

RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING

REGULAR MEETING

April 14, 2021

10:00 a.m. – 12:00 p.m.

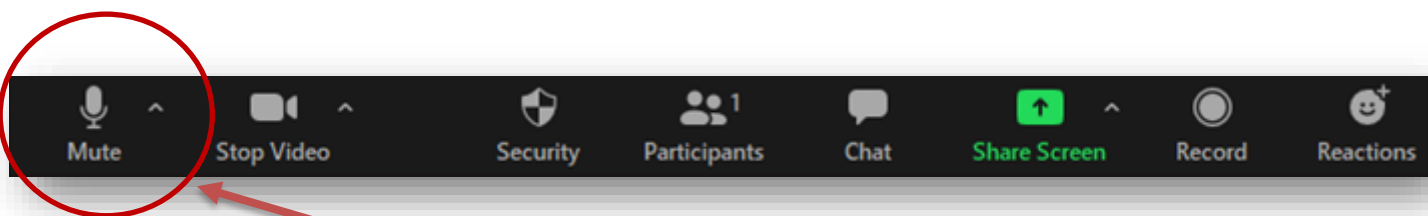
Meeting Location: Zoom

<https://zoom.us/j/97489038804?pwd=WDhOTkUxdnQ3RFFKM1hxZVFZeGRvUT09>

Meeting ID: 974 8903 8804

Meeting passcode: 8005102020

Join by phone: +1 669-900-9128 US Toll



Please “mute” your computer or phone by pressing *6 until you are called on by the meeting moderator

MISSION STATEMENT

The mission of the Riverside County Advisory Council on Aging is to advocate for all older persons and adults with disabilities, to improve their lives. ¹

BROWN ACT VIRTUAL MEETING NOTIFICATION

Pursuant to Government Code Section 54953, Subdivision (b), and Executive Order N-29-20 released on March 17, 2020, this RIVERSIDE COUNTY ADVISORY COUNCIL ON AGING meeting includes teleconference participation by all of the Advisory Council members. **PLEASE NOTE THAT NO IN-PERSON LOCATION IS AVAILABLE FOR THIS MEETING.**

Any public requesting to call in to speak on an item or during Public Comment must first register at the Riverside County Office on Aging 24 hours in advance of the meeting. Once registered, further information will be provided. Please contact Stacie Catlin to register: scatlin@rivco.org or (951) 867-3800.



Please mute your screen or *6 by phone until called on by the meeting moderator

1.2 ZOOM PARTICIPATION GUIDELINES

To access and participate in the meeting, please follow the guidelines below:

Join Zoom Meeting
<https://zoom.us/j/97496105460>

Via video conference:

Click on the link.

Meeting ID: 974 9610 5460

One tap mobile

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+(Tacoma)

Dial by your location

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 301 715 8592 US (Washington D.C)

+1 312 626 6799 US (Chicago)

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Meeting ID: 974 9610 5460

Find your local number: <https://zoom.us/u/abKOAY7nJH>

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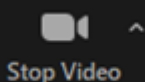
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Launch Meeting

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Mute



Stop Video



Security



Participants



Chat



Share Screen



Record



Reactions

OVERVIEW OF THE AGENDA

1. FIRST ORDER OF BUSINESS

1.7.3. Membership Update

1.7.4. Officer Election Self-Nominations

1.8. Public Comment

2. ACTION ITEMS

2.1. Approve Minutes of the March 10, 2021 meeting.

2.2. Approve General Member Reappointments

- B. Mitchell; B. Greer; and D. Brock

3. PRESENTATION: RIVERSIDE COUNTY OFFICE ON AGING

3.1. HelpLink Intake Process and What to Expect

4. DEPARTMENT REPORTS

5. DISCUSSION ITEMS - None

6. COMMITTEE REPORTS

7. LIAISON REPORTS

8. CLOSING COMMENTS

9. MOTION TO ADJOURN

Mute your screen or *6 by phone until called on by the meeting moderator.



AGENDA

1. FIRST ORDER OF BUSINESS – Barbara Mitchell, Chair

- 1.1. Called meeting to order.at 10:05 a.m. – Barbara Mitchell
- 1.2. Reviewed ADA guidelines.
- 1.3. Invocation – Donald Brock
- 1.4. Pledge of Allegiance – Cynthia Lemus, Parliamentarian
- 1.5. Established a quorum – Cynthia Lemus, Parliamentarian
- 1.6. Self-introductions

Riverside County Advisory Council on Aging Members:

Anita has a medical appointment. May not make it. Luella and Victoria did not respond to the quorum call. Victoria's LoA is over.

