs, and initiatives that improve access to community-based services for targeted populations.

1. Through a partnership with the Riverside County Department of Public Social Services Adult Services Division, conduct needs assessments with 200 clients currently receiving emergency COVID services via the new COVID CARES program. This is a non OAA funded program.
2. Purchase and distribute supportive technology solutions to enhance access of older adults and disabled persons to services and supports including, telehealth, support groups, connection with friends and family, and other web-based support services.
3. **Facilitate the ongoing involvement of the LGBTQ community in the valuation, development, and expansion of aging services.**
4. Advocate for the needs of low-income individuals, to bridge the gap of the “hidden poor”, and those who are not eligible for Older American Act services (due to age or income) in RiversideCounty.
5. Provide service linkages and financial assistance to older adults, persons with disabilities and their caregivers.



2020-2024 GOALS

4

Increase collaborations and training initiatives with local protection and emergency response entities to educate, report, and reduce the abuse and neglect of vulnerable adults.

Objective A: Provide individuals with the information and resources available to assist with economic security, self-sufficiency, and safety.

1. Provide ongoing sensitivity training for staff, caregivers and providers through the use of virtual reality technology.
2. Educate individuals in the community about the importance of emergency and disaster preparedness.
3. Conduct targeted outreach regarding available services to vulnerable/isolated older adults, persons with disabilities, and their caregivers.
4. Participate in community collaborations that increase awareness of and address elder abuse issues including prevention, fraud, and neglect.
5. Educate individuals about the many forms of elder abuse.
6. Provide individuals with the information and tools to protect against economic fraud.
7. Conduct targeted outreach regarding available services to vulnerable/isolated older adults, persons with disabilities and their caregivers.



Riverside County Board of Supervisors

District I: Supervisor Kevin Jeffries

District IV: Supervisor V. Manuel Perez

District II: Supervisor Karen Spiegel

District V: Supervisor Jeff Hewitt

District III: Supervisor Chuck Washington

Office on Aging Staff

- Director: Jewel Lee
- Deputy Director for Administration: Rachelle Román
- Deputy Director of Programs and Operations: Gary Robbins
- Administrative Services Officer/Planner: Jamiko Bell
- Senior Program Specialist: Stephen Geist
- Program Specialist II: Stacie Catlin
- Administrative Services Analyst I: Ryan Emblem

Advisory Council Officers

Chair: Barbara Mitchell

Vice Chair: Steve Mehlman

Parliamentarian: Cynthia Lemus

Board of Supervisors' Appointees

- District I: Lynda House
- District II: Sharron Lambeth
- District III: Vacant
- District IV: Javier Lopez
- District V: Debbie Franklin

Board of Supervisors' Appointees

Anita Johnson

Bev Greer

Donald Brock

Luella Thornton

Victoria Zivku

Vacant

Vacant

Vacant

Vacant

Committee Assignments

Executive Committee (Standing Committee)

Barbara Mitchell – Chair

Steve Mehlman – Vice Chair

Cynthia Lemus – Parliamentarian

Advisory Council Ad-Hoc Committees

Advocacy

Steve Mehlman – Chair

Donald Brock
Luella Thornton

Annual Report

Barbara Mitchell – Chair

Donald Brock

Bylaws

Cynthia Lemus – Chair

Anita Johnson
Barbara Mitchell
Debbie Franklin
Lynda House

Community Connection

Cynthia Lemus – Chair
Luella Thornton- Vice Chair

Phyllis Purcell (CSL)

Healthy Living

Vacant - Chair
Barbara Mitchell – Vice Chair

Luella Thornton
Lynda House
Sharron Lambeth

Membership

Anita Johnson – Chair

Debbie Franklin
Sharron Lambeth
Victoria Zivku

Planning

Debbie Franklin – Chair

Barbara Mitchell
Bev Greer
Javier Lopez
Steve Mehlman

Advisory Council Liaisons

California Senior Legislature	Donald Brock, Senior Senator
California Senior Legislature	Mark Cox, Senior Assembly Member
California Senior Legislature	Phyllis Purcell, Senior Assembly Member
California Senior Legislature	Steve Mehlman, Senior Senator
California Senior Legislature	Vacant, Senior Assembly Member
California Senior Legislature	Vacant, Senior Assembly Member
Continuum of Care	Barbara Mitchell
Disability Independence	Vacant
Foundation on Aging	Barbara Mitchell
Grandparents Raising Grandchildren	Sharron Lambeth
HICAP/Long-Term Care Ombudsman Program	Anita Johnson
Housing	Javier Lopez
IHSS Advisory Council	Donald Brock
Older Adults System of Care	Barbara Mitchell
Transportation Services	Steve Mehlman
Triple A Council of California	Barbara Mitchell
Veterans Services	Donald Brock

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ADA: In compliance with the Americans with Disabilities Act and Government Code Section 54954.2, if special assistance is needed to attend an Advisory Council on Aging meeting, please contact Stacie Catlin at (800) 510-2020, (951) 867-3800, or TTD 711. Notification of at least 48 hours prior to meeting time will assist staff in assuring that reasonable arrangements can be made to provide accessibility at the meeting.

Public Comments: Each speaker may be limited to speak two (2) minutes or less depending on the number of speakers. At the direction of the Chair or by majority vote of the Council, the two (2) minute time limitation may be waived, increased or reduced. The maximum time for public comment for any individual item or topic may be limited to fifteen (15) minutes. The Council may terminate public comments if such comments become repetitious or disruptive. Any written documents to be distributed or presented to the Council shall be submitted to the Council's assigned staff. This policy applies to Public Comments and general comments on agenda items. Under the Brown Act, the Council will not take action on or discuss matters raised which are not posted 72 hours in advance. Council members may refer such matters to staff for factual information or to be placed on the subsequent agenda for consideration.

Riverside County Advisory Council on Aging

2020/2021 Meeting Schedule

July 2020	Dark	AC Committees Only
August 2020	Dark	AC Committees Only Training - WebEx
September 9, 2020	10 a.m. - 12 p.m.	Via WebEx Physical Location: TBD
October 14, 2020	10 a.m. - 12 p.m.	Via WebEx Physical Location: TBD
Thursday November 12, 2020 (*Due to Wed holiday)	10 a.m. - 12 p.m.	Via WebEx Physical Location: TBD
December 9, 2020	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
January 13, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
February 10, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
March 10, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
April 14, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
May 12, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
June 9, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD