



Agenda
Riverside County
Advisory Council on Aging

Regular Meeting
October 13, 2021
10:00 a.m. – 12:00 p.m.

Advisory Council on Aging Meeting

October 13, 2021
10:00 a.m. – 12:00 p.m.

Onsite Meeting Location:

Riverside County Office on Aging
3610 Central Avenue
First Floor Training Room
Riverside, CA 92506

Virtual Meeting Access:

Zoom

<https://us06web.zoom.us/j/85987656310?pwd=U2pBWXUzMjlQWnNGemFOTEp2ejhNUT09>

Meeting ID Number:

859 8765 6310

Meeting Passcode:

540144

Join by Phone:

(720) 707-2699 US Toll

Meeting Details

Brown Act

Virtual Meeting Notification

Pursuant to Government Code Section 54953, Subdivision (b), and Executive Order N-15-21 released on September 16, 2021, this RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING meeting includes teleconference participation by some or all of the Advisory Council members.

PLEASE NOTE THAT NO IN-PERSON LOCATION IS AVAILABLE FOR THIS MEETING.

Any member of the public requesting to call in to speak on an item or to speak during Public Comment must first register at the Riverside County Office on Aging 24 hours in advance of the meeting. Once registered, further information will be provided. Please contact Office on Aging staff to register: AC@rivco.org or (951) 867-3895.



*Please mute your screen or *6 by phone until called on by the meeting moderator*

Virtual Meeting
Notification

To access and participate in the meeting, please follow the guidelines below:

Join Zoom Meeting

<https://zoom.us/j/97496105460>

Via video conference:

Click on the link.

Meeting ID: 974 9610 5460

One tap mobile

+16699009128,,97496105460# US (San Jose) 12532158782,,97496105460# US
(Tacoma)

Dial by your location

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 301 715 8592 US (Washington D.C)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 974 9610 5460

Find your local number: <https://zoom.us/u/abKOAY7nJH>

Join the meeting.

Click **Open Zoom Meetings** on the dialog shown by your browser

If you don't see a dialog, click **Launch Meeting** below.

Launch Meeting

Zoom Access Participation Guidelines



*Please mute your screen or *6 by phone until called on by the meeting moderator*

Agenda Overview

1. First Order of Business
1.9. Public Comment
2. Action Items
3. Presentations
4. Department Reports
5. Discussion Items
6. Committee Reports
7. Liaison Reports
8. Ambassador Reports
9. Closing Comments
10. Adjourn

Agenda Overview



*Please mute your screen or *6 by phone until called on by the meeting moderator*

1. First Order of Business: Steve Mehlman, Chair

1.1. Called meeting to order.

1.2. Established a quorum – Barbara Mitchell, Parliamentarian

1.3. APPROVE A RESOLUTION AUTHORIZING REMOTE TELECONFERENCE MEETINGS FROM OCTOBER 13, 2021, THROUGH NOVEMBER 12, 2021.



Quorum:	7
Must abstain:	None
Motion by:	D. Franklin
Seconded by:	B. Mitchell
Notes:	Absent: B. Greer; C. Lemus; J. Lopez; L. Thornton; and M. Black.
Roll Call Vote:	Motion unanimously approved with 8 votes.



1. First Order of Business: Steve Mehlman, Chair

1.4. Reviewed ADA Guidelines

1.5. Invocation – Donald Brock

1.6. Pledge of Allegiance – Steve Mehlman, Chair



1. First Order of Business: Steve Mehlman, Chair

1.7. Self-Introductions

Members	
X	Anita Johnson
X	Barbara Mitchell
	Bev Greer
	Cynthia Lemus
X	Debbie Franklin
X	Donald Brock
	Javier Lopez
X	Luella Thornton*
X	Lynda House

* Arrived at approx. 10:10 a.m.

Office on Aging Staff	
X	Jewel Lee, Director
	Gary Robbins, Deputy Director for Administration
X	Jamiko Bell, Administrative Services Manager I
X	Stacie Catlin, Program Specialist II

Office on Aging Presenters	
X	Mary Hrinko, Senior Program Specialist
X	Jared Katchmar, Senior Program Specialist

Riverside County Representatives		Guests	
X	Tony Ortego, RUHS Behavioral Health Administrator	X	Charlotte Greeley, Riverside
		X	Dolores Rosemond, Perris
		X	Laurie Harris, Riverside
		X	Melba Scott, Riverside
		X	Rita Thompson, Lake Elsinore



1. First Order of Business: Steve Mehlman, Chair

1.8. Chair Reports and Reminders

1.8.1. Member Birthdays

None.

1.8.2. Next Advisory Council General Meeting:

Rescheduled

 **Tuesday, November 9, 2021**

10:00 a.m. – 12:00 p.m.

Virtual Platform: Zoom

1.9. Public Comments

None.



2. Action Items: Steve Mehlman, Chair

2.1. Action Items



2.1.2. APPROVE THE MINUTES OF THE SEPTEMBER 8, 2021, MEETING.

Quorum:	7
Must abstain:	None
Motion by:	L. House
Seconded by:	D. Brock
Notes:	Absent: B. Greer; C. Lemus; J. Lopez; and M. Black
Roll Call Vote:	Motion unanimously approved.



2.1.3. ACCEPT AND APPROVE THE RESIGNATION OF SHARRON LAMBETH.

Quorum:	7
Must abstain:	None
Motion by:	B. Mitchell
Seconded by:	D. Brock
Notes:	Absent: B. Greer; C. Lemus; J. Lopez; and M. Black
Roll Call Vote:	Motion unanimously approved.





*3. Presentations:
3.1. Care Pathways*

*Mary Hrinko
Senior Program Specialist
Riverside County Office on Aging*



3. Presentations:

3.2. RSVP

(Retired Senior Volunteer Program)

*Jared Katchmar
Senior Program Specialist
Riverside County Office on Aging*

4. Department Reports

4.1. Directors' Report

- Public Health, 211, and Office on Aging (with DPSS staff) are all operating Vaccine Booster Assistance call centers
- Over 100,000 seniors across the county are eligible (both Pfizer vaccines completed more than 6 months prior, 65+)
- OoA is operating robocalls and robotexts, as well as outbound calls to eligible individuals, to offer assistance with online appointment registration
- Response has been relatively low so far, possibly due to the abundant availability of booster doses - e.g., folks can just call Kaiser, or walk into a CVS, most likely, and as long as they're eligible, they can get it

*4. Department Reports:
4.1. Directors' Report*

4. Department Reports

4.2. Planning Report

- Discussed this year's Senior Holiday Gift Drive event and the Advisory Council's participation. A flyer is included in the meeting packet.
- Asked members to continue collecting Community Assessment Surveys through December 31, 2021.

4. Department Reports: 4.2. Planning Report

*Senior Holiday Gift Drive Opportunities
Community Assessment Surveys*

*Jared Katchmar
Senior Program Specialist
Riverside County Office on Aging*

5. Discussion Items

5.1. December “Holiday” In-Person Luncheon

- Discussed having the December meeting at the Riverside County Office on Aging to include a holiday luncheon. A survey will be sent to members to determine if the meeting will be held onsite, virtual, or in a hybrid format.
- Determined there will be a White Elephant gift exchange at the holiday luncheon if the Council approves an onsite meeting.

5. Discussion Items:
*5.1. December “Holiday” In-Person
Luncheon*



*6. Committee Reports:
None.*



*7. Liaison Reports:
None.*



*8. Ambassador Reports:
None.*

9. Closing Comments

- Luella Thornton expressed gratitude for being an Advisory Council member and for members' continued support.
- Members expressed remorse over Sharron Lambeth's sudden resignation.

9. Closing Comments:

10. Adjourn



10.1. MOTION TO ADJOURN MEETING.

Quorum:	7
Must abstain:	None
Motion by:	D. Brock
Seconded by:	B. Mitchell
Notes:	L. House left the meeting at 11:15 a.m. Absent: B. Greer; C. Lemus; J. Lopez; and M. Black.
Roll Call Vote:	Meeting adjourned at 11:53 a.m.

10. Adjourn

Jewel Lee, Director

Gary Robbins, Deputy Director for Administration

Jamiko Bell, Administrative Services Manager I

Stacie Catlin, Program Specialist II

Board of Supervisors

Kevin Jeffries	Supervisor, District I
Karen Spiegel	Supervisor, District II
Chuck Washington	Supervisor, District III
V. Manuel Perez	Supervisor, District IV
Jeff Hewitt	Supervisor, District V

Office on Aging

Jewel Lee	Director
Gary Robbins	Deputy Director for Administration
Jamiko Bell	Administrative Services Manager I
Stacie Catlin	Program Specialist II

Riverside County
Representatives

Advisory Council

Steve Mehlman	Chair
Javier Lopez	Vice Chair / Appointee, District IV
Barbara Mitchell	Parliamentarian
Lynda House	Appointee, District I
Vacant	Appointee, District II
Marquita Black	Appointee, District III
Debbie Franklin	Appointee, District V
Anita Johnson	Member
Bev Greer	Member
Cynthia Lemus	Member
Donald Brock	Member
Luella Thornton	Member
Mark Cox	Member
Teresa Chappell	Member
Vacant	Member
Vacant	Member
Vacant	Member



Advisory Council Membership

Committees

Committee	Chair	Members
Executive	Steve Mehlman	Javier Lopez, Vice Chair Barbara Mitchell, Parliamentarian
Advocacy	Teresa Chappell	Anita Johnson Mark Cox Steve Mehlman
Annual Report	Steve Mehlman	N/A
Bylaws	Barbara Mitchell	Anita Johnson Debbie Franklin
Community Connections	Cynthia Lemus	Javier Lopez Lynda House Marquita Black
Healthy Living	Lynda House	Barbara Mitchell Debbie Franklin Luella Thornton
Membership	Anita Johnson	Donald Brock
Planning	Debbie Franklin	Bev Greer Lynda house

Committees

Liaisons

California Senior Legislature	Donald Brock, Senior Senator
California Senior Legislature	Mark Cox, Senior Assembly Member
California Senior Legislature	Phyllis Purcell, Senior Assembly Member
California Senior Legislature	Steve Mehlman, Senior Senator
California Senior Legislature	Vacant, Senior Assembly Member
California Senior Legislature	Vacant, Senior Assembly Member
Continuum of Care	Javier Lopez
Foundation on Aging	Steve Mehlman
Grandparents Raising Grandchildren (GRG)	Lynda House, Lead; Mark Cox, Support
HICAP	Anita Johnson, Lead; Debbie Franklin, Support
Housing	Javier Lopez
IHSS Advisory Council	Barbara Mitchell, Co-Lead; Donald Brock, Co-Lead
Long-Term Care Ombudsman Program (LTCOP)	Anita Johnson, Lead; Teresa Chappell, Support
Older Adults System of Care	Barbara Mitchell
Transportation Services	Steve Mehlman
Triple A Council of California (TACC)	Steve Mehlman
Veterans Services	Cynthia Lemus; Co-Lead; Donald Brock, Co-Lead

Liaisons

Advisory Council Guidelines

Materials Distributed: In compliance with the Brown Act and Government Code Section 54957.5, agenda materials distributed 72 hours prior to the meeting, which are public records relating to open session agenda items, will be available for inspection by members of the public prior to the meeting at the following email address: AC@rivco.org. To view a hard copy of the materials, please contact Stacie Catlin at phone number: (877) 932-4100.

ADA: In compliance with the Americans with Disabilities Act and Government Code Section 54954.2, if special assistance is needed to attend an Advisory Council on Aging meeting, please contact Stacie Catlin at: (877) 932-4100 or TTD 711. Notification of at least 48 hours prior to meeting time will assist staff in assuring that reasonable arrangements can be made to provide accessibility at the meeting.

Public Comments: Each speaker may be limited to speak two (2) minutes or less depending on the number of speakers. At the direction of the Chair or by majority vote of the Council, the two (2) minute time limitation may be waived, increased or reduced. The maximum time for public comment for any individual item or topic may be limited to fifteen (15) minutes. The Council may terminate public comments if such comments become repetitious or disruptive. Any written documents to be distributed or presented to the Council shall be submitted to the Council's assigned staff. This policy applies to Public Comments and general comments on agenda items. Under the Brown Act, the Council will not take action on or discuss matters raised which are not posted 72 hours in advance. Council members may refer such matters to staff for factual information or to be placed on the subsequent agenda for consideration.

Advisory Council Guidelines

Advisory Council on Aging Meeting Schedule 2021/2022

Date	Day	Time	Location
November 9, 2021	Tuesday	10:00 a.m. – 12:00 p.m.	Virtual: Zoom
December 13, 2021	Monday	10:00 a.m. – 12:00 p.m.	<p style="text-align: center;">Riverside County Office on Aging 3610 Central Avenue, Suite 102 Riverside, CA 92506</p> <p style="text-align: center;">Additional Meeting Locations:</p> <p style="text-align: center;">Neuro Vitality Center 2800 E. Alejo Road Palm Springs, CA 92262 (760) 323-7676</p> <p style="text-align: center;">8 Odom Drive Schroon Lake, NY 12870 (951) 809-3729</p> <p style="text-align: center;">1077 E. Hoffer Street Banning, CA 92220 (951) 849-6045</p> <p style="text-align: center;">18839 Deer Trail Road Banning, CA 92220 (951) 205-6854</p> <p style="text-align: center;">Virtual Public Access: Zoom</p>

Meeting Schedule

**Advisory Council on Aging
Meeting Schedule - Continued
2021/2022**

Date	Day	Time	Location
January 12, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	TBD
February 9, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	TBD
March 9, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	TBD
April 13, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	TBD
May 11, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	TBD
June 8, 2022	Wednesday	10:00 a.m. – 12:00 p.m.	TBD

**Meeting Schedule
(Continued)**

1 **RESOLUTION NO. 2021-001**

2 **A RESOLUTION OF THE RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING**
3 **AUTHORIZING REMOTE TELECONFERENCE MEETINGS**
4 **OF THE LEGISLATIVE BODIES OF RIVERSIDE COUNTY ADVISORY COUNCIL ON**
5 **AGING**

6
7 **FOR THE PERIOD OCTOBER 13, 2021 to NOVEMBER 12, 2021**

8 **PURSUANT TO THE RALPH M. BROWN ACT.**
9

10 **WHEREAS**, all meetings of RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING
11 and its legislative bodies are open and public, as required by the Ralph M. Brown Act (Cal. Gov. Code §§
12 54950 – 54963), so that any member of the public may attend, participate, and view the legislative bodies
13 conduct their business; and

14 **WHEREAS**, the Brown Act, Government Code section 54953(e), makes provisions for remote
15 teleconferencing participation in meetings by members of a legislative body, without compliance with the
16 requirements of Government Code section 54953(b)(3), subject to the existence of certain conditions and
17 requirements; and

18 **WHEREAS**, a required condition of Government Code section 54953(e) is that a state of emergency
19 is declared by the Governor pursuant to Government Code section 8625, proclaiming the existence of
20 conditions of disaster or of extreme peril to the safety of persons and property within the state caused by
21 conditions as described in Government Code section 8558(b); and

22 **WHEREAS**, a further required condition of Government Code section 54953(e) is that state or local
23 officials have imposed or recommended measures to promote social distancing, or, the legislative body
24 holds a meeting to determine or has determined by a majority vote that meeting in person would present
25 imminent risks to the health and safety of attendees; and

26 **WHEREAS**, on March 4, 2020, Governor Newsom issued a Proclamation of a State of Emergency
27 declaring a state of emergency exists in California due to the threat of COVID-19, pursuant to the California
28 Emergency Services Act (Government Code section 8625); and,

1 **WHEREAS**, on June 11, 2021, Governor Newsom issued Executive Order N-07-21, which
2 formally rescinded the Stay-at-Home Order (Executive Order N-33-20), as well as the framework for a
3 gradual, risk-based reopening of the economy (Executive Order N-60-20, issued on May 4, 2020) but did
4 not rescind the proclaimed state of emergency; and,

5 **WHEREAS**, on June 11, 2021, Governor Newsom also issued Executive Order N-08-21, which set
6 expiration dates for certain paragraphs of the State of Emergency Proclamation dated March 4, 2020 and
7 other Executive Orders but did not rescind the proclaimed state of emergency; and,

8 **WHEREAS**, as of the date of this Resolution, neither the Governor nor the state Legislature have
9 exercised their respective powers pursuant to Government Code section 8629 to lift the state of emergency
10 either by proclamation or by concurrent resolution the state Legislature; and,

11 **WHEREAS**, the California Department of Industrial Relations has issued regulations related to
12 COVID-19 Prevention for employees and places of employment. Title 8 of the California Code of
13 Regulations, Section 3205(5)(D) specifically recommends physical (social) distancing as one of the
14 measures to decrease the spread of COVID-19 based on the fact that particles containing the virus can travel
15 more than six feet, especially indoors; and,

16 **WHEREAS**, the RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING finds that state or
17 local officials have imposed or recommended measures to promote social distancing, based on the
18 California Department of Industrial Relations' issuance of regulations related to COVID-19 Prevention
19 through Title 8 of the California Code of Regulations, Section 3205(5)(D); and,

20 **WHEREAS**, as a consequence, the RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING
21 does hereby find that it and its legislative bodies shall conduct their meetings by teleconferencing without
22 compliance with Government Code section 54953 (b)(3), pursuant to Section 54953(e), and that such
23 legislative bodies shall comply with the requirements to provide the public with access to the meetings as
24 prescribed by Government Code section 54953(e)(2).

25 **NOW, THEREFORE, BE IT RESOLVED, FOUND AND ORDERED** by the RIVERSIDE
26 COUNTY ADVISORY COUNCIL ON AGING in regular session assembled on October 13, 2021 does
27 hereby resolve as follows:

28 Section 1. Recitals. All of the above recitals are true and correct and are incorporated into this

1 Resolution by this reference.

2 ///

3 Section 2. State or Local Officials Have Imposed or Recommended Measures to Promote Social
4 Distancing. The RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING hereby proclaims that state
5 officials have imposed or recommended measures to promote social (physical) distancing based on the
6 California Department of Industrial Relations' issuance of regulations related to COVID-19 Prevention
7 through Title 8 of the California Code of Regulations, Section 3205(5)(D).

8 Section 3. Remote Teleconference Meetings. The RIVERSIDE COUNTY ADVISORY
9 COUNCIL ON AGING and any of its legislative bodies are hereby authorized and directed to take all
10 actions necessary to carry out the intent and purpose of this Resolution including, conducting open and
11 public meetings in accordance with Government Code section 54953(e) and other applicable provisions of
12 the Brown Act.

13 Section 4. Effective Date. This Resolution shall take effect immediately upon its adoption and
14 shall be effective until the earlier of (i) November 12, 2021, or (ii) such time the RIVERSIDE COUNTY
15 ADVISORY COUNCIL ON AGING adopts a subsequent resolution in accordance with Government Code
16 section 54953(e)(3) to extend the time during which its legislative bodies may continue to teleconference
17 without compliance with Section 54953(b)(3).

18 ADOPTED this 13th day of October, 2021 RIVERSIDE COUNTY ADVISORY COUNCIL ON
19 AGING, by the following vote:

20
21 YES: A. Johnson; B. Mitchell; D. Franklin; D. Brock; L. House; M. Cox; S. Mehlman; & T. Chappell.

22 NO: None

23 ABSENT: B. Greer; C. Lemus; J. Lopez; and M. Black.

24 ABSTAIN: None.
25
26
27
28

Riverside County Office on Aging
 Net County Contributions Analysis
 Fiscal Years 15/16 to 20/21

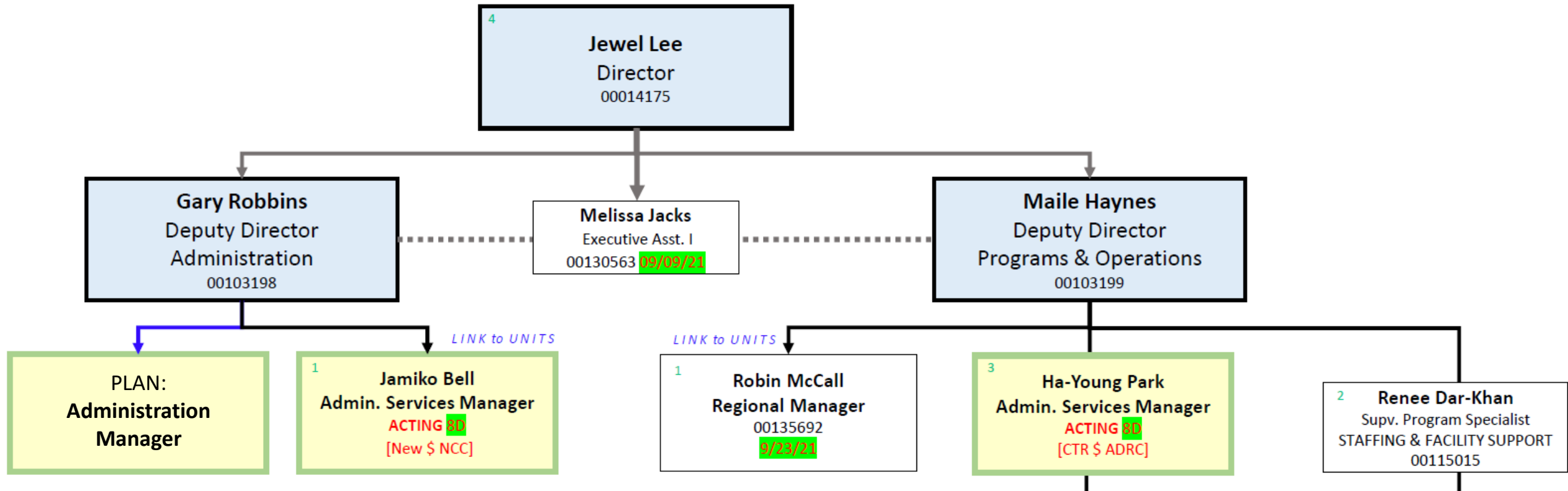
Fiscal Year	Total RCOoA Budget
FY 15/16	\$ 13,430,862
FY 16/17	\$ 13,951,595
FY 17/18	\$ 13,276,461
FY 18/19	\$ 15,431,055
FY 19/20	\$ 20,120,546
FY 20/21	\$ 24,391,669

Change
 FY 15/16-20/21 82%

→ 56 Positions → **FY 21-22** → Est \$24.4mil
 → 92 Positions = 64% Increase

→ 80 Filled
 → 10 Vacant

→ 15 Temporary
 → 15 Vaccine Booster



WORKSHOP TOPICS

Living with Dementia
Signs of Stress & Stress Reduction
Communicating in Difficult Situations
Legal Issues Related to Caregiving
Managing Medications
How to Talk to the Doctor
Emotional Well-Being
Taking Charge of Your Health
Grieving— A Natural Reaction to Loss
Healthy Lifestyles
Preventing Caregiver Burnout

The **Caregiver Support Groups** are offered in a series of (12) twelve workshops, focusing on topics relevant to in-home care and wellness.

Call **(877) 932-4100** for workshop schedules or material support.
Visit us at rcAging.org.

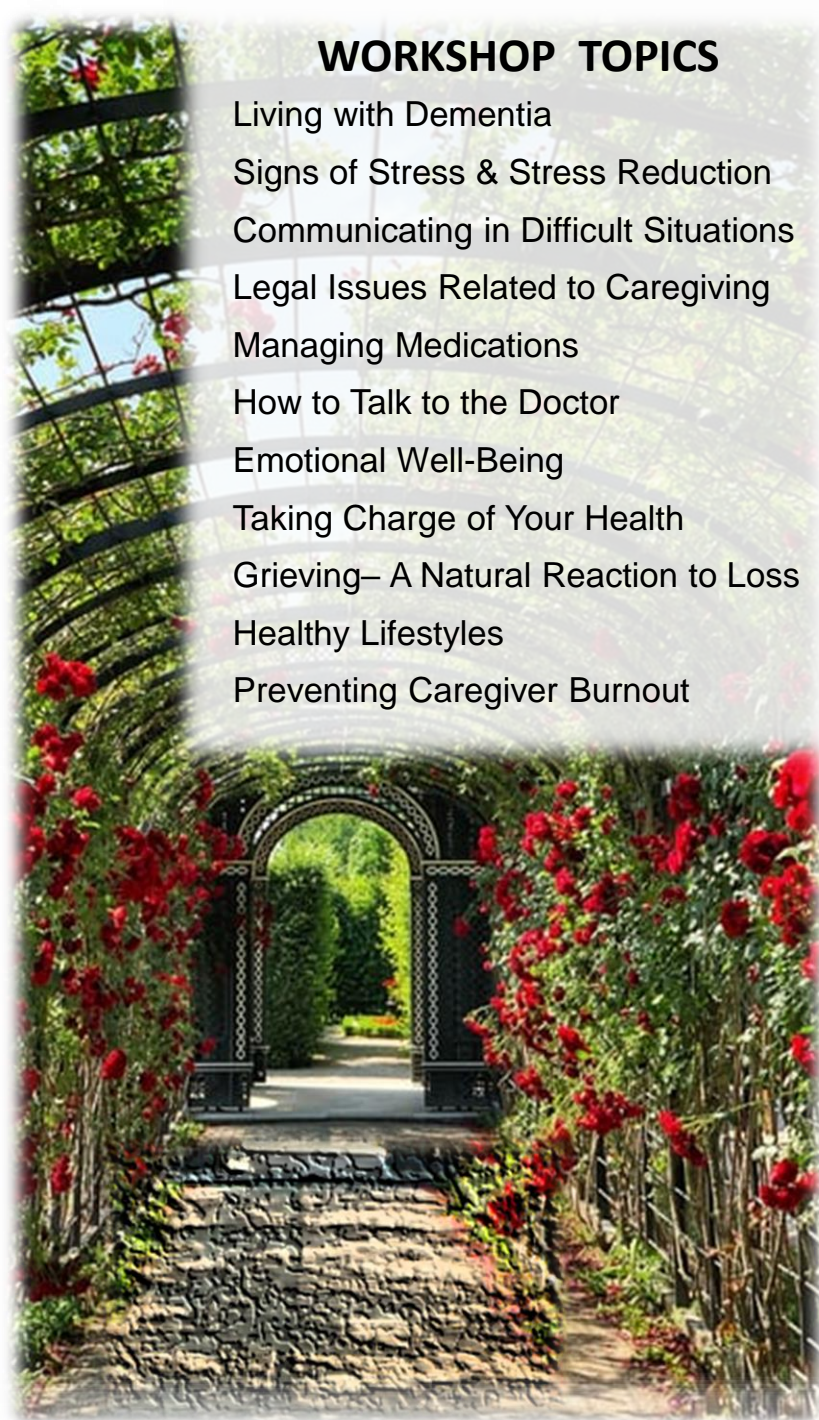


Care Pathways is a free program for adults providing care to family members who are age 60 or older.

Participants are encouraged to attend all workshop offerings in the scheduled series. Referrals to **free** respite care and material support are also available.



Care Pathways
(877) 932 – 4100



(877) 932 – 4100

Discover your personal pathways to well-being

Services are Free

- * Shopping * Laundry * Meal Preparation *
- * Bathing * Dressing * Transportation *
- * Clinic Appointments * Medication Support *
- * Legal Aid * Financial Assistance *



Your Wellness

How are you feeling?

- Difficulty concentrating
- Trouble sleeping
- Difficulty making decisions
- Bothered by changes in loved one
- Feeling overwhelmed
- Loss of personal time
- Feelings of loneliness
- Emotional upset
- Increased irritability
- Have stomach problems, headaches, fatigue, back pain

 **TOTAL** _____



3610 Central Ave. #102
Riverside, CA 92506
Visit us @ rcAging.org

Call **(877) 932-4100**
if you checked 3 or more



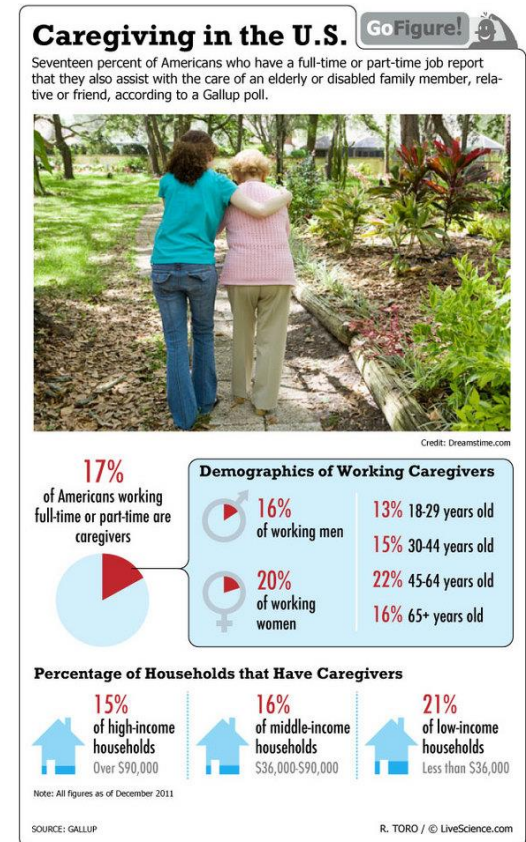
Family Caregiver Support Program 101

RIVERSIDE COUNTY OFFICE ON AGING



Prevalence of Caregiving

- 3 in 10 US households report at least 1 person providing unpaid care as a family caregiver *(2011 American Academy of Family Physicians.)*
- The majority of caregivers (82%) care for one other adult, while 15% care for 2 adults, and 3% for 3 or more adults. [National Alliance for Caregiving and AARP. (2015). Caregiving in the U.S.]
- Upwards of 75% of all caregivers are female and may spend as much as 50% more time providing care than males. [Institute on Aging. (2016). Read How IOA Views Aging in America.]
- About 15.7 million adult family caregivers care for someone who has Alzheimer's disease or another dementia. [Alzheimer's Association. (2015). 2015 Alzheimer's Disease Facts and Figures.]
- More than 1 in 10 grandparents are found to have cared for a grandchild for at least 6 months



What is FCSP?

Family Caregiver Support Program

Coordinated Care

Family Caregiver
Support Program
(FCSP)

Care Pathways
11 week
education series

Telephonic Case
Management
(BRI)

Traditional Case
Management
(In-Home)

Community
Education &
Outreach

Grandparents
Raising
Grandchildren

As part of the National Family Caregiver Support Program, under the Older Americans Act, the Riverside County Office on Aging provides support to family caregivers who are caring for an older relative with a disability or grandchild and can assist in coordinating services to assist family members to maintain their caregiving roles.

Alzheimer's Disease

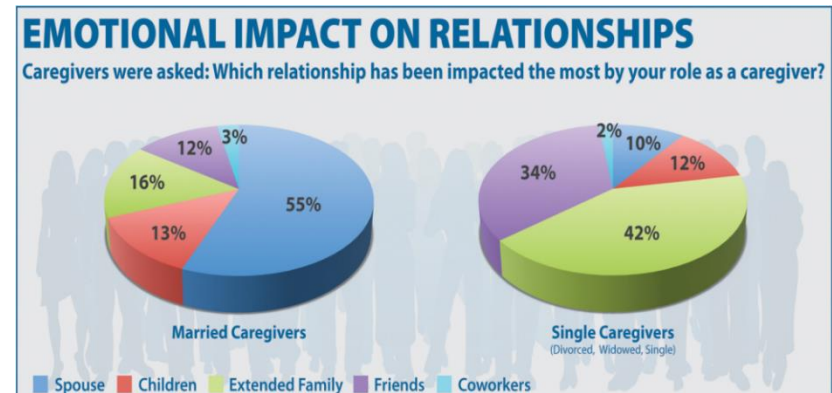
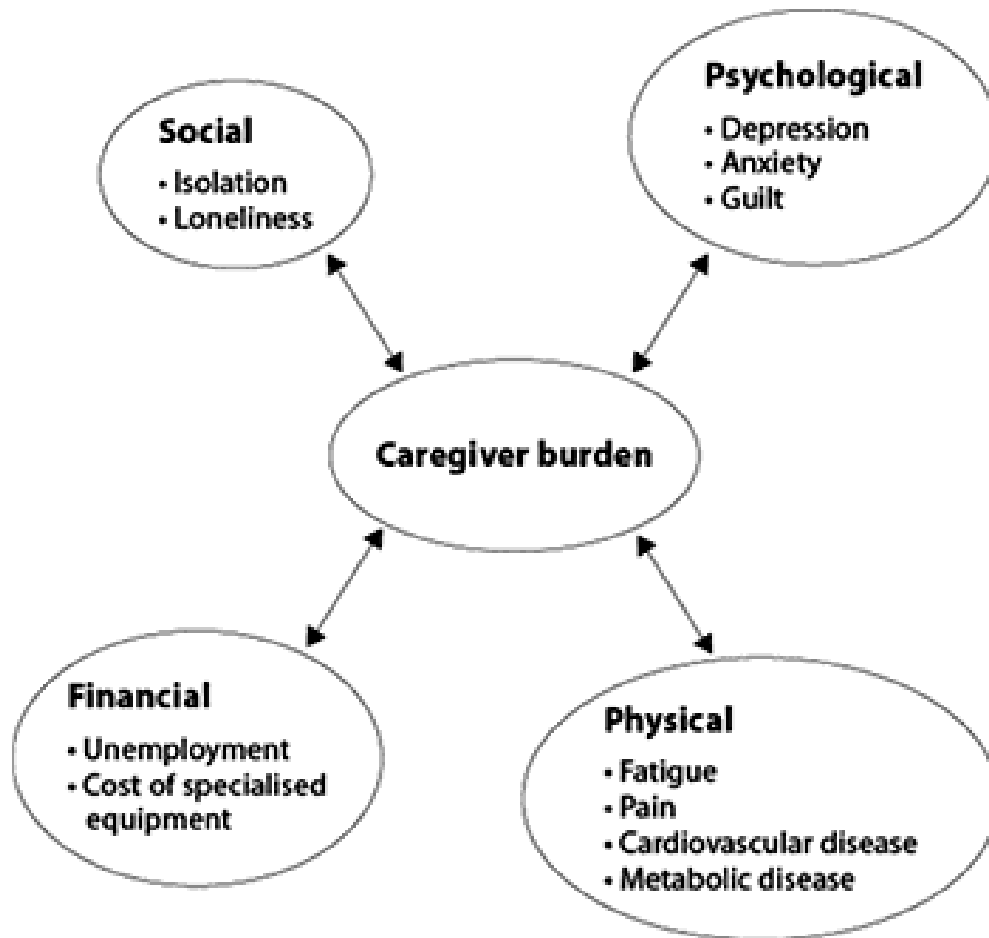
- Is the 6th leading cause of death in the United States
- Every 66 seconds someone in the United States develops the disease
- Almost 2/3 of Americans with Alzheimer's are women
- Effects 5.4 million Americans
 - 1 in 9 people over 65 have the disease
 - Half the people over 85 have the disease
- 76% of those with Alzheimer's will be admitted to a nursing home
- Only 45% of people with Alzheimer's disease or their caregivers report being told of their diagnosis



Family Caregiver Support Care Pathways



A Population At Risk ...



Data from a survey conducted by PlanPrescriber.com, a division of eHealth, Inc. and AgingCare.com. Survey results collected in August, 2012 from 285 adult members of AgingCare.com who were actively providing unpaid care for one or more of their parents. Find the survey at news.eHealthInsurance.com.

Care Pathways – Aftercare

- **What happens once a client graduates?**
 - Attendees take a pre-and post test to assess their ongoing needs
 - Caregiving situation is going to change; may need further support
 - OoA aftercare support groups available throughout the county
 - Support groups led by Care Pathways staff in various sites (now online)
 - Referrals to either traditional case management, telephonic case management, other OoA programs and other agencies
 - Material Aid – respite, incontinence supplies, etc.
 - Follow-up calls/telephonic consultations



Family Caregiver Support Case Management



Traditional Case Management (In-Home)

- Supports CG as primary client, but involves CRs needs as well
- Short-Term
- Involves an In-Home Initial Assessment (with monthly contact and quarterly home visits)
- Provides Direct Advocacy (such as advocacy with health care providers, conducting home visits to assist with completing applications)

Telephonic Case Management (BRI)

- Supports CG as primary client, but involves CRs needs as well
- Long-Term (optional)
- Telephonic Case Management (without the need for in-home assessments or visits)
- Provides Coaching (direction and education to the CG on how to acquire necessary services)



Grandparents Raising Grandchildren



Grandparents as the sole or primary caregiver

According to data from the US 2000 Census 2.4 million grandparents are raising their grandchildren – many without parents present.

Why is this ?

- Substance abuse
- Economic Issues
- Teen Pregnancy
- Incarceration
- Emotional Problems
- Serious Health Conditions
- Parental death

Constraints GRG clients face :

- Financial constraints
- Health problems
- Mental stress
- Social Isolation
- Family Issues
- Housing Issues
- Legal hassles
- Education concerns



Grandparent Raising Grandchildren Program



The Grandparents Raising Grandchildren Program can assist in the problem-solving process, offering links to supportive resources and services:

- **Case management** with an in-depth intake and assessment to ensure that all needs are addressed
- **Advocacy** Social Worker can attend CFTM / TDM meetings, IEPs, and court proceedings for support and guidance
- Identify and refer for available **financial assistance**: (Cal-Works, CalFresh, WIC, non needy cash aid, SSI, and childcare)
- **Parenting assistance** through community and county partners to help grandparents be more successful
- **Peer Support groups** provide time for companionship with other grandparents and sharing resources

Family Caregiver Support Community Education & Outreach



Community Education

- **Virtual Dementia Tour**
 - Tour is held throughout Riverside County at various senior centers in the community
 - Provides dementia training to community partners and caregivers
- **Embodied Labs – Virtual Reality Experience**
 - Virtual reality training tool used to educate support staff about the causes and behaviors associated with dementia in older adults
- **Public Authority- IHSS Support Training and Retention (S.T.A.R.) Program**
 - Held quarterly throughout Riverside County for In Home Supportive Services Providers
 - Program provides on-going training for providers to better care for their clients
- **Community Education Presentations**
 - Topics may include: **Emotional Health, Balancing Work & Elder Care, Grief & Loss, Alzheimer's/Dementia, Stress, Caregiver Burnout and Resources for family caregivers**



A Virtual Reality Experience

- Community partners and members participate in a 360-degree virtual reality experience, in which a user wears a VR headset and moves through an interactive film. Now available through remote means
- Users have the opportunity to gain a better understanding of the world from the eyes of older adults with Dementia, Parkinson's disease, and terminal cancer
- Participants get a glimpse of how dementia patients experience the world around them and embody the thoughts and feelings one may have while dealing with these conditions





- The Virtual Dementia Tour is an evidence based “hands-on” experience used to spread awareness of the impact that dementia has on those affected
- Participants have the opportunity to experience how the world is perceived by a person with dementia, how are their senses affected and why they become frustrated and confused
- The Virtual Dementia Tour is a valuable, experiential training program, designed to be utilized by families, community organizations and caregiving facilities to help identify and understand the behaviors and needs of older adults living with dementia



Community Outreach

- **Relationships with Health & Service Providers**
 - Social Workers
 - Therapists & Counselors
 - Doctors & Nurses
 - Long Term Care Facilities
 - Partnership with other caregiver agencies
 - Senior Centers
- **Community Fairs and Events**
 - Outreach tables at fairs, conferences, etc.
 - Educational presentations to community members & professionals
 - National Family Caregivers Month Conference in November
 - Body Mechanics Workshop
- **Printed Material**
 - Newspaper
 - Social Media
 - Flyers
- **Word of Mouth**
 - CP graduates refer other caregivers they know



Questions?



Answers!



2021 OFFICE ON AGING SENIOR HOLIDAY GIFT DRIVE



Riverside County Office on Aging RSVP Program and the Riverside County Foundation on Aging are collecting gifts for isolated seniors this holiday season.

Many Seniors feel isolated and lonely during the holiday season. Your gifts may be the only ones they receive.

* DONATION IDEAS

- Blankets
- Scarves
- Socks
- Winter Hats
- Flashlights
- Batteries
- Hand Sanitizers
- Adult Coloring Books/Adults Activity Books
- Pen & Pencils
- Coloring Pencils
- Toiletries- Soaps, Lotions, Combs, and Brushes, etc.