- | | | |
|--|---|---|
| <input type="checkbox"/> Anita Johnson | <input checked="" type="checkbox"/> Debbie Franklin | <input checked="" type="checkbox"/> Lynda House |
| <input checked="" type="checkbox"/> Barbara Mitchell | <input checked="" type="checkbox"/> Donald Brock | <input checked="" type="checkbox"/> Sharron Lambeth |
| <input checked="" type="checkbox"/> Bev Greer | <input type="checkbox"/> Javier Lopez | <input checked="" type="checkbox"/> Steve Mehlman |
| <input checked="" type="checkbox"/> Cynthia Lemus | <input type="checkbox"/> Luella Thornton | <input type="checkbox"/> Victoria Zivku (LoA) |

*C. Lemus left the meeting at 10:47 a.m. A quorum was still present.

Riverside County Office on Aging Staff:

- Jewel Lee, Director
- Rachele Román, Deputy Director for Administration
- Gary Robbins, Deputy Director of Programs and Operations
- Jamiko Bell, Administrative Services Officer
- Stacie Catlin, Program Specialist II
- Ryan Emblem, Administrative Services Analyst I
- Barbara Womack, Supervising Office Assistant II

AGENDA

1. FIRST ORDER OF BUSINESS – Continued

Riverside County Staff and Board of Supervisors Representatives:

- Corinne Awad, Public Works Government Affairs Officer, Waste Management
- Debbie Rose, Legislative Assistant, District II
- Opal Hellweg, Legislative Assistant, District III

Guests and Members of the Public:

- Deirdre Thomas, Beaumont
- Hazel Lambert, Council on Aging Southern California
- Mark Cox, California Senior Legislature
- Rita Thompson, Lake Elsinore
- Teresa Chappell, San Jacinto

1. FIRST ORDER OF BUSINESS – Continued

1.7. Chair Reports and Reminders

1.7.1. The next Advisory Council meeting will be held:

Wednesday, May 12, 2021

10:00 a.m. – 12:00 p.m.

Via Zoom

1.7.2. Member Birthday Announcements

Luella Thornton

1.7.3. Membership Update

1.7.3.a. New Members

Request for Board approval of new members is being processed.

1.7.3.b. Returning Members

Announced the following members requested reappointment to the Council: B. Mitchell; B. Greer; and D. Brock.

1.7.3.c. District Appointees

Announced District III Supervisor, Chuck Washington, will be recommending a new appointee to the Advisory Council.

1.7.4. Officer Election Self-Nominations

Advised an Officer Election Self-Nomination survey will be sent to members by April 15, 2021. The survey will close on April 23, 2021.

1.8. Public Comment

There were no public comments.

2. ACTION ITEMS



2.1..APPROVE THE MINUTES OF THE MARCH 10, 2021, MEETING

Must abstain: L. Thornton

Members needed for quorum: 7

Motion by: D. Franklin

Seconded by: D. Brock

Open Discussion:

Roll Call Vote: Motion unanimously approved.



2.2. APPROVE GENERAL MEMBER REAPPOINTMENTS FOR B. GREER; B. MITCHELL; AND D. BROCK

Must abstain: None.

Members needed for quorum: 7

Motion by: S. Mehlman

Seconded by: D. Franklin

Open Discussion:

Roll Call Vote: Motion unanimously approved.

3. PRESENTATION: Riverside County Office on Aging

3.1. HelpLink Intake Process and What to Expect

Barbara Womack, Supervising Office Assistant II

AGENDA ITEM 3

PRESENTATION



Please place your phone or computer on “mute” until you are called on by the meeting moderator.

Riverside County
Office on Aging

Aging & Disability
Resource Connection
HelpLink Call Center

Intake Process & What to Expect?

877 932-4100 What to Expect?

- Customer Intake Process
- Customer Functional Assessments
- Customer Narrative
- Customer Follow-up
- Material Aid Assistance & Purchases
- Service Completion

Intake Process

- Office on Aging provides supportive services to seniors and persons with disabilities.
- Anyone age 60+ can contact our agency for assistance.
- Completing a customer intake is mandatory in order to receive supportive services or program assistance.

Intake Process

Required intake information is as follows:

- Name
- Current address & telephone number
- D.O.B
- Ethnicity
- Marital Status
- Living arrangement
- Veteran Status
- SOGI – Sexual Orientation Gender Identity
- Income Expense Form

Customer Functional Assessment

Functional assessments are questions asked to determine the level of care or assistance needed to support the customers daily living activities:

- 1) Nutrition
- 2) Ambulatory issues
- 3) Transportation
- 4) Need for assistive devices
- 5) Need for other types of assistance related to safety in the home.

Customer Narrative

2. FALL RISK ASSESSMENT (STEADI)

a. Have you fallen in the past 12 months? **IF YES**, ask the following:

i. How many times have you fallen? _____

ii. How did the fall(s) occur? _____

iii. Were you injured? Yes No **If yes, specify:** _____

b. Do you feel unsteady when standing or walking?

c. Do you worry about falling?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Client Comments: Declined to answer N/A _____

Follow-up Ambulatory/Fall Prevention Example

If an ambulatory issue or the need for an assistive device is identified, Call Center staff will then:

- begin a Falls Prevention assessment of the client's home to identify any issues that affect or impair movement
- work with the client to develop potential solutions to the falls issue and identify the person who will complete the necessary action (clients, family member, or contracted vendor)

Follow-up Ambulatory/Fall Prevention Example

Develop a proposed timeline for completion

- If a contracted vendor is to be used to remedy the issue, the Call Center staff will:
 - make arrangements for the intervention
 - track the progress to completion through the contractor

- If the client or a family member is making the repair or improvement, Call Center staff will:
 - make follow up appointments to contact the client in order to track the progress of the intervention to completion
 - document completion of intervention

Material Aid Purchases

Equipment, materials and services covered under the program shall include, but not be limited to the following:

1. Grab bars, toilet seat risers, shower seats, and transfer benches. (fall risk)
2. Indoor and outdoor handrails and threshold modifications. (fall risk)
3. Utility payment assistance
4. Minor Home Repair
5. Medication management items (e.g., pill organizers).

Service Completion & Tracking

- Every service requests as well as information calls is tracked through GCH.
- Every referral or service request requires a follow up call to ensure services were received.
- Follow up calls to the customer are completed within 30 days of the initial request for assistance. If additional follow up is needed, call center staff will continue to follow up to assist with coordination until the request is 100% complete.



RIVERSIDE COUNTY OFFICE ON AGING, AGING & DISABILITY RESOURCE CONNECTION

Information and Assistance

1-877-932-4100 or www.rcaging.org

Categories identify some of the most sought after contract or referral services available to Riverside County's older adults. The Office on Aging Information and Assistance specialists will connect callers to the appropriate service.

ELDER ABUSE

If you suspect an older adult is the victim of physical, emotional, or financial neglect, this may be reported anonymously to the proper authorities.

ADULT DAY CARE CENTERS

Provides a protective environment with daily social and educational activities for frail or impaired older adults. Some centers provide medical care and physical therapy, while others specialize in programming for those with Alzheimer's and dementia.

CAREGIVING ASSISTANCE

Services for adults providing care for frail elderly and or disabled adults. Grandparents Raising Grandchildren can provide services for seniors who are the primary caregiver for a related child.

CARE MANAGEMENT

Assistance in evaluating individual needs, assistance in accessing, and coordination care services that enable adults to remain at home. Services may be free or low-cost, depending upon income, age, and physical condition.

EMPLOYMENT ASSISTANCE

Employment training and part-time employment for low income seniors 55+.

INSURANCE

Health Insurance Counseling and Advocacy Program (HICAP) Individual counseling and legal help with: Medicare, HMO's, Long-term care insurance, and Supplemental (Medi-Gap) insurance.

HOUSING INFORMATION & SUPPORT

Information on housing options including independent, assisted living and nursing home facilities. Home modification and Senior Home Repair resources.

IN-HOME ASSISTANCE

Referral to in home support services that may include shopping, cooking, cleaning, bathing, transportation, nursing, and other services in the home. (Medi-Cal, or Medicare may provide assistance with costs).

LEGAL ASSISTANCE

Referrals to legal information, advice, counseling, and legal representation.

NUTRITION

Information on locations and contacts for lunchtime congregate meals and meals delivered to homebound seniors. Information regarding senior food distributions.

SOCIAL ACTIVITIES

Senior and Community Center locations.

TRANSPORTATION

Information on providers of Low-cost transportation for seniors and disabled people within the county including the TRIP program.

VOLUNTEER OPPORTUNITIES

Volunteering within the Office on Aging and referral to community programs.



CONDADO DE RIVERSIDE, AGING & DISABILITY RESOURCE CONNECTION

Información y Asistencia

1-877-932-4100 or www.rcaging.org

Las siguientes categorías identifican algunos de los servicios de referencia o contratados a la Disposición de las personas mayores del Condado de Riverside. Los especialistas de Información y Asistencia de la Oficina para Personas Mayores tienen a su disposición listas de servicios especializados en personas mayores y sus familias.

ABUSO

Si usted sospecha que una persona mayor es víctima de abuso físico, emocional, financiero o negligencia por favor reportelo anonimamente a las autoridades apropiadas.

CENTROS DE CUIDADO GUARDERIA PARA ADULTOS

Sitios con actividades sociales y educativos para personas mayores frágiles de salud o edad avanzada. Algunos centros ofrecen cuidado médico y terapia física; otros se especializan en pacientes con Alzheimers or enfermedad de demencia.

ASISTENCIA DE CUIDADO

Servicios para adultos que atienden y proveen cuidado para personas mayores que están frágiles de salud o incapacitados y para personas de edad avanzada responsables del cuidado de un familiar menor de edad.