*Please donate by placing new
Unwrapped donations in
Collection boxes in your area*

From October 1st to December 3rd



**TO FIND A COLLECTION
BOX IN YOUR AREA
CONTACT 760-578-1593
TODAY!**



FOR QUESTIONS REGARDING GIFT DONATIONS,
VOLUNTEERING, OR BECOMING A COLLECTION SITE:

Jared Katchmar 760-863-7888

jkatchmar@rivco.org

- Check donations can be made payable to: RCFA or Riverside County Foundation on Aging





The Riverside County Office on Aging serves to promote and support a life of dignity, well-being and independence for older adults and persons with disabilities.

Jewel Lee, Director

Riverside County Office on Aging **2021 Senior Holiday Gift Drive**

The Riverside County Office on Aging will be holding a 2021 Senior Holiday Gift Drive to benefit isolated seniors this holiday season. There are multiple ways to get involved in a safe capacity. If you are interested in contributing to the Senior Holiday Gift Drive, please complete the below questions, scan and forward to Jared Katchmar (JKatchmar@rivco.org) or please forward to Esmeralda Martinez (EMartinez@rivco.org).

1. First and Last Name:

2. Organization/Agency:

3. Will you be our point of contact? [] Yes [] No

3a. If “no”, who (please provide name, email address and phone#)?

4. How are you interested in participating?

4a. [] **Registering as a collection site?**

4a1. Collection site address: _____

4a2. Need collection box(es)? [] Yes [] No

If yes, how many (1 box per pledged gift item)? _____

4a3. Targeted gift item(s) (please see flyers): _____

4b. [] **Donating?**

4b1. Donation Type: [] gifts [] check (letter w/ tax ID may be provided)

If gifts, which item(s) and how many? _____

If check, \$ amount: _____

4c. [] **Volunteering?**

4c1. # of volunteers: _____

4c2. Which task(s) are you interested in? [] gift pick-ups [] gift wrapping
[] gift delivery

Administrative Office:
3610 Central Avenue, 5th Floor
Riverside, CA 92506

Programs Office:
7894 Mission Grove Parkway South
Riverside, CA 92508

East County Office:
44-199 Monroe Street, Suite B
Indio, CA 92201

1-877-932-4100

● PH: (951) 867-3800 ● FAX (951) 867-3830 ● TRS/TTY: 711

RSVP VOLUNTEER PROGRAM

Coachella Valley & Blythe

NEW ***Western Riverside County***

Riverside County Office on Aging

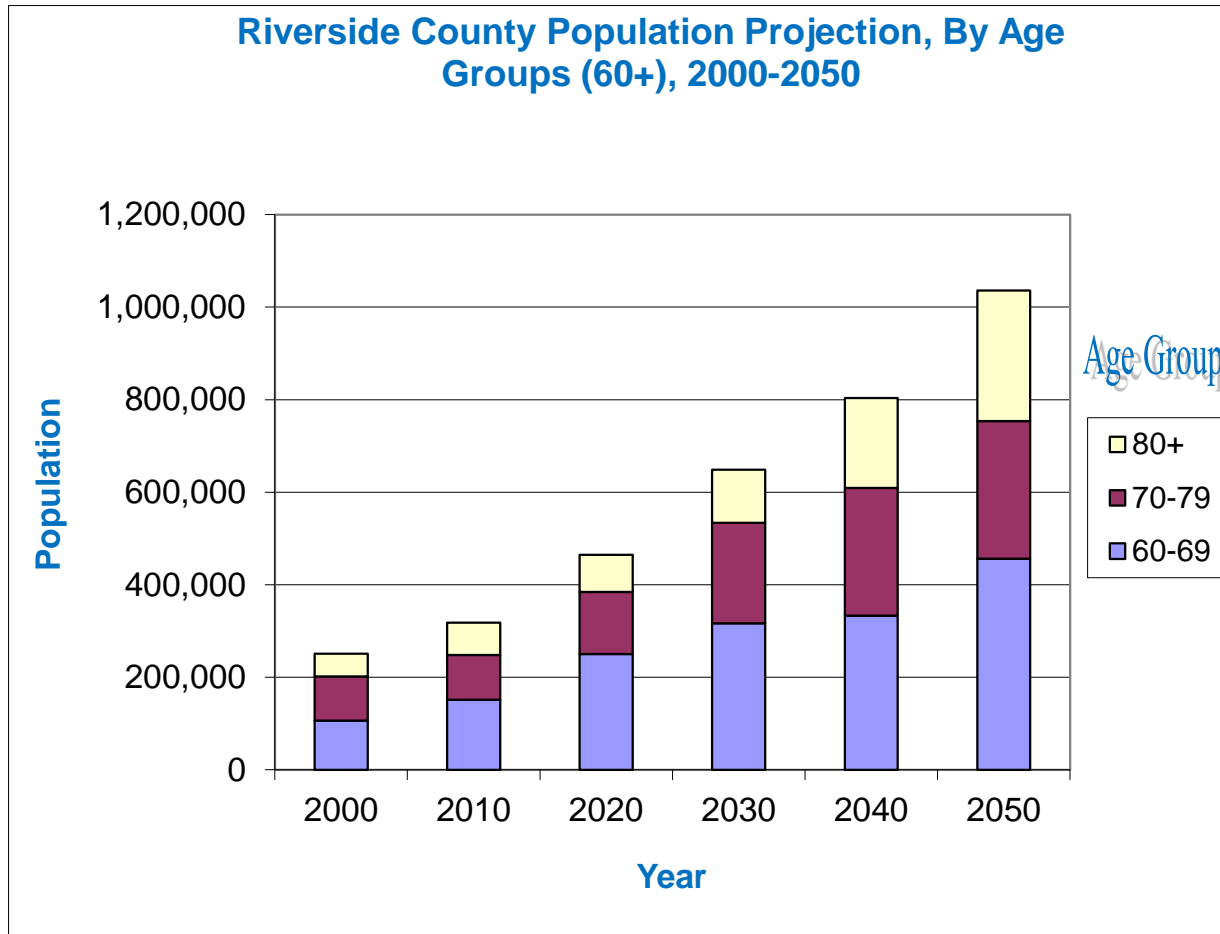
Planning, Contracts, Community Services



**AmeriCorps
Seniors**



Changing Aging: SHEER NUMBERS



- In 2010 the 80+ age group was projected to grow over 75% between 2010 to 2050, whereas the age 60+ group is growing 69% in the same time period.

- By approximately the year 2040, the age 65+ group will exceed half a million in Riverside County, and will be approaching 1 million by 2060!
- The fastest growing cohort proportionately is the age 80+, which is projected to grow between 255% and 531% by 2060.

State of California, Department of Finance, Population Projections for California and Its Counties 2000-2050, by Age, Gender and Race/Ethnicity, Sacramento, California, July 2007.