ADMINISTRACION DE SERVICIOS

Asistencia en asesoría de las necesidades individuales y coordinación de servicios de cuidado, así permitiendo a personas frágiles de salud o adultos deshabilitados a permanecer en sus hogares. Estos servicios pueden ser gratuitos o bajos en costo, dependiendo de su edad, ingresos y Condición física.

ASISTENCIA/ EMPLEO

Empleo– entrenamiento y empleo a medio tiempo para personas con bajos ingresos mayores de 55 años.

CONSEJERIA DE SALUD Y PROGRAMA DE APOYO

Consejería individual y asistencia legal con: Medicare, HMO's, Aseguración para cuidado a largo plazo, Seguro de Salud Suplementario (Medi-Gap).

INFORMACION DE VIVIENDA Y APOYO

Información de opciones de vivienda, incluyendo vivir independientemente, con asistencia, y hogares para ancianos. También, recursos económicos para modificaciones en el hogar.

ASISTENCIA EN EL HOGAR

Mandados de compras, preparación de alimentos, limpieza, cuidado de higiene, transportación, médica y otros servicios en el hogar. (Es posible que Medi-Cal o medicare los provean).

ASISTENCIA LEGAL

Información legal, advertencia y consejería. Referencias a representación legal.

NUTRICION

Alimentos servidos en un centro de alimentos u entregados a domicilio para aquellas personas que no pueden salir de su hogar. Acceso a provisiones gratis y también estampillas de alimento para personas que califiquen con bajos ingresos.

ACTIVIDADES SOCIALES

Información de como localizer los centros para personas mayores en su comunidad.

TRANSPORTACION

Baja en costo dentro del Condado para personas incapacitadas.

OPORTUNIDAD DE SERVIR COMO VOLUNTARIOS

Haga nuevas amistades. Aprenda algo Nuevo. Haga la diferencia sirviendo a su comunidad.



Safety Net Assistance

MEALS “No-Contact” delivery or pick up depending upon risk conditions



UTILITY, MEDICATION & TRANSPORTATION SUPPORT

Up to \$300-\$500, depending on available funding and community partner support



Health & Wellness

HOSPITAL TO HOME...

- Assisted transportation to clinics
- Overnight lodging for medical treatment
- Nurse visit & medication management
- Personal care, homemaker services
- Family Caregiver support & self care
- Healthy eating & active living
- Assistive devices (hearing aid, glasses, walkers, grab bars, bath chairs)
- Minor home repair or modification (ramps)

CALL FOR FREE SERVICES
877-932-4100

SELECT [1] English [2] Spanish

RIVERSIDE COUNTY OFFICE ON AGING



Heating & Cooling



And other essential appliances to keep you safe at home

Friendship Line California

is a free crisis intervention hotline and a warmline for non-emergency emotional support calls.

Friendship Line California



1 (888) 670-1360

If you or someone you know would benefit from a friendly conversation, we're here to listen.



Red de Asistencia Social

COMIDAS

Entregadas o recogidas "sin contacto" según las condiciones de riesgo hasta \$300



APOYO, MEDICAMENTOS & TRANSPORTE

Hasta \$300-\$500, dependiendo en los fondos disponibles y apoyos financieros de nuestros socios comunitarios



Salud & Bienestar

DEL HOSPITAL A CASA...

- Transporte asistido a las clínicas
- Alojamiento nocturno mientras recibe tratamiento médico
- Visitas de enfermera y gestión de medicamentos
- Cuidado personal, servicios de ama de casa
- Apoyo y autocuidado del cuidador familiar
- Alimentación sana y vida activa
- Dispositivos de ayuda (audífonos, lentes, andadores, barras de apoyo, sillas de baño)
- Pequeñas reparaciones o modificaciones en el hogar (rampas)

SERVICIOS GRATUITOS

877-932-4100

Presione [1] Inglés [2] Español

RIVERSIDE COUNTY OFFICE ON AGING

visión *Salud*
 dignidad *mayores* *Familia*
 calidad de vida Apoyo
 independencia *comunidad*
 diversión acceso *respeto*

Calefacción & Refrigeración

Y otros aparatos esenciales para mantenerlo seguro en el hogar



Friendship Line California

es una línea telefónica gratuita de intervención en crisis y llamadas de apoyo emocional no urgentes

Friendship Line California



1 (888) 670-1360

Si usted o alguien que conoce se beneficiaría de una conversación amistosa, estamos aquí para escuchar.

4. DEPARTMENT REPORTS

4.1. DIRECTORS' REPORT – Dr. Jamiko Bell, ASO / Planner

4.1.1. Directors' Report

Provided an overview of a listening session regarding senior center reopening plans, which was hosted by Riverside County Public Health. See attachment in the meeting packet.

AGENDA ITEM 4

DEPARTMENT REPORTS



Please place your phone or computer on “mute” until you are called on by the meeting moderator.

Questions for Dr. Leung from Senior Center managers:

Can Senior Centers/Activity Resource Centers/Congregate Nutrition programs re-open?

What are standard guidelines that should be followed?

Timing

- Since senior centers provide many of the same activities covered in the (now orange) tiers that don't restrict based on age, can we open activities utilizing the same guidelines such as movies, group meetings, cardrooms, etc.?
- How does/should the **June 15** lifting of tiers in California affect senior centers? Will masks still be required following June 15?
- Will reopening be phased or all at once?
- Will the County be allowing **4th of July** gatherings and special events?

Precautions

- Are "**vaccine passports**" recommended?
- Will temperature checks and sign-in for contact tracing be required?
- Will there be Facility **Occupancy** Mandates?
- Is it still recommended to continue with outdoor, socially distant programming for seniors?

Operations

- What guidance is/will be available for operation in Senior Center settings?
- When will guidance/requirements for **indoor congregate nutrition** programs be available? Current nutrition programs are offering curbside pick up.
- Since the CDC changed standards regarding surface cleaning, should we still maintain a higher degree of maintenance, cleaning, and sanitizing?
- Should we restrict shared food and beverage?
- Should we restrict seating in common areas such as lobbies, etc.?
- Are there any recommendations for waivers of liability for members/visitors?

General Vaccine Questions

- What are the chances of a **4th surge** in Riverside County by the end of summer?
- If the vaccines are only 75-85% effective, does that leave our seniors, particularly those with underlying conditions, vulnerable? Should that be a concern in reopening our center? What precautions in our operations will mitigate that **vulnerability**?

5. DISCUSSION ITEMS

5.1. No discussion items.

6. COMMITTEE REPORTS

6.1. BYLAWS COMMITTEE – Cynthia Lemus, Chair

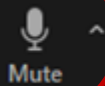
See attached Member Report.

6.2. PLANNING COMMITTEE – Debbie Franklin, Chair

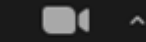
See attached Member Report.

AGENDA ITEM 6 COMMITTEE REPORTS

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Participants



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Reactions

Riverside County Advisory Council on Aging

3610 Central Ave., Third Floor, Riverside, CA 92506

Local: (951) 867-3800 • Toll Free: (800) 510-2020 • TRS/TTY: 711

The mission of the Riverside County Advisory Council on Aging is to advocate for all older persons and adults with disabilities to improve their lives.

Member Report

- Committee Report
 Liaison Report
 Senior Center Ambassador Report

Report Deadline Submission: *The first Monday of the month.*

Assignment: Bylaws Committee
Name: Cynthia Lemus
Title: Chair
Report Date: April 14, 2021

Last Meeting/Event:

Date: March 9, 2021

Main Points:

- Draft of revised bylaws was presented to committee
 - Draft has been sent to County Council for review
-

Next Meeting/Event: TBD

Other Meeting/Event: TBD

Other Relevant Information: N/A

Handouts/Flyers: N/A

Riverside County Advisory Council on Aging

3610 Central Ave., Third Floor, Riverside, CA 92506

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The mission of the Riverside County Advisory Council on Aging is to advocate for all older persons and adults with disabilities to improve their lives.

Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

Report Deadline Submission: *The first Monday of the month.*

Assignment: Planning Committee
Name: Debbie Franklin
Title: Chair
Report Date: April 14, 2021

Last Meeting/Event: Planning Committee Meeting
Date: April 12, 2021

Main Points:

- Reviewed *Goal Setting* section of the *2021-2022 Riverside County Office on Aging Public Hearing* presentation and developed activities to propose for Council involvement.
- Asked Planning Committee members to review the Public Hearing presentation and bring any additional ideas to the next meeting.
- Set a target date of May 12, 2021 to finalize the proposed activities and forward to the Council for review.

Next Meeting:

Date: May 3, 2021
Time: 11:00 a.m. – 12:00 p.m.
Platform: Zoom

Handouts/Flyers: Included with the meeting packet.



Goal Setting

2021-2022

2020-2024 GOALS

1

Participate in discussions, coalitions, collaborations, and initiatives that focus on developing [age-friendly disability friendly communities](#), which support older adults and persons with disabilities, allowing them to remain in the homes and communities of their choice.

Objective A: Assist with providing safe and affordable housing solutions to keep older adults and persons with disabilities in the homes and communities of their choice.

1. Provide emergency assistance in the form of housing, rental, utility, transportation, home repairs and modifications, falls prevention, and mobility management assistance.
2. Through a partnership with the Riverside University Health System – Behavioral Health, Department of Public Social Services - Adult Services Division, and the Riverside County Housing Authority, provide stabilization and wrap around supportive services for 20 older adults who are homeless or have unstable housing. This is a non-OAA funded program.