State of California, Department of Finance, New Population Projections: California to Surpass 50 Million in 2049

Are We Ready?: VOLUNTEERISM

“Without envisioning a new purpose for old age, we are creating an ‘elder wasteland’ ”

Dychtwald, Ken. Age Power: How the 21st Century Will Be Ruled by the New Old

Aging Boomers grew up during a time of dramatic social change. In the United States, that social change marked the generation with a distinct cultural separation from the generations before them.

- As a result, Boomers are more likely to be socially and politically active than previous generations.
- Based on U.S. Census Bureau data, the number of volunteers age 65+ should increase from less than 9 million in 2007 to more than 13 million after 2020.
- This number is expected to continue rising for many years to come, as the youngest aging Boomers will not reach age 65 until 2029.



Engagement: The Necessity of Being Necessary

Brigham Young University study in 2010, adds social relationships to the “short list” of factors that can predict a person’s odds of living or dying.

Study analyzed data from 148 previously published longitudinal studies that measure the frequency of human interaction and tracked health outcomes for 7 1/2 years.

Social Connections -- friends, family, neighbors or colleagues – improve the odds of survival by 50%.

Low social interaction is the equivalent of:

- Smoking 15 cigarettes a day,
- Being an alcoholic,
- Not exercising, and
- 2x more harmful than obesity



Riverside County Office on Aging

- On June 18, **1974, the Board of Supervisors** designated the Riverside County Office on Aging as a County Department on Aging for the Planning and Service Area (PSA) 21.
- It **serves as the Area Agency on Aging (AAA)** for all of Riverside County and is one of 33 AAA's within the State of California.
- Office on Aging is the sponsor agency for the federally funded RSVP Programs here in Riverside County
- One telephone number (**1-877-932-4100**) but two locations:

West County Office:

3610 Central Ave, Suite 102
Riverside, CA 92506
(877) 932-4100

Indio Office:

44-199 Monroe Street, Suite B
Indio, CA 92201
(760) 771-0501

Our Federal Funder and Partner...

- **AmeriCorps** (formerly known the Corporation for National and Community Service or CNCS) is an independent agency of the United States government that engages more than five million Americans in service through AmeriCorps VISTA, AmeriCorps NCCC, AmeriCorps State and National, AmeriCorps Seniors, *the Volunteer Generation Fund*, and other national service initiatives.



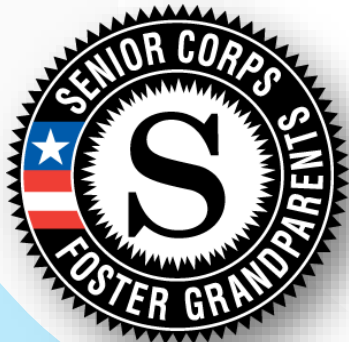
AmeriCorps



**AmeriCorps
Seniors**

AmeriCorps Seniors

- *Senior Corps connects today's 55+ with the people and organizations that need them most.*
- *The three Senior Corps programs were created by the federal government in the mid-1960s and early 1970s. Since 1993, they have been administered by the Corporation for National and Community Service, the federal agency that improves lives, strengthens communities and fosters civic engagement through service and volunteering*



What program does the Office on Aging offer here in Riverside County?



- *RSVP is one of the largest volunteer networks in the nation for people 55 and over.*
- *Volunteers can use existing skills and talents or develop new ones while serving in a variety of volunteer activities within their community.*

Wait?? What is the “RSVP” Program

- The Retired and Senior Volunteer Program (RSVP) provides federal grants to qualified agencies and organizations for the dual purpose of engaging persons 55 and older in volunteer service to meet critical community needs and to provide a high-quality volunteer experience.
- The RSVP (formally the Retired Senior Volunteer Program) is part of America’s largest network of community volunteers over age 55.
- RSVP is sponsored by the Riverside County Office on Aging with a (AmeriCorps) federal grant, to provide volunteer services to adults aged 55 and older in our community.



AmeriCorps
Seniors

Riverside County Office on Aging Staff

RSVP Program Team:

- *Jared Katchmar –
RSVP Program
Director*
- *Esmeralda Martinez –
Volunteer Coordinator*
- *Sofia Valdez –
Program Assistant*



How can a nonprofit sign up? A volunteer?

- **NON-PROFIT** - Any nonprofit can call or email a request to join RSVP. The RSVP Volunteer Coordinator reviews the request to determine if the agency qualifies for RSVP.
- **VOLUNTEER** - Any volunteer can call the RSVP Volunteer Coordinator and request a paper application mailed to them or we send them a direct link to our online application.
- **Please call 877-932-4100 and ask for the RSVP program.**
- Due to **COVID-19**, the Office on Aging encourages all documents to be digital, including MOU's with sites and applications for volunteers.

RSVP Program provides:

- Recruit, interview, enroll and match volunteers with host sites and other community partners
- Furnish accident, liability and excess auto insurance coverage – Up to 1 million dollars in coverage
- Monitor volunteer activities at the host site to assure the needs of the host and volunteer are being met
- Arrange for volunteer recognition and volunteer retention activities

RSVP volunteers:

- Deliver meals to older adults in their homes,
- Make telephone calls to isolated older adults to ensure safety,
- Collect, sort, package and distribute donated food
- Facilitate workshops on how to self-manage chronic illness,
- Serve as fitness trainers for Fit After Fifty Fitness Programs,
- Prepare and train to respond in the event of a disaster,
- Serve on RSVP Advisory Council and assist with program,
- Provide community safety patrols in the COPS program,
- Provide creative and support services for over 100 community-based organizations
- ***Special Projects- 2021 OoA RSVP Senior Holiday Gift Drive***

Host site provides: (Nonprofits, Community Based Organizations, Faith-Based, Government/Law Enforcement agencies)

- Interview volunteers
- Job descriptions for all volunteer assignments
- Supervision and support
- Assurance that volunteers are not displacing employed workers or impair existing contracts for service
- IRS document of 501(c)3 status

*****The volunteer site or volunteer may request the removal of a volunteer at anytime.

RSVP ADVISORY COUNCIL

Coachella Valley & Blythe

Leo Sullivan – Chair

Beverly Bergh – Vice Chair

Jody Hall Esser

John Ewing

Sheila Harbet

Carol Koherhans

Sonja Martin

RSVP Program Statistics

Fiscal Year 2018/2019

Volunteer Sites: 53

Registered Volunteers: 1,019

Total Hours of Service: 154,469

*Monetary Value to the Community:
\$4,626,346*

READ WITH ME



FIND Food Bank





COVID-19 Pandemic in Older Adult Services

Due to the **COVID-19 Pandemic**, some volunteer opportunities and activities may be postponed or canceled.

Please contact:
Office on Aging
at 877-932-4100

to hear more information on which sites are open and which volunteer opportunities are available at this time.

***Riverside County Office on Aging
3610 Central Ave, Suite 102
Riverside, CA 92506***

***44-199 Monroe Street, Suite B
Indio, CA 92201***

1-877-932-4100