Objective B: Participate in existing age-friendly and disability-friendly initiatives occurring within the planning and service area.

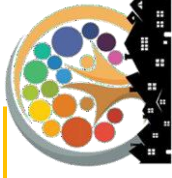
1. Identify ongoing initiative



s in the PSA and initiate participation.



Where AC can help



2020-2024 GOALS

2

Support and assist in the expansion of [engaging programs and environments](#) for older adults through:

- *Enhanced education regarding promising practices*
- *Increased sharing of information and resources to promote/expand age-friendly environments*
- *User-friendly mechanisms for feedback and recommendations*
- *Providing opportunities for employment and volunteering*



Objective A: Provide opportunities for individuals to engage in social and civic engagement, employment, and volunteerism.

1. Advocate for mature worker programs via the Riverside County Workforce Innovation and Opportunity Act board and other local networks.
2. Identify and provide opportunities for individuals to volunteer in the community as a way of increasing social interaction and engagement.
3. Expand existing Coachella Valley (East County) RSVP program into West County and South County areas with additional funding.
4. Develop a volunteer (peer-support) friendly caller program with 60 volunteers reaching out to 200 seniors in order to reduce isolation.

Objective B: Assist the community, senior centers, non-profit organizations and those who serve older adults over age 60 with modified services due to COVID-19.

1. Seek out and assist with the development of specific programs/ projects designed to increase technology access and usage, including the on among older adults.
loneliness and isolation

2020-2024 GOALS



Objective C: Conduct community assessments to obtain critical information from the community and key constituencies.

1. **Conduct community assessments from community events and activities.**
2. **Conduct nutrition assessment surveys from congregate and home delivered meal clients.**
3. **Conduct surveys with specific constituencies and target communities (non-English speaking, LGBTQ, etc. and/or on specific topics (housing, transportation, caregiving, etc.).**
4. **Develop and/or implement alternative, user-friendly mechanisms for information gathering including online platforms.**

Objective D: Provide information, education, and programming that encourage individuals to remain active, social, and engage in activities that promote healthy aging.

1. **Expand the current Arthritis Foundation Exercise Program (known locally as the Fit After 50 program) to all focal points.**
2. **Expand the Walk with Ease program to all focal points.**
3. **Develop new IID exercise program for community settings.**
4. **Develop alternative exercise and fitness programs for online and virtual platforms.**

2020-2024 GOALS



Objective E. Conduct outreach and provide educational presentations on available programs and services.

1. Conduct outreach in all areas of the PSA via the Info Van.
2. Provide nutrition education to low-income older adults in local community and senior centers via the SNAP Ed program.
3. **Conduct community education presentations via online and virtual formats.**
4. Partner with community-based organizations to explore and implement alternative outreach methodologies that do not require face-to-face contact.



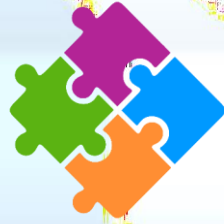
2020-2024 GOALS

3

Increase access to local resources through integrated partnerships and the promotion of “No Wrong Door” service provision.

Objective A: Improve access to community-based services and supports.

1. Coordinate with county departments and local health care providers to implement a system of person-centered care that eliminates duplication, improves services, and resolves client problems related to service delivery, in order to address the specific needs of frail elderly clients. Specific initiatives include the Holistic Assessment, Resources, and Transitions for Seniors (HARTS) and Health Homes programs. This is a non OAA funded program.
2. Participate in discussions, coalitions, and collaborations that seek to develop a modern, age-friendly infrastructure that supports older adults and allows them to remain in their homes and communities.
3. Through the efforts of the ADRC, coordinate with community partners to provide information to individuals related to the kinds of services and supports available within the local community with special emphasis on rural and isolated areas.
4. **Educate individuals and organizations about RCOoA and available ADRC services and supports.**
5. Through a contracted provider, RCOoA offers Ombudsman services to assist older adults with their effort to seek resolution to problems and to advocate for the rights of residents in long term care facilities. Services are provided throughout the PSA.
6. Provide FCSP caregiver services including, but not limited to, support group, training, case management, overnight and in-home respite, material aid, outreach, information and assistance, as well as provide public information and community education on caregiving.



2020-2024 GOALS



Objective B: Explore funding opportunities to enhance and expand existing services and to facilitate new services.

1. Research and apply for additional funding for aging services programs to increase coordinated care services and supports.

Objective C: Develop new policies, procedures, programs, and initiatives that improve access to community-based services for targeted populations.

1. Through a partnership with the Riverside County Department of Public Social Services Adult Services Division, conduct needs assessments with 200 clients currently receiving emergency COVID services via the new COVID CARES program. This is a non OAA funded program.
2. Purchase and distribute supportive technology solutions to enhance access of older adults and disabled persons to services and supports including, telehealth, support groups, connection with friends and family, and other web-based support services.
3. **Facilitate the ongoing involvement of the LGBTQ community in the valuation, development, and expansion of aging services.**
4. Advocate for the needs of low-income individuals, to bridge the gap of the “hidden poor”, and those who are not eligible for Older American Act services (due to age or income) in RiversideCounty.
5. Provide service linkages and financial assistance to older adults, persons with disabilities and their caregivers.



2020-2024 GOALS

4

Increase collaborations and training initiatives with local protection and emergency response entities to educate, report, and reduce the abuse and neglect of vulnerable adults.

Objective A: Provide individuals with the information and resources available to assist with economic security, self-sufficiency, and safety.

1. Provide ongoing sensitivity training for staff, caregivers and providers through the use of virtual reality technology.
2. Educate individuals in the community about the importance of emergency and disaster preparedness.
3. Conduct targeted outreach regarding available services to vulnerable/isolated older adults, persons with disabilities, and their caregivers.
4. Participate in community collaborations that increase awareness of and address elder abuse issues including prevention, fraud, and neglect.
5. Educate individuals about the many forms of elder abuse.
6. Provide individuals with the information and tools to protect against economic fraud.
7. Conduct targeted outreach regarding available services to vulnerable/isolated older adults, persons with disabilities and their caregivers.



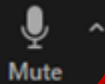
7. LIAISON REPORTS

7.1. CALIFORNIA SENIOR LEGISLATURE (CSL) – Steve Mehlman
See attached Member Report.

7.2. IHSS ADVISORY COUNCIL – Barbara Mitchell
See attached Member Report.

AGENDA ITEM 7 LIAISON REPORTS

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Riverside County Advisory Council on Aging

3610 Central Ave., Third Floor, Riverside, CA 92506
Local: (951) 867-3800 • Toll Free: (800) 510-2020 • TRS/TTY: 711

The mission of the Riverside County Advisory Council on Aging is to advocate for all older persons and adults with disabilities to improve their lives.

Member Report

- Committee Report
 Liaison Report
 Senior Center Ambassador Report

Report Deadline Submission: *The first Monday of the month.*

Assignment: California Senior Legislature (CSL)
Name: Steve Mehlman
Title: Liaison
Report Date: April 14, 2021

Last Meeting/Event: N/A

Next Meeting/Event: N/A

Other Meeting/Event: CSL Senior Rally Day at the Capitol

Date: May 4, 2021

Time: 9 a.m. - 2 p.m.

Location: Zoom

Other information: Registration: <https://4csl.org/senior-rally-day/registration.php>

Cost: Free

Handouts/Flyers:

None.

2021
VIRTUAL



SENIOR RALLY DAY

CALIFORNIA • SENIOR • LEGISLATURE

Advancing the Master Plan For Aging!

MAY 4TH 9AM-2PM

Registration link coming soon!

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Member Report

- Committee Report
 Liaison Report
 Senior Center Ambassador Report

Report Deadline Submission: *The first Monday of the month.*

Assignment: IHSS Advisory Council
Name: Barbara Mitchell
Title: Chair
Report Date: April 14, 2021

Last Meeting/Event: Scheduled Meeting
Date: April 1, 2021

Main Points:

- Presentation: PEARS and Adobe Sign documents
- Ad Hoc Training Committee Established
- IAC Membership Recruitment

Next Meeting/Event:

Date: June 3, 2021
Time: 1:00 pm – 4:00 pm
Location: Zoom Meeting

Other Meeting/Event: Ad Hoc Training Committee

Date: April 7, 2021
Time: 11 am – 12 pm
Location: Zoom Meeting

Handouts/Flyers:

None.

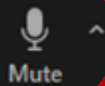
8. SENIOR CENTER AMBASSADOR REPORTS

7.1. JOSYLN CENTER – Barbara Mitchell
See attached Member Report.

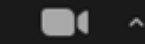
AGENDA ITEM 7

SENIOR CENTER AMBASSADOR REPORTS

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Member Report

- Committee Report
- Liaison Report
- Senior Center Ambassador Report

Report Deadline Submission: *The first Monday of the month.*

Assignment: Joslyn Center
Name: Barbara Mitchell
Title: Board Member
Report Date: April 14, 2021

Last Meeting/Event: Scheduled Meeting

Date: March 25, 2021

Main Points:

- Update on End Senior Hunger Campaign
 - COVID Vaccine Site Update
 - Development of Community Partnerships
-

Next Meeting/Event:

Date: May 25, 2021
Time: 3:30 pm – 4:30 pm
Location: Zoom Meeting
Other information: N/A

Handouts/Flyers:

None.

7. CLOSING COMMENTS – All

Sharron Lambeth:

Shared that the Corona Senior Center had a soft reopening on April 12, 2021. The center is currently offering a limited number of exercise and dance classes.

8. MOTION TO ADJOURN – Barbara Mitchell

Motion by: D. Franklin

Seconded by: L. House.

Roll Call Vote: Motion unanimously approved.

Riverside County Board of Supervisors

District I: Supervisor Kevin Jeffries

District IV: Supervisor V. Manuel Perez

District II: Supervisor Karen Spiegel

District V: Supervisor Jeff Hewitt

District III: Supervisor Chuck Washington

Office on Aging Staff

- Director: Jewel Lee
- Deputy Director for Administration: Rachelle Román
- Deputy Director of Programs and Operations: Gary Robbins
- Administrative Services Officer/Planner: Jamiko Bell
- Senior Program Specialist: Stephen Geist
- Program Specialist II: Stacie Catlin
- Administrative Services Analyst I: Ryan Emblem

Advisory Council Officers

Chair: Barbara Mitchell

Vice Chair: Steve Mehlman

Parliamentarian: Cynthia Lemus

Board of Supervisors' Appointees

- District I: Lynda House
- District II: Sharron Lambeth
- District III: Vacant
- District IV: Javier Lopez
- District V: Debbie Franklin

Board of Supervisors' Appointees

Anita Johnson

Bev Greer

Donald Brock

Luella Thornton

Victoria Zivku

Vacant

Vacant

Vacant

Vacant

Committee Assignments

Executive Committee (Standing Committee)

Barbara Mitchell – Chair

Steve Mehlman – Vice Chair

Cynthia Lemus – Parliamentarian

Advisory Council Ad-Hoc Committees

Advocacy

Steve Mehlman – Chair

Donald Brock
Luella Thornton

Annual Report

Barbara Mitchell – Chair

Donald Brock

Bylaws

Cynthia Lemus – Chair

Anita Johnson
Barbara Mitchell
Debbie Franklin
Lynda House

Community Connection

Cynthia Lemus – Chair
Luella Thornton- Vice Chair

Phyllis Purcell (CSL)

Healthy Living

Vacant - Chair
Barbara Mitchell – Vice Chair

Luella Thornton
Lynda House
Sharron Lambeth

Membership

Anita Johnson – Chair

Debbie Franklin
Sharron Lambeth
Victoria Zivku

Planning

Debbie Franklin – Chair

Bev Greer
Barbara Mitchell
Javier Lopez
Steve Mehlman

California Senior Legislature	Donald Brock, Senior Senator
California Senior Legislature	Mark Cox, Senior Assembly Member
California Senior Legislature	Phyllis Purcell, Senior Assembly Member
California Senior Legislature	Steve Mehlman, Senior Senator
California Senior Legislature	Vacant, Senior Assembly Member
California Senior Legislature	Vacant, Senior Assembly Member
Continuum of Care	Barbara Mitchell
Disability Independence	Vacant
Foundation on Aging	Barbara Mitchell
Grandparents Raising Grandchildren	Sharron Lambeth
HICAP/Long-Term Care Ombudsman Program	Anita Johnson
Housing	Javier Lopez
IHSS Advisory Council	Donald Brock
Older Adults System of Care	Barbara Mitchell
Transportation Services	Steve Mehlman
Triple A Council of California	Barbara Mitchell
Veterans Services	Donald Brock

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Public Comments: Each speaker may be limited to speak two (2) minutes or less depending on the number of speakers. At the direction of the Chair or by majority vote of the Council, the two (2) minute time limitation may be waived, increased or reduced. The maximum time for public comment for any individual item or topic may be limited to fifteen (15) minutes. The Council may terminate public comments if such comments become repetitious or disruptive. Any written documents to be distributed or presented to the Council shall be submitted to the Council's assigned staff. This policy applies to Public Comments and general comments on agenda items. Under the Brown Act, the Council will not take action on or discuss matters raised which are not posted 72 hours in advance. Council members may refer such matters to staff for factual information or to be placed on the subsequent agenda for consideration.

Riverside County Advisory Council on Aging

2020/2021 Meeting Schedule

July 2020	Dark	AC Committees Only
August 2020	Dark	AC Committees Only Training - WebEx
September 9, 2020	10 a.m. - 12 p.m.	Via WebEx Physical Location: TBD
October 14, 2020	10 a.m. - 12 p.m.	Via WebEx Physical Location: TBD
Thursday November 12, 2020 (*Due to Wed holiday)	10 a.m. - 12 p.m.	Via WebEx Physical Location: TBD
December 9, 2020	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
January 13, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
February 10, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
March 10, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
April 14, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
May 12, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD
June 9, 2021	10 a.m. - 12 p.m.	Via Zoom Physical Location: TBD